



Monthly Journal of
KARNATAKA POSTS AND TELECOMMUNICATIONS
PENSIONERS' ASSOCIATION (R)

(KSR Act 1960, REG. No. 1069/98-99)

(FORMERLY RMS PENSIONERS' ASSOCIATION)

Registered as "A Wholly Charitable Trust" U/S 12A of I.T. Act 1961

Registered Office: Pensioners' Bhavan, Telecom Layout, Srirampura Phase II Bengaluru-560064

Working Office: # 165, 4th Main, 3rd Block, 3rd Stage, Basaveshwaranagar, Bengaluru-560 079 Phone: 23230545

e-mail: pensionersbhavan@gmail.com

Website : www.kptpa.org

G. Babu President, Ph.: 23220355, 94480 40355	N. Nagalakshmi Vice President Mob: 9480586661	K.B. Krishna Rao Secretary, Ph.: 23230545	V. Murugan Joint Secretary Mob : 9902020537	K.R. Anantha Ramu Treasurer Mob : 9448477129
---	---	---	---	--

VOLUME XXIII

ISSUE 9

SEPTEMBER 2022

Annual Subscription : Members- Rs. 180/- Others - Rs. 240/- Single Copy - Rs. 20/-

**CGHS Wellness Centre for Mysuru
Saga of a relentless struggle**

By K.B. Krishna Rao, President CCCGPA & Secretary, KP&TPA



In 1961, when USA President John F. Kennedy was embarrassed by the failed attempt to invade Cuba, he is believed to have made a famous comment "victory has a hundred fathers and defeat is an orphan." The adage attributed to Kennedy is also referred to as "Success has many fathers and

defeat is an orphan". The proverb "Success has many fathers" also means that many people have contributed to a successful endeavour, not just the person who is either given or claims the credit for it. Without pun or sarcasm intended, this proverb can very well be quoted while writing about the saga of the relentless

struggles waged by different Pensioners Associations and individuals in turning to reality the 2 decade old dream of getting a CGHS Wellness Centre to the Cultural city of Karnataka 'Mysuru'.

Yes, the success, in achieving this justified demand is, as the proverb goes, has 'many fathers' and is undoubtedly attributable to the joint efforts of individuals and organisations who, over the past several years, left no stone unturned in seeing to it that the Central Government employees, more so the Central government Pensioners in the City of Mysuru and the towns and cities around, are able to have access to the Medicare provided under the Central Government Health Scheme (CGHS)

The background, the organisations and the individuals who strived hard over the past 20 years or more to make the dream a reality.

1. It was the Karnataka Posts and Telecommunications Pensioners Association, then a member of the Standing Committee of Voluntary Agencies (SCOVA) and headed by the late B.Sadashiva Rao IPS (Retd.) as its President and the Veteran P&T Trade Union leader Com N.Bhaskaran as its Secretary, both of whom also headed the Coordination Committee of Central Government Pensioners' Associations Karnataka (CCCGPA) as its Chairman and General Secretary respectively, responding to the consistent demand from the Central Government Pensioners Association, Mysuru, also an affiliate of CCCGPA, notified a subject for inclusion in the Agenda items for discussions in the meeting of SCOVA in January 2006 regarding opening of CGHS Wellness Centre in Mysuru city.

2. All India Central Confederation of Pensioners' Association, New Delhi headed by the late S.S. Ramachandran as its General Secretary, had written a letter on 19-8-2002 to the Ministry of Health and FW, furnishing the required statistical data requesting for opening of CGHS

Dispensary in Mysuru stating that there was full justification. (Source: page 8 of Pensioners' Champion January 2006 issue)

3. As told to this writer in June 2021 by the late B. Sadashiva Rao, former President of KP&TPA, during the discussions on CGHS Mysuru, it was Dr. T.S. Sathyanarayana Rao, President of Central Government Pensioners' Association, Mysuru, a strong votary for establishment of CGHS WC in the city, who had moved heaven and earth, made many trips to New Delhi, met the concerned authorities in the Ministry of Health and Family Welfare and had strongly pleaded with all concerned to open a Wellness Centre in Mysuru. Dr. Rao, who used to attend the meetings of the CCCGPA, had never forgotten to invariably remind the Management Committee, CCCGPA to pursue the matter with the government.

