



Monthly Journal of
KARNATAKA POSTS AND TELECOMMUNICATIONS
PENSIONERS' ASSOCIATION (R)

(KSR Act 1960, REG. No. 1069/98-99)
(FORMERLY RMS PENSIONERS' ASSOCIATION)

Registered as "A Wholly Charitable Trust" U/S 12A of I.T. Act 1961

Registered Office: Pensioners' Bhavan, Telecom Layout, Srirampura Phase II Bengaluru-560064

Working Office: # 165, 4th Main, 3rd Block, 3rd Stage, Basaveshwaranagar, Bengaluru-560 079 Phone: 23230545

e-mail: pensionersbhavan@gmail.com

Website : www.kptpa.org

G. Babu President, Ph.: 23220355, 94480 40355	N. Nagalakshmi Vice President Mob: 9448331325	K.B. Krishna Rao Secretary, Ph.: 23230545, 7090151944	V. Murugan Joint Secretary Mob : 9902020537	K.R. Anantha Ramu Treasurer Mob : 9448477129
---	---	---	---	--

VOLUME XXIV

ISSUE 9

SEPTEMBER 2023

Annual Subscription : Members- Rs. 180/- Others - Rs. 240/- Single Copy - Rs. 20/-

Coordination Committee of Central Government Pensioners' Associations Karnataka, (CCCGPA) established in 1998, celebrated its SILVER JUBILEE on 2-08-2023



Com K Ragavendran, Secretary General, National Coordination Committee of Pensioners Associations (NCCPA), the Chief Guest, released the Souvenir brought out by CCCGPA on the occasion of its Silver Jubilee.

From left :Dr M R Hegde, Vice- President, K B Krishna Rao, President, Com Ragavendran, Chief Guest, P Gangadhara Rao, Vice-President and S Radhakrishna, General Secretary CCCGPA (Report on the proceedings Pages 3-6)



Com K Ragavendran, Chief Guest felicitated



Chief Guest Addressing the gathering



Dr. M R Hegde, the outgoing Vice President, honoured



Sri O M Bhaskaran, the outgoing Treasurer honoured



Sri K.B. Krishna Rao, President, honoured



Sri S Radhakrishna, General Secretary, honoured



Sri Achyutha Sankethi & Smt Rama of Omkar Hi Prints honoured for Printing the souvenir in record time



Audience

Proceedings of the Silver Jubilee Celebrations and Annual General Body Meeting of the Co-ordination Committee of Central Government Pensioners' Associations, Karnataka (CCCGPA) held at Cauvery Hall, Central Revenue Building, Queens Road, Bengaluru 560001 on 02.08.2023

The meeting commenced at 11A.M. Sri K.B. Krishna Rao, President, CCCGPA, Karnataka presided over the meeting and Com. K. Ragavendran, Secretary General, National Co-ordination Committee of Pensioners Associations (NCCPA), New Delhi was the Chief Guest.

Sri S. Radhakrishna, General Secretary, delivered the welcome address. He recalled that the CCCGPA, which was formed in the year 1998 with 11 affiliates, has successfully completed 25 years with 31 affiliates as on date. He highlighted the leading role played by the CCCGPA, Karnataka in the All India Pensioners movement. He welcomed Comrade K. Ragavendran, Secretary General of National Coordination Committee of Pensioners' Associations, New Delhi, who had kindly consented to be the Chief Guest on the occasion of Silver Jubilee Celebrations. He welcomed representatives of the affiliate associations from Bengaluru and from other parts of Karnataka who were present.

Sri K.B.Krishna Rao, in his introductory remarks, spoke about the leadership qualities of the Chief Guest Com.K.Ragavendran. He mentioned that Com.Ragavendran led the National Federation of Postal Employees (NFPE) while in service and has taken over as Secretary General NCCPA, New Delhi after the sudden demise of Com.K.K.N.Kutty in December, 2022. He was Working President of Confederation of Central Govt. Employees and Workers and General Secretary of AIPRPA. He is the present President of AIPRPA. Member of the Technical & Research Commission of Trade Union International (Pensioners and Retirees) and Asia Continent Coordinator of TUI.

Before going ahead with the agenda,

Sri Radhakrishna paid rich tributes to the former Secretary General of NCCPA, the Late Com. K K N Kutty who expired in December, 2022. The House expressed condolences to the departed souls during the period under report and observed a minute's silence in their honour.