4. In the 'Pensioners Day' observed on 3-1-2010 in Mysuru in which Sri Vijayashankar Ex-Member of Parliament, Lok Sabha was the Chief Guest, Dr. Sathyanarayana Rao, President CGPA, Mysuru was honoured in recognition of his service in the cause of pensioners. Efforts made during the last 2 decades by CGPA Mysore in getting CGHS facility to the City were traced in the meeting. (Source : Journal Pensioners Champion January 2010 issue)

5. The 7th Central Pay Commission had accepted the request for oral hearing made by the Coordination Committee of Central Government Pensioners Associations Karnataka (CCCGPA) and their representatives met the Pay Commission in Bengaluru on 24-8-2014. The demand for opening CGHS Wellness Centre in Mysuru was also one of the many other issues like grant of Interim relief, merger of DR with pension, complete parity in pension, reduction in age for grant of additional pension, increase in the quantum of pension and family pension, extension of 7th CPC benefits to Pensioners of Statutory/

Autonomous bodies of Central Government, BSNL pensioners etc., placed before the Pay Commission by the President/ Secretaries of the affiliates of CCCGPA who attended the meeting. S/s. S. Radhakrishna, Chairman, CCCGPA, N. Bhaskaran, General Secretary CCCGPA, S.S. Ramanatha Rao, President and Ashok Kololgi Secretary of Karnataka Central Govt. Pensioners' Association, A.N. Balaram, President and TV Suryaprakash Secretary of Coffee Board Pensioners' Association, Dr. Sathyanarayana Rao President and M S Mohan, Treasurer, CGPA, Mysuru, P. Gangadhara Rao, President, All India BSNL Pensioners' Welfare Association and B Murthy, Asst. Circle Secretary, AIBSNLPWA, Karnataka and K.B. Krishna Rao, Secretary, Karnataka P&T Pensioners' Association, presented the demands on which they had been asked to speak by CCCGPA. Dr. Sathyanarayana Rao brought to the notice of the Pay Commission the long pending demand regarding CGHS facility to Mysuru stating that though the issue had been taken up by Members of Parliament and raised by them in Lok Sabha and Rajya Sabha, CGHS to Mysuru City was yet to become a reality. (Source: Page -2-5 of the Journal Pensioners' Champion August, 2014)

6. Karnataka Posts and Telecommunication Pensioners' Association (KP&TPA) had been pursuing this issue since 2018 and had notified a subject for inclusion in the Agenda items for discussions in the 30th meeting of the Standing Committee of Voluntary Agencies (SCOVA) held on 23-3-2018 requesting for opening of CGHS WCs in Mysuru, Mangaluru and Hubballi/Dharwad. (page 9 of Pensioners' Champion February 2018 issue). This item was again included in the issues/items proposed by KP&TPA for the 31st meeting of SCOVA held on 5-9-2019. (Source: page 4 of Pensioners' Champion February 2019 issue). But the item was not included in the Agenda by DoP&PW. This issue was discussed in the Annual General Body meeting

of CCCGPA held on 3-8-19 and it was decided to submit memoranda to Members of Parliament of the respective Constituencies named above.

7. Pursuing the matter further, CCCGPA Karnataka submitted memorandum to Sri Prahlad Joshi, the Hon'ble Union Minister of Parliamentary Affairs on 31-8-2019 in Hubballi. (Source: Pages - 8&9 of Pensioners' Champion September 2019), Sri S. Radhakrishna, GS, CCCGPA and Sri T.V. Suryaprakash, Joint.General Secretary, CCCGPA met Sri D.V. Sadananda Gowda the Hon'ble Union Minister of Chemicals and Fertilisers in Bengaluru on 19-2-2021 and submitted a memorandum to him regarding (1) Opening of Allopathic Central Government Health Scheme (CGHS) Dispensaries/ Wellness Centres in Mysuru, Mangaluru and Hubballi (2) Empanelment of at least one Private Hospital in each District Headquarter of the state under CGHS and (3) Health care facilities to the Pensioners of Autonomous/ Statutory Bodies of Central Government (Source: Pages- 10 &11 of Pensioners' Champion February 2021). Sri P.M. Parameshwaraiah, Secretary, Central Government Pensioners' Association Mysuru submitted a memorandum to Sri Pratap Simha, Member of Parliament, Lok Sabha, Mysuru on 1-10-2019 requesting him to take up the issue with the Health Ministry.