Thereafter, Com.K.Ragavendran inaugurated the Silver Jubilee Celebrations. In his inaugural address, he spoke at length about the various demands of the pensioners. He said that pension updation and medical benefits are the main demands of the pensioners. He mentioned that the Pay Commissions take care of the pension updation of Central Government pensioners. He thanked the Confederation of CG Employees and NC JCM for their role in timely updation of pension. He emphasized the need for establishing rapport with the service organizations to achieve the demands of pensioners. With regard to medical benefits, the Chief Guest remarked that problems of CGHS are being taken up by the NCCPA and the demand was to open CGHS Wellness Centres in every district and to empanel at least one hospital in every district. While discussing the issue of parity in pension, he equated the demand for pension parity to the One Rank One Pension demand of the defence personnel and said that the pensioners are forced to seek legal remedy to achieve their just demand. On the issue of DA/DR arrears for 18 months, he stressed the need to continue the fight since the Government has not accepted the demand. With regard to the New Pension Scheme, he urged the pensioners associations to support the serving employees though the issue does not concern pensioners. He spoke on MACP anomalies, rejection of Parliamentary Standing Committee recommendations by the Government and denial of Railway concession to senior citizens. With

regard to Notional increment for retirement benefits to pensioners who retired/retire on 30th June/31st December after serving for a year after their last increment, consequent to the Order of the Hon'ble Supreme Court on 19.5.2023, the issue seems to have attained legal finality and the Government is expected to issue a general order extending the benefits to the similarly placed pensioners.

Regarding Fixed Medical Allowance he said that the Parliamentary Standing Committee on Personnel, Public Grievances, Law and Justice, in its 120th Report has recommended to the Department of Pension and Pensioners Welfare to take up the issue of enhancement of Fixed Medical Allowance from Rs.1000/- to Rs.3000/- as Rs.1000 is a very meagre amount for an old age pensioner and this recommendation is under active consideration of the Finance Ministry.

Com. Ragavendran also referred to the rally at Jantar Mantar, which was organised by the NCCPA on 21st July 2023 and said that despite shifting of the venue of the rally by Delhi Police at the last minute it was successful. More than 2500 pensioners coming from all parts of the country participated in the Rally. At the end of the Rally, Memorandum with annexure having tens of thousands of signatures of pensioners obtained on the 15 Points Charter of Demands was submitted to the office of the Prime Minister by him and Com V.A.N. Namboodiri who were escorted by the Delhi Police in their van from Jantar Mantar venue to the Prime Minister's office where the designated official accepted the memorandum on behalf of the Prime Minister.

He also reiterated the need for unity among the various pensioners associations to achieve the pending demands. Citing the findings of American research studies that 60 to 80 years of age are the productive years of a man, he urged the pensioners to unite and voice their demands militantly. At this juncture, he also referred to his recent request to the

Bharat Pensioners Samaj and other Pensioners' Associations in the Country to unite together to present a common Memorandum to the 8th CPC as and when it is constituted. He concluded his address by wishing the Silver Jubilee Celebration a grand success.

On the occasion of the Silver Jubilee Celebration of CCCGPA, Karnataka, Sri Radhakrishna read out the messages of Sri Shiv Gopal Mishra, Secretary, Staff side N C JCM and S.S. Ramanatha Rao, former President, CCCGPA, Karnataka.

Com. K.Ragavendran, thereafter, released the souvenir brought out on the occasion.

Sri Krishna Rao mentioned that the souvenir traces the entire history of the CCCGPA, Karnataka right from its inception in 1998 and spoke about the role of Sri N Bhaskaran and Sri B Sadashiva Rao who were the forces behind the formation of CCCGPA. He briefly read out the contents of the souvenir and sought feedback of members. Sri Radhakrishna shared his involvement with the CCCGPA along with Sri G. Babu even before retirement.

The agenda of the AGM was taken up for discussion thereafter.

Agenda Item No.1: Honouring of founders and ex-office bearers of CCCGPA, Karnataka.

Sri Radhakrishna informed the House that most of the founders like Sri N. Bhaskaran, Dr. T S Sathyanarayana Rao and others were not able to attend the meeting due to health issues and prior personal engagements.

The following out going officer bearers were felicitated:

- (i) Sri O.M.Bhaskaran who was the Treasurer of CCCGPA for 9 years. He also led Income Tax Employees Federation, Karnataka & Goa and the Income Tax Gazetted Officers Association, Karnataka & Goa. He was the General Secretary of Karnataka Income Tax Department

Pensioners Association.

- (ii) Dr M.R.Hegde, Vice President of CCCGPA, He is also the Secretary of Karnataka Central Government Pensioners Association, Bengaluru
- (iii) Shri Achyuta and Smt.Rama of Omkar Hi Prints who printed the souvenir in a record time of 5 days.

Agenda Item No.2: Confirmation of minutes of the meeting held on 13.08.2022

Sri Radhakrishna informed that minutes of the meeting have already been circulated and placed the same for approval. The minutes were approved by the House.

Agenda Item No.3: Adoption of Secretary's report

Sri Radhakrishna placed the Secretary's report for the year 2022-23 for adoption and the same was unanimously adopted.

Agenda Item No.4: Adoption of Audited accounts for the year 2022-23

Sri O.M.Bhaskaran, Treasurer presented the audited accounts for the year 2022-23. There was a brief discussion on the audited accounts. Sri B.V.Venkatesh, Secretary, KITDPA remarked that the financials of the CCCGPA were too insufficient to manage the day to day affairs of the organization and urged the defaulting affiliates to pay up the arrears of affiliation fee. He also requested the affiliates to pay the annual subscription regularly. To a query by a member on the unit-wise pendency of subscription, Sri Radhakrishna replied that, as on date, 18 associations have cleared the arrears and the remaining 13 have been reminded to clear the dues.

While on this subject, Sri O.M.Bhaskaran informed that Income Tax Employees Federation, Karnataka has volunteered to make a contribution of Rs.10,000 to the CCCGPA. Later, the accounts were adopted by the House.

Sri Radhakrishna placed on record the invaluable services rendered by Dr .M.R. Hegde

and Sri O.M.Bhaskaran to the CCCGPA during their tenure as Vice President and Treasurer respectively. He thanked the members who have made individual contributions / donations on the occasion.

Agenda Items No.5&6 : Health care-CGHS, Non-CGHS and Pensioners of Autonomous & Statutory Bodies and functioning of Local Advisory Committee at CGHS WCs and Zonal Advisory Committee:

S Radhakrishna, G S informed that, after a relentless struggle for almost two decades by the Pensioners Associations, in general, and in particular, by the Karnataka P&T Pensioners Association and Central Government Pensioners Association, Mysuru, CGHS Wellness Centre in Mysuru was opened on 8th September 2022. He also thanked Central Ministers and Members of Parliament who extended their support which helped in finding a solution to the long pending demand of the Central Government employees and pensioners residing in Mysuru and other cities and towns around the City of Mysuru.

He also informed that a Wellness Centre at Hubli is likely to be opened shortly. Hubli-Dharwar Corporation has offered to accommodate the Wellness Centre in its new building under construction and it is understood that, as the building construction is nearing completion, the Wellness Centre is likely to be opened shortly.

The subject relating to opening of more number of CGHS Wellness Centres in Bengaluru City has been taken up by the CCCGPA in the meeting held with the Additional Director, CGHS Bengaluru in order to cater to the health care needs of ever increasing number of beneficiaries. The CCCGPA has also, while emphasising the justification for more WCs, furnished to the AD CGHS the details of the number of Wellness Centres in the neighbouring States and number of beneficiaries in each of those cities vis-à-vis the number of Wellness Centres and the beneficiaries in Bengaluru City.

There has been a vast disparity in the CGHS facilities that are available to the beneficiaries in the cities of neighbouring States and Bengaluru. This issue has also been brought to the notice of the concerned authorities at the CGHS Panchayat Meeting held on 23rd February 2023.

The General Secretary also brought to the notice of the AGB that the CCCGPA under the leadership of its President Sri Krishna Rao along with the other office bearers attended the CGHS Panchayat Meeting held on 23rd February 2023 and raised the major issue relating to revision of CGHS rates, which were fixed in the year 2014, and appealed to the ADDG for revision of CGHS rates at the earliest since many of the CGHS empanelled private hospitals have already sought de-empanelment and many more are likely to go out of CGHS empanelment in the near future.

As a follow-up action, CCCGPA had also requested the Additional Deputy Director General, CGHS HQs, New Delhi, through letters, for immediate revision of CGHS rates as assured by him at CGHS Panchayat meeting and also opening of Additional Wellness Centres at Bengaluru. In view of these repeated requests made by the CCCGPA and other Associations, the Government has issued orders revising the charges for Consultation Fee, the Intensive Care Unit and Room rent reimbursable in respect of the treatment rendered to CGHS beneficiaries in all HCOs empanelled under CGHS with effect from 12.4.2023. Further the Government has also revised CGHS rates for 36 radiological/imaging investigations. He also gave details of the CGHS issues and the functioning of the advisory committee of CGHS. Consequent to reconstitution of advisory committees in May 2023, the beneficiaries are required to raise their grievances first at the Wellness Centre level and the unresolved grievances would be escalated to the Zonal Advisory Committee. He explained the technical difficulties faced in empanelment of new hospitals and diagnostic

centres. With regard to pending medical reimbursement claims, he informed that bills received up to June 2023 have been settled by the CGHS.

President Krishna Rao explained the procedure for empanelment of private hospitals and appealed to the pensioners to take initiative in empanelling new hospitals by approaching the hospitals if they know the concerned authorities in those hospitals. The CGHS authorities cannot approach the private hospitals requesting them to get empanelled or advertise in the Newspapers calling for applications for empanelment.

Agenda Item No.7: The President updated the House about the position regarding the demand for grant of notional increment to pensioners who had retired on June 30 / December 31.

Agenda Item No.8: Election to the Management Committee of CCCGPA, Karnataka for the period 23-24 and 24-25

The panel suggested by S Radhakrishna, G S was unanimously approved by the House. The following were elected as office bearers for the period 23-24 and 24-25

- President** K.B.Krishna Rao,
Vice Presidents 1. Gangadhara Rao P
2. S.V. Venugopalachar
3. P.M. Parameshwaraiah
Gen. Secretary S. Radhakrishna
Joint Gen. Secretaries
1. T.V.Surya Prakash,
2. P.S.Prasad,
3. Juliana R. Vincent,
Treasurer : S. Krishnamurthy,
Internal Auditor R.S.N.Murthy

Sri P.Gangadhara Rao, Vice-President proposed the vote of thanks.