8. CGHS Directorate vide letter dated 8-8-2019 had called for information about the likely number of Central Government employees and pensioners that would be the beneficiaries to examine the request for opening of a CGHS Wellness Centre at Mysuru. Additional Director, CGHS Bengaluru had asked KP&TPA to give the inputs needed in this regard.

9. In response to the request by the Additional Director, CGHS Bengaluru, Karnataka P&T Pensioners' Association furnished the number of employees and pensioners of the Department of Posts, Dept. of Telecom and BSNL residing in Mysuru city and towns near the city, which

could be ascertained through its efforts. Since the pensioners are eligible for CGHS benefits irrespective of their place of residence, the number of pensioners residing in the cities/towns which are very near to the city of Mysore Viz: Srirangapatna at a distance of 18 KMs; Nanjanagudu at 23 KMs; and Mandya at 46 KMs were also included in the statistical data as there was every possibility of the pensioners of those towns also opting for CGHS benefits.

10. CCCGPA, Karnataka in coordination with the Confederation of Central Government

Employees and Workers Karnataka State, furnished the number of employees and pensioners in respect of other Central Govt. Departments residing in Mysuru City and other places mentioned above.

11. Number of Central Employees and Pensioners in Mysuru, Mandya, Nanjanagudu & Srirangapatna as per the details collected by KP&TPA and COC, Karnataka and furnished to the Additional Director, CGHS Bangalore by CCCGPA in August, 2019 is as follows: (source: Page-4 of the Journal Pensioners' Champion August, 2019).

Number of Central Employees and Pensioners			
Departments	Employees in Mysuru	Pensioners in Mysuru, Mandya, Nanjanagudu & Srirangapatna	Remarks
Postal, DoT and BSNL	466	2705	Inputs by KP&TPA
Other Central Departments	1447	1750	Inputs by COC Karnataka
Total	1913	4455	
Total Employees and Pensioners: 6368		No. of beneficiaries	
		Employees: 1913X4 =	7652
		Pensioners: 4455X2 =	8910
		Total of likely beneficiaries	= 16562
There is justification for opening of 2 CGHS Wellness Centres in Mysuru			

12. As told to the writer of this article by Sri P.M. Parameshwaraiah, Secretary, CGPA, Mysuru, Sri Pratap Simha, Member of Parliament, Lok Sabha, Mysuru along with Sri Tejasvi Surya, Member of Parliament, Bengaluru South Lok Sabha, met Dr. Harsh Vardhan, the Hon'ble Union Minister for Health & Family Welfare in December 2019, handed over the memorandum and requested the Minister to establish a CGHS WC in Mysuru.

13. Subsequently, Dr. Harsh Vardhan, the Hon'ble Union Minister of Health and Family Welfare, wrote a personal letter on 11-2-2021 to the Hon'ble the Union Minister of Finance requesting that the proposal for opening of CGHS WCs in 16 cities (List of 16 included Mysuru also) in the country may be positively

considered. Further on 12-3-2021, Sri Ashwini Kumar Choubey, the Hon'ble Union Minister of State, Ministry of Health & FW, in reply to a question by Sri Prajwal Revanna, Member of Parliament, Hassan Lok Sabha Constituency replied in the Parliament that "there is a proposal for opening of CGHS Wellness Centre in Mysuru and the likely number of beneficiaries would be around 20,000."

14. And finally, the Ministry of Health & FW vide its order dated 10-6-2021, (reproduced in Pensioners' Champion June 2021) not only approved establishment of CGHS Wellness Centres in the 16 cities mentioned therein including Mysuru, but also simultaneously, sanctioned the posts of Medical Officers, Para Medical Staff and others which paved the way

for early opening of the WCs and make them functional as quickly as possible.

15. Thus, with the issuance of the OM dated 10-6-2021, the dream of the Central Govt. pensioners residing in Mysuru and other cities nearer, to get the medical facilities available under the CGHS at last, became a reality after nearly 2 decades.

16. On the advice of Dr. M. Revathi, Additional Director, CGHS Bangalore, CCCGPA, Karnataka formed a 4 member committee to coordinate with CGHS authorities in finding a suitable building for housing the Wellness Centre in Mysuru. The committee consisted of S/s P M Parameshwaraiah Secretary, CGPA Mysuru, S Devapala, Member, Karnataka P&T Pensioners Association, Rajasekhara, District Secretary, AIBSNL PWA and Janakinath, member, Income Tax Department Pensioners Association. Sri Parameshwaraiah, evinced keen interest, coordinated well with all the stake holders & other members of the Committee and was able to identify a suitable building in which the Wellness Centre was opened on 7-8-2022.

17. The Coordination Committee of Central Government Pensioners' Associations Karnataka and its affiliates Karnataka P&T Pensioners' Association, Bengaluru, IA & AD Pensioners Association, Bengaluru and Central Govt. Pensioners' Association, Mysuru are glad that their efforts have now borne fruit.

18. In conclusion, the proverbial quote "success has many fathers" has come into play at least with regard to establishment of the CGHS WC in Mysuru which, undoubtedly, is an achievement as a result of the joint efforts of the Pensioners' Organisations and some individuals well supported by the Central Ministers, Hon'ble Members of Parliament, Officers of the Health Ministry, Officers at the

CGHS Directorate and of course the Additional Directors past and present in CGHS Bangalore.

19. The support extended by Dr. Harsh Vardhan, the Hon'ble Union Minister for Health & Family Welfare, Sri D.V. Sadananda Gowda, the Hon'ble Union Minister of Chemicals and Fertilisers, Sri Pratap Simha, Member of Parliament, Lok Sabha, Mysuru, Sri Prajwal Revanna, Member of Parliament, Lok Sabha, Hassan, Sri Tejasvi Surya, Member of Parliament, Bengaluru South, Dr.Kishore Kumar C.S, former Additional Director CGHS, Bengaluru, Dr. M. Revathy, Additional Director CGHS, Dr. Ravindra Y. Asangi, CPIO - HQ, Dr. Satish Chandra, Sr. CMO, General Administration & Dr. Vijayalakshmi Mohan, Sr. CMO (SAG) CMS I/C, Hospital Cell shall always be remembered and greatly appreciated.

The CGHS Wellness Centre which was to be virtually inaugurated by Dr. Mansukh Mandaviya, the Hon'ble Union Minister for Health and family Welfare and Chemicals & Fertilisers, Govt. of India, on 7-9-2022, was cancelled due to the sudden demise of Sri Umesh Katti, the Hon'ble Minister of Food and Civil supplies, Government of Karnataka.

Sri S. Radhakrishna Gen. Secretary and Sri T.V. Suryaprakash, Jt. Gen. Secretary, who were representing CCCGPA Karnataka in the opening ceremony, on being informed about the cancellation of the inauguration of the WC, requested the AD, CGHS to make the WC functional from 8-9-2022. Sri Radhakrishna, spoke to the Additional Director general, CGHS Directorate, New Delhi requesting the WC may be made functional from 8-9-22 to cater to the health care needs of beneficiaries especially the seniors. The request was accepted and acted upon by CGHS and the WC started functioning from 8-9-2022.

Please avoid remittance by MO as much as possible. Credit subscription to the Associations Bank Account. (Details in page 9) After crediting the amount, please invariably inform us through a MESSAGE or phone call to
Mobile Nos. 9448477129 or 9483467750

CGHS Wellness Centre for Hubballi

Wellness Centre is likely to be opened shortly

CGHS Bangalore has received instructions from CGHS Directorate, New Delhi to open an extension counter in Hubballi .

Additional Director CGHS Bengaluru has requested Coordination Committee of Central Government Pensioners Associations Karnataka (CCCGPA) to form a Committee to coordinate with CGHS in finding a suitable building for the Wellness Centre, at Hubballi, preferably in the ground floor with 2500 sft covered area.

CCCGPA has nominated the following Pensioners to the Committee after consultations with the Secretaries of the Pensioners Associations concerned affiliated to CCCGPA.