Our Readers Write

My Congratulations to K B K Rao for bringing out August 23 issue of *Pensioners' Champion* well-edited

N Bhaskaran, Founder Secretary, KP&TPA & CCCGPA Karnataka.

Influence of Vinoba Bhave on Justice Nagamohan Das

Pensioners' Champion of August 2023 roused strong interest in me. The speech of Hon'ble Mr. Justice Nagamohan Das was highly illuminating. He rightly referred to the apathy of society towards senior citizens. His narrative of meeting Vinoba Bhave at a very young age and learning from him the way to help the needy is to be followed by all of us. Incidentally I spent 3 successive evenings at Arsikere where Vinoba Bhave and his entourage were camping in the year 1957 when the USSR had skyrocketed the Lyka. It was a rewarding experience for me. In his brief address every evening, Vinobaji touched on current affairs relating to our culture and civilization. His autograph is one of my prized possessions.

The accurate coverage of AGB proceedings laced with colourful photographs adds significance to the event .

The issue is a collector's item.

R. Soundararajan LM 710

Nagapattinam, Mobile: 9566436643

To the notice of RMS & MMS Pensioners

Sri N S Gunapala, Circle Secretary All India RMS &MMS Employees Union Group C, Karnataka Circle, has informed us that the Circle Working Committee in its meeting held at Mysuru has decided to extend from 1-8-2023 the benefit of death relief fund to Pensioners who were members of the Union at the time of their retirement. Therefore, RMS and MMS Pensioners who were members of the AIRMSEU-C Karnataka Circle during their service will be eligible for the DRF benefit of Rs.5,000/-.

Notional Increment for pensioners retired/retiring on 30th June/31st December.

The issue was raised by the Staff Side in the Standing Committee meeting of the National Council - JCM held on 20/09/2023 under the Chairpersonship of Secretary (P) Department of Personnel and Training

The Special Secretary informed that the matter is under **serious consideration** and a decision would be taken soon.

BSNL –Revision of pension from 1-1-2017

All India BSNL Pensioners Welfare Association has informed that the Application filed by it on 10-9-2020 before CAT Principal Bench, New Delhi has been allowed by an order passed by the CAT PB on 20-9-2023. Further details are awaited.

Elder abuse awareness

- R Soundararajan

WITH the World Elder Abuse Awareness Day having just gone by, it is necessary to know current views, realities and aspirations of older people and their caregivers.

According to the findings of the National Family Health Survey, which coincided with the release of a report by Help Age India, the over-60 population (whom we call senior citizens and over-80 very senior citizens) has increased from 10 to 12% in the last five years. The report briefly deals with the state of life of the country's elderly (60 + years of age) in terms of gainful employment, volunteering, healthcare, safety and security, inclusion in family and society and the advent of digital boom, particularly access to their usage.

Some of the key findings from the data collected by Help Age India from 200 households in 22 Indian cities, for the elderly and adult caregivers - 16 to 55 years of age living with the elderly - will be of interest to the readers. They are as follows:

FINANCE- 47% of the elderly are financially dependent on family, 34% on pensions, 21% still working and earning, 57% financially insecure owing to their increasing expenses and 45% reported inadequacy of pension.

WORK- 38% refer to lack of employment opportunities, 36% of the elderly are willing to work as long as possible.

HEALTHCARE- 67% of the elderly do not have health insurance. They however feel the need for better health insurance and better health

facilities close at hand. The caregivers also are of the same opinion.

ACCIDENT- 31% of the elderly are in fear of getting hurt in the locality owing to bad infrastructure.

ABUSE - 46% were unaware of abuse redress system. To prevent abuse, the elderly suggested counselling, helpline and awareness campaigns.

SOCIAL INCLUSION - Around 79% of the elderly stated that their families do not spend enough time with them and mentioned lack of social connections.

With the changing lifestyle, our culture of taking care of the elderly in families and society is slowly getting eroded. In the name of civilization people have turned materialistic and in the process the elderly are not getting the attention needed in most families. There are some instances wherein the elderly are sent to old age homes by their children much against their desire. They forget that the elderly, in the evening of their life, need only love and affection from the young. Legal remedy is now available to the elderly if they are harshly treated by their children. However, parents and teachers would do well to train the young in showing respect towards and extending helping hand to, the elderly so that our traditional system of the elderly living with us could remain in existence and thereby the lamp of our culture and ethics could be kept burning.

The writer is a member of K P&T PA

Central Govt. Holiday in October, 2023

Mahatma Gandhi's Birthday	02-10-2023	Monday
Dussehra (Mahanavami)	23-10-2023	Monday
Dussehra (Vijaya Dashami)	24-10-2023	Tuesday

BSNL IDA

IDA From 1-4-2023, 202.30% (1.1% increase over January 2023 rate of 201.2%)
IDA From 1-7-2023, 205.60% (3.3% increase over April 2023 rate of 202.30%)

Submission of Life Certificate by Pensioners in October/November 2023

All Pensioners are required to submit their Life Certificate to the Pension Disbursing Authority (Bank / Post Office), every year in November before 20th of the month. Pensioners aged 80+ can submit their life certificate either in October or November

Last year 13 members of KP&TPA voluntarily visited residences of 965 aged infirm pensioners to help them to submit their life certificate from the confines of their homes. They organised 23 Digital Life Certificate Camps in Bengaluru and other places Viz: Mysuru, Shivamogga, Hassan and Chikkamagaluru . They helped a record number of **3143** pensioners to submit their digital life certificate making use of the “Face Authentication Technology” launched by the Department of Pension and Pensioners Welfare in collaboration with UIDAI & Ministry of Electronics and Information Technology (Miety).