(1) Ramesh A. Joshi, Pensioner, Income Tax Department (2) Dr. Chetan Kumar Naik, AIR (3) V H Nadagouda, Dept of Posts (4) Ramesh A. Chillal, IT Dept. (5) A.G. Mokashi, AIBSNLPWA (6) N.K. Gandigawad AIBSNLPW.

Wellness Centre for Mangaluru

Dr. Veerendra Heggade, Dharmadhikari, Manjunatha Swamy Temple, Dharmastala & Member of Parliament (Rajya Sabha) has written to Dr. Mansukh Mandaviya, the Hon'ble Union Minister of Health and Family Welfare on 30-8-2022, requesting for opening of a CGHS WC in Mangaluru.

Gol, Ministry of Health & family Welfare, Directorate General, Central Govt. Health Scheme (DGCGHS) (Hospital Empanelment Cell, OM No.FTS No.8170778 File No. S-11011/09/2022/CGHS(HEC) dt. 13th Sept, 2022

Continuous Empanelment Scheme 2022 for empanelment of private Health care Organizations (HCOs) under CGHS.

With reference to the above subject, attention is drawn to Office Memorandum No S 110045/36/ 2012 dated the 26th December, 2017 vide which orders for continuous empanelment scheme were issued. In this regard the undersigned is directed to state that the Ministry has reviewed the Application form along with the Draft for Memorandum of Agreement(MoA) and revised the same.

The revised Application Form for continuous Empanelment scheme 2022 along with revised MoA are enclosed. CGHS package rates as prevalent and as revised from time to time shall be applicable. Private Health Care Organisations (HCOs) seeking empanelment under CGHS Cities can apply

to the Additional Director CGHS of concerned City in this regard. The empanelment shall be for a period of two years.

The HCOs already on CGHS panel shall submit their Letter of acceptance for the revised MoA within 15 days of issue of this OM to the Additional Director of concerned city for continuation on CGHS panel for another two years i.e.till 30th September 2024, failing which it shall be deemed that they are not interested in continuation under CGHS and shall be removed from CGHS panel. They shall sign new-revised MoA and submit Valid Performance Guarantee (for 30 months) within 3 months of issue of this OM.

(Dr. Nikhitesh Chandia)
Director CGHS

Digital Life Certificate

Submission of Life Certificate by Pensioners in October/November 2022

All Pensioners are required to submit their Life Certificate to the Pension Disbursing Authority every year in November before 20th of the month. Pensioners aged 80+ can submit their life certificate either in October or November

Last year, in response to a call from the Department of Pension and Pensioners' Welfare, the Association had nominated 11 volunteers to work as DLC operators to assist pensioners and family pensioners to submit their life certificate in October/November 2021. In coordination with Coffee Board Pensioners' Association, Bengaluru, the association had organized 15 camps, not only in Bangalore, but also in Hassan, Mysore, Chikamgaluru in which hundreds of pensioners/family pensioners of Central Government, Statutory & Autonomous Bodies of Central Government/ State Government/EPF/ BSNL/Banks participated. Life certificates were generated by making use of the devices like Iris Scanner/ Face Recognition Access supplied by the Department of Pension & Pensioners Welfare, New Delhi to the nominees registered with DOPPW. Besides this, the volunteers visited the residences of those pensioners/ family pensioners, who could not move out of their residences due to their old age or health problems and helped them in submission of their life certificate from the comforts of their homes. They also visited many old age homes and hospitals.

During 2021 we generated more than 1650 life certificates and topped the list of pensioners associations identified by DOP&PW for DLC work.

Similarly during this year - 2022, we will conduct DLC camps and our volunteers will visit residences of aged pensioners

PROGRAMME

House visits during October 2022 for Pensioners aged 80+

On request, volunteers will visit the residences of Pensioners aged 80 +.

Willing Pensioners may please register their names with the following:

BANGALORE SOUTH:

T.V. Suryaprakash on Mob No.9448375138 / V. Gopal Mob:8197918085, A. Prakash Mob:9449002952 / Vishwanatha Rao Mob:9343518849

BANGALORE NORTH:

K.R. Ananthramu- Mob No.9448477129/ B. Nagaraju -9964440876, D Venkatesalu Mob: 9481812810, N.M. Hegde, Mob No. 9448510480

BANGALORE EAST:

V.Murugan - Mob No:9902020537

BANGALORE WEST:

K. Nagesh - Mob No: 9448705268, V.S. Naik, Mob No. 9900496298

DIGITAL LIFE CERTIFICATE CAMPS DURING THE YEAR 2022

1. Coffee Board Layout, Hebbal, Bangalore 01.11.2022 (from 10 am onwards)
2. Sahakaranagara Resident Welfare Assn. 02.11.2022 (from 9 am onwards)
3. Vidyananyapura – HMT Layout Residents' Welfare Society 03.11.2022 (from 9 am onwards)
4. Hassan 04.11.2022 (from 10 am onwards)
5. Chikmagalur 05.11.2022 (from 9 am onwards)
6. Mysuru (Head Post Office) 06.11.2022 (from 9 am onwards)
7. AGS office Layout near Poornaprajna Layout 08.11.2022 (from 9 am onwards)

- | | |
|---|--|
| <p>8. Nisarga Senior Citizens Home, Jigani
14.11.2022 (from 9 am onwards)</p> <p>9. Vidyamanya Nagar, near Sunkada Katte
15.11.2022 (from 9 am onwards)</p> <p>10. Shivarama Karanthanagar -Palanahalli of
Jakkur Sr. Citizen home 16.11.2022 (from
9 am onwards till 12 noon) and 16.11.2022
(from 2 pm onwards)</p> | <p>11. Sanjaya Nagar 17.11.2022 (from 9 am
onwards)</p> <p>12. R.T. Nagar/Kaval Byrasandra 18.11.2022
(from 9am onwards)</p> <p>14. Birur/Shivamogga 19.11.2022 (from 2 pm
onwards)</p> <p>15. Shivamogga 20.11.2022</p> |
|---|--|

Creation of a separate fund for Charities - Utilisation of the Interest earned thereon for Charitable and Educational purposes.

Sri H.V. Ramanatha, LM 1083, who, annually donates to the association with a specific request that the amount must be utilised for educational or charitable purposes only, has generously donated Rs.1,11,111/-, in the Annual General Body meeting of the association held on 20-08-2022 suggesting that a separate fund may be created and the interest earned thereon may be utilised for charitable purposes.

The Executive Committee of the association in its meeting held on 20-09-2022 has resolved to establish a separate Fixed Deposit account and utilise the interest earned for charities. Therefore, a separate fixed deposit account has been opened in HMT Layout branch of the SBI, Vidyananyapura for the purpose.

In the year 2022, Sri H S Manjunatha, Sri H.R. Sathyanarayana and Sri H.V. Ramanatha paid donations and the amount was utilised to present cash awards to the 10 students of Govt. Higher Primary School, Yelahanka in the AGB held on 20-8-2022.

Azadi Ka Amrit Mahotsav- Celebration of 75 years of Indian independence

Sri A. Poobalan, Member KP&TPA and Member CGHS Advisory Committee, CGHS W C -10, C.V. Raman Nagar, was bestowed with the honour of hoisting the National Flag jointly with Dr. Alwar, the Chief Guest of the day, before the CGHS Wellness Centre on 15-08-2022. Dr Malathi Senior CMO I/C and others were present.

The gesture of Dr. Malathi in inviting Sri Poobalan to hoist the Tricolour is appreciated.



Sri A. Poobalan hoisting the Tricolour

Report on the proceedings of the Annual General Body & Conference of All India Federation of Pensioners Association, Chennai (AIFPA) held on 23-7-2022

- By V. Murugan, Jt Secretary KP&TPA

The 43rd AGB & Conference of AIFPA, Chennai was held on 23-7-2022 at Sri Balaji Kalyana Mandapam, T. Nagar, Chennai. The AGB commenced at 9.30 a.m. with Sri Venkatachari, President, AIFPA, in the chair. Proceedings commenced after paying homage to eminent persons, members and all others who passed away during the year.