The Association topped the list of Pensioners Associations in the country in generating life certificates during 2022.

Similarly during this year - 2023, in coordination with Coffee Board Pensioners Association, we will conduct DLC camps and our volunteers will also visit residences of aged pensioners who register their names with us.

TENTATIVE DLC CAMP DETAILS – DURING NOVEMBER 2023

Date	Camp Venue	Volunteers To Be Contacted
1.11.2023 (Wednesday) 10.00 Am	Coffee Board Layout – Nagabhushana Rao's Residence, No.193, 3 rd Cross, Coffee Board Layout, Hebbal-Kempapura, Bengaluru 5600024	TVS/KRA/BN/VM/ SKR/RSNM & Others
2.11.2023 (Thursday) 9 Am	Sahakaranagar Residents Welfare Association, Bengaluru 5600092	KRA/BN/VM/NMH/ HSR/BAS/RSNM & Others
2.11.2023 (Thursday) 9 Am	Vijayanagar/Basaveshwarnagar/Rajajinagar Area	TVS/KN/VR/VG/RSNM/NRA
3.11.2023 (Friday) 10 Am	Hassan-covering Hassan and near by places like Arasikere, Belur & Halebeedu.	TVS/KRA/BN/VM
3.11.2023 (Friday) 10 Am	AGS Office Layout Near Poornaprajna Layout- B N Ramesh Residence, No.182, 3 rd Main, AGS Layout, Arehalli, Bangalore 560061 (Mob:9880596436)	VR/VG/KN/AP/NRA
4.11.2023 (Saturday) 10 Am	At Chikmagalur – Covering Chikmagalur & near by places	TVS/KRA/BN/VM
4.11.2023 (Saturday) 10 Am	Poornaprajna Layout Association	VR/VG/KN/AP/NRA

5.11.2023 (Sunday) Mysuru 09.30 Am onwards	MYSURU Sadvidya Educational Institutions #7, Narayana Sastry Road, Mysore-570024 Coordinator: Sri P M Parameshwaraiah, President, Central Govt. Pensioners Assn. Mysuru. Mobile: 9449621314	TVS/KRA/BN/VM
5.11.2023	Megana and Shalini Apartment, near Devagowda Petrol Bunk	VR/KN/VG/NRA/AP & OTHERS
6.11.2023 (Monday) 10.30 Am	Vidyaranya - HMT Layout Residents' Welfare Association	KRA/BN/VM/NMH/HSR/BAS & OTHERS
6.11.2023 (Monday) 10.30 Am	Jayanagar – Suryaprakash Residence, Jayanagar, Bengaluru	TVS/VG/VR/RSNM/ AP & OTHERS
7.11.2023 (Tuesday) 10.30 Am	DRDO Association	TVS/KRA/BN/VM/VR/VG/ RSNM/KN & OTHERS
8.11.2023 (Wednesday) 10.30 AM	P&T Quarters, Kavalbyrasandra	VM/NMH & OTHERS
8.11.2023 (Wednesday) 10.30 Am	Shivamogga	KRA/BN/TVS
9.11.2023 (Thursday) 10.30 Am	Sai Baba Temple Premises, Vidyaranya Road Bengaluru	KRA/BN/NMH/VM/ HSR/BAS
9.11.2023 (Thursday) 10.30 Am	Hanumanthnagar/Basavanagudi/Girinagar and other nearby areas	TVS/VR/VG/KN/AP/RSNM/ NRA
10.11.2023 (Friday) 10.30 Am 11.00 Am	Sahakarnagar Area E. Mathiyazhagan's House/Jalavihar Pensioners Bhavan, Telecom Layout	KRA/BN/NMH/HSR/ BAS VM/SK/TVS/VR & OTHERS DV/SNH/KA
13.11.2023 (Monday) 10.30 Am	Kanakapura Road Area	VR/TVS/VG/ NRA /AP & OTHERS
13.11.2023 (Monday) 10.30 Am	Doddabommasandra Camp	KRA/BN/VM & OTHERS
14.11.2023 (Tuesday)	GPO/Coffee Board	TVS/VR/VG/KN & OTHERS
14.11.2023 (Tuesday)	Senior Citizen Welfare Association Sahakarnagar	KRA/VM/BN/NMH/ HSR / BAS & OTHERS
15.11.2023 (Wednesday) 10.30 Am	Nemmadi Vishranthidhama	KRA/BN & OTHERS
15.11.2023 (Wednesday) 10.30 Am	Childrens Park, 4 th Main, Postal Colony Sanjay Nagar, Bengaluru (D Venkateshalu)	VM/DV/HSR & OTHERS
16.11.2023 (Thursday) 10.30 Am	Monica Home, Augustine Nivas, 4 th Cross, Kaveri Layout, Tavarekere, Bengaluru	TVS/VR/VG/ & OTHERS
16.11.2023 10.30 Am	R.T. Nagar, Bangalore (Near Telephone Ex.)	VM/KRA/BN/DV & OTHERS

Phone numbers of Volunteers in the next page

VOLUNTEERS:			
(1) TVS (TV Suryaprakash)	9448375138	(9) KN (K Nagesh)	9448705268
(2) KRA (K.R. Anantha Ramu)	9448477129	(10) RSNM (RSN Murthy)	9731663662
(3) VM (V. Murugan)	9902020537	(11) SKR (S. Kasiraj)	9535145054
(4) BN (B. Nagaraju)	9964440876	(12) AP (A PrakasH)	9449002952
(5) DV (D. Venkatesalu)	9481812810	(13) NRA (N R Anantha)	9481487557
(6) NMH (N.M. Hegde)	9448510480	(14) SNH (S.N.Hiremani)	9449848102
(7) VG (V. Gopal)	8197918085	(15) KA (K Anand)	9449018299
(8) V.R. (Vishwanatha Rao)	9343518849	(16) (HSR) HS Ramesh Babu	9740929913
		(17) (BAS) BA Suryaprakash	9449016336

PS: Exact address of venue will be published in October 2023 magazine and also will be posted on Whatsapp groups for information of associations and pensioners

Postal Pensioners Payment of Arrears of Dearness Relief To Pensioners before the last working day of the month (Off - Cycle Payment)

We are extremely glad that the Department of Posts has accepted our request for upgrading the software to allow off cycle payment of arrears of Dearness Relief (DR) instead of along with the pension on the last working day of the month as done hitherto and has issued necessary instructions to all Postal Circles in the country to ensure off cycle payments.

It may be recalled that our association had submitted a memorandum on the subject to Sri Vineet Pandey , Secretary, Department of Posts on 7.11.2022 when he was on a visit to Bengaluru. The memorandum was personally handed over to the Secretary by our Vice President Smt. N Nagalakshmi .

For details and Photo please see our Journal Pensioners' Champion November 2022

issue.

(Photo: page 1 and memorandum: page 5).

We would also like to mention here that Sri Sathya Prakash Gupta, Secretary, Rajasthan Posts and Telecommunications Pensioners Association, Jaipur supported us and strongly pursued the matter with the Postal Directorate. Not only did he write many letters on the matter to the Directorate but sent emails and also spoke to the concerned officers in the Technology / Pension Departments of the Postal Directorate & reminded them often.

We thank Smt Nagalakshmi and Sri Gupta.

The Postal Directorate order dated 4.9.2023 on the subject is posted in page 12 which is self explanatory.

ANUBHAV AWARDS - 2023

Sri P. Damodara Bhat , Retd. Senior Superintendent RMS Bangalore Sorting Division (SSRM), member of KP&TPA LM 3274, has been selected for being conferred with the "Anubhav award -2023" by the Department of Pension and Pensioners Welfare, New Delhi .

We extend our Hearty Congratulations to Sri Damodara Bhat for winning the prestigious award.

- Executive Committee, K P&T PA



APPEAL FOR DONATIONS FOR THE BUILDING FUND

We appeal to our **Members who have not yet paid** their contribution to the building fund to remit their donation. 82nd list of donations is published in this issue.

Amount may please be remitted by *crossed cheque* payable to "Karnataka P&T Pensioners' Association". Cheques may please be sent to: K.R.AnanthaRamu, No 1158, 7th Main, 7th Block, HMT Layout, Vidyananyapura, Bangalore-560097. (Mob: 9448477129) **or**

Preferably, be credited to the Association's Bank account:

Name: Karnataka P&T Pensioners' Association;

Bank: State Bank of India, Branch: HMT Layout branch, Vidyananyapura, Bangalore 560097

Current Account No. **64209078453**, **IFSC: SBIN 0040659**

New members are also requested to donate generously to the building fund

INCOME TAX EXEMPTION: 50% of the amount of donation made to K P&T PA, is eligible for deduction in the gross total Income of the assessee under Section 80-G of Income Tax Act **under the old Tax Regime**

Please invariably inform us of the details of credit through a message or phone call on Phone No.9448477129 / 9483467750 to enable us to acknowledge the receipt of the amount and to send you a receipt

List of donations received up to 31-03-2023 has been uploaded to the website of the association 'kptpa.org'. Donors are requested to visit the website and check-up whether their names have been correctly mentioned and the amount donated has been correctly indicated in the list. Discrepancies, if any, may please be informed to the Secretary on Phone - 08023230545 or mobile 9483467750

Donation for the Building Fund - 82nd List July-August 2023

Sl No.	Name Sri/Smt.	Membership No.	Amount Rs.	Receipt No.	Progressive Total of donation
1659	S.Subramani	1657	5000	5750	30000
1660	K.Usha	2890	5000	5760	10000

Gol, Ministry of Communications, Department of Posts (Establishment Division),
OM No. 100/2-2023-Pen. Dated, 4.9.2023

Regarding provisions for 'Off Cycle Payment (OCP)' of arrears of Dearness Relief (DR) to the pensioners drawing pension from different Post Offices of Department of Posts across the country.