Sri S.C. Maheswari, Secretary General, Bharat Pensioner Samaj, New Delhi, the Chief Guest, in his inaugural address applauded the services of AIFPA, BPS & NFRP, Palakkad and other Affiliates of BPS for their combined efforts in the cause of welfare of pensioners numbering about 20 lakhs. He referred to the 110th and 113th report of the Standing Committee of Parliament and demanded that the recommendations of the Committee must be favourably considered by the government.

Sri B. Krishnan, one of the Guests of Honour, General Secretary, Central Public Sector Pensioners Confederation, Tamil Nadu, in his speech said that the Central Government is privatising public sectors such as LIC, Railways, Air ports etc., but has not cared to control price rise of essential commodities.

Padmashri Dr. V.S. Natarajan, the other Guest of honour, hailed as the father of Geriatrics, advised pensioners to go for periodical health checkups to guard against diseases described as silent killers. He said that many diseases can be prevented by regular exercise like walking. He advised pensioners to get vaccinated for Pneumonia.

Sri S. Ramaswamy, retd Chief Engineer, AIR & Doordarshan, another Guest of Honour also addressed the gathering.

In the afternoon session, Annual Report and Audited Annual accounts were presented by the GS and Treasurer were adopted.

Best Affiliate award was presented to Air Force Pensioners Association Chennai.

Sri Sathyamurthy S/o Karmayogi Kumaraswamy donated Rs. one lakh to AIFPA.

Sri MRV Nath & Sri D. Balasubramanian were unanimously elected President and General Secretary respectively. Sri V Murugan, Jt Secretary, KPTPA, a delegate to the AGB, was elected as one of the Out Station Vice-Presidents.

The AGB concluded after vote of thanks proposed by Sri V. Krishna Murthy, AGS, AIFPA.

RENEWAL OF SUBSCRIPTION FOR THE JOURNAL

“PENSIONERS’ CHAMPION” AT THE REVISED RATE OF Rs.180 p.a.

We earnestly request Members/Subscribers, who have not yet renewed their subscription, to renew now. Amount of subscription may please be credited to the association’s bank account details of which are furnished below

Transfer / Credit of amounts to the Association’s Bank Account:

SUBSCRIPTION For Journal Pensioners’ Champion

Name of the Account Holder : **Karnataka P&T Pensioners’ Association**

Bank: **State Bank of India (SBI)** Branch: NTI Layout Branch, Vidyaranyapura, Bengaluru

Current Account No. **36418697411** / IFSC: **SBIN 0009045**

Presentation of Sound system to the Government Higher Primary School, Yelahanka

A Sound system financed by Sri M Ramiah, Former Vice- President and Sri V Gopal, former Joint Secretary, KP&TPA was presented to the Teachers of the School in the Annual General Body Meeting on 20.8.2022

Sri B. Nagaraju, Sri K R Anatha Ramu along with Sri Shivarama Shetty, Retd DGM, BSNL who had given Technical advice for purchase of a suitable sound system, visited the School in Yelahanka on 26th August, 2022 during the prayer time to see whether the sound system presented by the Association is in good working condition and is also useful to the School.

Sri Shivarama Shetty apprised the teachers of the latest facilities like Bluetooth, USB, and the FM Radio available in the sound system. He donated wires required for connecting the speakers to the amplifier.

Sri S.M. Vittal Rao, former Treasurer also joined.

The Head Mistress, PT Master and other Teachers were happy that the system is audible to the students very well. They even told that the audibility is to such an extent that the prayer is heard by the people passing on the road opposite and they stand and respect National Anthem sung by them. The staff and the students were happy and conveyed their special thanks to the Executive Committee KP&TPA and the sponsors S/s M. Ramiah and V. Gopal. They honoured Vittal Rao, Anantha Ramu and Nagaraju.

On this occasion Sri Nagaraju announced that he would sponsor a cash award to be given to the student who scores 100 out of 100 marks in Mathematics from the next year which will be in addition to the ten awards that are already being given by KP&TPA during the AGB.



MACP is applicable from 1-9-2008

Hon'ble Supreme Court in its order dated 22-08-2022 while disposing Special Leave Petition (Civil) No. 16442 of 2021 and another 168 Special Leave Petitions, has stated that the Modified Assured Progression Scheme (MACP) is applicable only from 1-9-2008 and not from 1-1-2006 and the entitlement is to financial upgradation equivalent to the immediate next grade pay in the hierarchy of the pay bands and not to financial upgradation equivalent to the next promotional post.