The undersigned is directed to refer to the various communications received from different Circles as well as individual Pensioners with the request to make provisions in the existing software used by Department of Posts for disbursing pension to allow Off Cycle Payment of arrears of DR.

2. In this regard, it is informed that requisite technological solution for the same has been deployed by Centre for Excellence in Postal Technology (CEPT) in the production system

and now the payment of arrears of DR can be made in Off Cycle also.

3. All the Head of Circles are requested to kindly disseminate this information to all the Post Offices under your jurisdiction at the earliest with suitable directions to make use of the said technological upgradation in order to ensure that due DR arrears are released immediately to pensioners without any unnecessary delay.

This issues with the approval of competent authority.

Subscription received for Pensioners' Champion During August - September 2023

Rs.180/- Smt./Sri	Rs. 180/- Smt./Sri	Rs. 180/- Smt./Sri	Rs. 360/- Smt./Sri
1 K.Arumugam 401 H.V.Shivswamy 650 P N Srinivasa Rao 3-7-23 639 T.V.Rao 921 Mrs.James George(Maragadam) 1233 Sadananda 1447 N.M.Hegde	1565 G.V.Vekatanarayana Sastry 11-7-23 2396 M.Sathyanarayana Reddy 2401 B.N.Jayaraman 2430 S.Devapala 2550 Santhu Peter 2777 V.Balaji 2870 N.G.Basanakatti 2875 N.P.Naik	2898 B.R.Neelakantaiah (Dixith) 2904 Venkappa Bannad 2996 Lakshmi Devi 3092 K.Rudrappa 3116 K.V.Jayalakshamma Rs. 200/-240/- Smt./Sri 2016 R.D.Dixit 200 S-145 M.G.Rayakar 240 19-7-23	2185 Rathnamma 2653 Sadashiva Naik Rs. 400/- Smt./Sri 956 R.Santhanam 22-6-23 Rs. 540/- Smt./Sri 1815 K.S.Krishna Moorthy 2598 S.Prabhakar

Corrections

May 2023 - Add Sri.M.S.Raghavendra LM 1323- Rs.540
Delete : K Raghavendra Rao LM 2573
July 23 : Sri.K.Mahadevappa LM 1351 Correct Rs.360 as Rs.180
Add - Smt Shashikala. S. Kodag LM 1352-Rs.180
Sri.R.Vijayan LM 2265 - Correct Rs.180 as Rs.360

We Welcome the Following Newly Enrolled Members

Sl.No.	Name (Smt./Sri)	Designation & Office in which last worked	Type & No.
1	Hanumanthappa.K.Hiremani	LSG Sorting Assistant, SRO RMS HB Division	LM 3349
2	Indumathi Sudhakara	Family Pensioner	LM 3350
3	Jayanthi Sridhar	Family Pensioner	LM 3351
4	S.V.Hanumatharaya Swamy	Sub Postmaster, Kavalbyrasandra Post office, P&T Colony	LM 3352
5	Veluru Gangadhar	BCR Postal Assistant, Kamalanagar, Ananthapuram, Sub Post Office	LM 3353
6	M.R.Vijayalakshmi	Assistant Postmaster, Rajajinagar Head Post Office	LM 3354
7	B.Srinivasulu	Postmaster, Chikkaballapur, Head Post Office	LM 3355
8.	Chandra Naik	Office Supt. O/o. CPMG, Karnataka Circle	LM 3356

LM: Life Member

ALM: Associate Life Member

ALL INDIA CONSUMER PRICE INDEX						
Month	CPI Base 2016=100	CPI base 2001=100	12 Months total	Monthly average	7th CPC	DR due
					% increase over 261.42	
Dec 22	132.3	132.3x2.88 = 381	4467	372.25	42.39	42% from Jan, 2023
July 23	139.7	139.7x2.88 = 402	4615	384.58	47.11	46% from July, 2023

* linking factor for conversion of the index numbers of 2016 base year to 2001 base year: 2.88

K. Ragavendran, S.G, NCCPA CHQ, visits Pensioners' Bhavan on 2-8-2023



Com K.Ragavendran, Secretary General, National Coordination Committee of Pensioners Associations (NCCPA), former Secretary General, National Federation of Postal Employees (NFPE) & former General Secretary of All India Postal & RMS Pensioners Association (AIPRPA), was on a visit to Bengaluru City to be the Chief Guest at the Silver Jubilee celebrations of CCCGPA, Karnataka, on 2.8.2023. On invitation by KP&TPA, he visited Pensioners' Bhavan along with Sri TV Suryaprakash, Jt.General Secretary, CCCGPA and V Murugan. Jt. Secretary KP&TPA. He was warmly welcomed near the entrance of Pensioners Bhavan by President G Babu, Secretary Sri Krishna Rao, Sri S Radhakrishna, General secretary, CCCGPA, Smt. Juliana Vincent, Joint General Secretary, CCCGPA, Karnataka, EC Members KP&TPA and many pensioners. Com Ragavendran was taken around both the old and new buildings.

Later, an informal meeting was held. Sri K.B.Krishna Rao, welcoming Com Ragavendran said that it was yet another "Red-letter day" in the history of the association, in as much as, veteran leaders like Sri S K Vyas, and Sri K K N Kutty, former Secretaries General, NCCPA, D Balasubramanian, GS AIFPA Chennai, M R V Nath, President, AIFPA Chennai and S.C. Maheshwari, S.G. Bharat Pensioners Samaj had previously visited Pensioners' Bhavan. Sri Rao, introducing Com K.Ragavendran, mentioned the various positions that he had held in Employees Unions and Pensioners Associations over the past 2 decades.

Sri Krishna Rao, speaking about KP&TPA and the buildings constructed by the association paid rich encomia to the late B.Sadashiva Rao Sri N.Bhaskaran, Sri S.M.Vittala Rao and many others for their contribution in establishing an organisation which is in the service of pensioners for nearly 30 years. He also mentioned the contribution of Sri. Babu, President for allotting two sites to the association. He said that the entire cost of construction of the 2 buildings was met from the generous donations made by the members of the associations, their children and other well-wishers. He said that the dream for construction of a big meeting hall in the 2nd floor of Pensioners Bhavan is yet to be fulfilled.

Sri K.Ragavendran, was honoured by Sri S.Radhakrishna GS CCCGPA, Sri Babu President KPTPA and Sri Krishna Rao Secretary KPTPA.

Sri K.Ragavendran delivered a brief speech on various issues of pensioners and stressed on the need for a united action by all pensioners in solving many issues concerning pensioners and family pensioners. The main issue was restoration of OPS and constitution of 8th CPC. In addition he also spoke on payment of arrears of DR, restoration of commutation of pension after 12 years, Additional pension on attaining age of 65, 70, 75 years and MACP issues. He further requested both the CCCGPA and KPTPA to extend their support whenever called for. Com Ragavendran while appreciating the efforts made by all in construction of the present 2 buildings wished that the desire of the association for construction of a meeting hall on the top floor of the building becomes a reality as early as possible.

In the above photo Com Ragavendran is sitting fourth from the left in the Middle Row. He was seen off after a photo session.



Sri K.B.Krishna Rao, Secretary KP&TPA welcoming Com Ragavendran and others present



Com K Ragavendran being honoured



Com. K. Ragavendran, speaking on Pensioners Issues



Sri G. Babu, President, K P&T PA Speaking



Sri S Radhakrishna Secretary IA & AD Pensioners Association and GS, CCGPA speaking



Pensioners Bhavan



Audiences

OBITUARY

Sri B.K.Gundu Rao, Retd. Chief Telephone Supervisor, BSNL, Mysuru, LM 687, expired on 05.09.2023 at the age of 87 years.

He was a member of the Executive Committee of KP&TPA for many terms and was the Joint Secretary for 3 terms. He was closely associated with the Coordination Committee of Central Government Pensioners Associations, Karnataka (CCCGPA) and was its Joint General Secretary between 2008 and 2014. His services to KP&TPA and CCCGPA in recording the proceedings of the Annual General Body Meetings and the Management/ Executive Committee Meetings for several years is noteworthy. He was nominated as a member of the Advisory Committee of CGHS Wellness Centre 5



Sri Shrinivas R Arjunagi, Retd. Sr. Superintendent of Post Offices, Gulbarga Postal Dn., LM 1363, expired on 02.08.2023 at the age of 78 years.

Sri T. Suryanarayana, Retd. Chief Accounts Officer, BSNL, BG TD, LM 954, expired on 29.08.2023 at the age of 86 years.

The Executive Committee of K P&T PA conveys its heartfelt condolences to the members of the bereaved families

RENEWAL OF SUBSCRIPTION FOR THE JOURNAL "PENSIONERS' CHAMPION"

"We earnestly request Members/Subscribers who have not yet renewed their subscription for the year 2023-24 (July 2023 to June 2024) to renew now. Amount of subscription- Members - Rs.180/- Subscribers- Rs.240/-per year. May be credited to the association's Bank Account No. 36418697411 IFSC: SBIN 0009045- SBI NTI Layout Branch, Vidyanarayapura, Bengaluru 560097. Account Holder: Karnataka P&T Pensioners' Association.

Regd. Journal

If undelivered, please return to:

**Karnataka Posts and
Telecommunications
Pensioners' Association (R)
165, 4th Main, 3rd Block, 3rd Stage,
Basaveshwaranagar,
Bengaluru-560 079.**

Edited, Printed and Published by **Sri N. Bhaskaran** for and on behalf of **Karnataka P & T Pensioners' Association**, 1397, 23rd Main, Banashankari II Stage, Bangalore-560 070 and Printed at: **Omkar Hi-Prints**, No. 24, I Cross, I Main, Tata Silk Farm, Basavanagudi, Bangalore-4. Ph.: 9480184985