Par 12 of the order reproduced below.

12. *In view of the aforesaid discussion, the appeals filed by the Union of India are partly allowed and impugned judgments, to the extent they hold that the MACP Scheme applies with effect from 1.1.2006 and that under the MACP Scheme the employees are entitled to financial upgradation equivalent to the next promotional post, are set aside.*

MACP Scheme is applicable with effect from 1.9.2008. W.P. (c) No. 5278 of 2013 decided on 12th August 2014, Civil Appeal @ SLP (C) No. 16442 of 2021 & Ors. Page 28 of 28 and as per the MACP Scheme, the entitlement is to financial upgradation equivalent to the immediate next grade pay in the hierarchy of the pay bands as stated in Section 1, Part A of the First Schedule to the Central Civil Services (Revised Pay) Rules, 2008. The third issue, which relates to the fulfilment of pre-promotional norms for grant of financial upgradation, is decided against the appellant-Union of India to the extent that this would not be insisted in the case of the Central Armed Forces personnel where, for administrative or other reasons, they could not be sent or undergo the pre-promotional course. All pending applications are disposed of.

*(Sanjiv Khanna) (Bela M. Trivedi)
New Delhi; August 22, 2022.*

Reimbursement of Medical charges

Gol, Ministry of Health & family Welfare, EHS Section, O M No.S.14025/30/2022-EHS dated 12th Sept, 2022

Reimbursement of medical claims to pensioners under CS(MA) Rules, 1944 as directed by various courts / CATs

The under signed is directed to say that as per Note-2 below Rule-2 of CCS(MA)Rules,1944, retired government officials are not covered there under. However, as per extant CGHS guidelines, Central Government Pensioners residing in non-CGHS areas have the following options

- i. They can avail Fixed Medical Allowance(FMA)in lieu of OPD facilities under CGHS
- ii. The can also avail benefits of CGHS (OPD&IPD) by registering themselves in the nearby CGHS covered city after making the required subscription
- iii. They also have the option to avail FMA, for OPD treatment and CGHS for IPD treatments after making the required subscription as per CGHS guide lines,

2. All Ministries / Departments of Government of India are requested to bring the contents of this OM to the notice of Organization(s) under their administrative control for guidance and compliance thereof. Also, retiring Central Government Employees may be made aware of the above rule position.

3. Court /CAT cases filed by pensioners may be defended by Ministries / Departments in the light of the above rule position. No reference in this regard needs to be made to, Ministry of Health & family Welfare, for comments/clarifications etc. thereon

4. This issues with the approval of the competent authority.

Financial Upgradation under MACP Scheme to Promotees in Dept of Posts - Hon'ble High Court of Madras dismisses the writ petitions filed by 25 Postal Assistants

Hon'ble High Court of Madras vide order dated 6-6-2022 in WP No.16818 of 2017 and another 23 Writ Petitions of 2018 and one of 2016 dismisses all the writ petitions and rules that *"the writ petitioners having availed the promotion to the post of Postal Assistant from the lower post of Postman and group D post, are not entitled to the grant of MACP III and they are also not entitled to the consequential benefits thereof"*

Note: For space constraints only a few paragraphs of the order are reproduced below

2. As the outcome of the batch of writ petitions would be a direct sequitur of the controversy whether the post of Postal Assistant is the Promotional post of Postman or whether the selection to the post of Postal Assistant on the basis of departmental test is direct recruitment, hence all the Writ petitions are taken up together and a common order is passed.

5. All the petitioners participated in the Departmental Test and were selected to the post of Postal Assistant on the dates tabulated above and they were also extended two financial up-gradations one under the TBOP Scheme on completion of 16 years in Postal Assistant cadre and the second financial up-gradation was extended under BCR Scheme on completion of 26 years in the Postal Assistant cadre. On introduction of the MACP Scheme, all the petitioners requested for financial up-gradation under MACP III, along with other benefits, but the same was rejected by the respondents, hence they preferred the O.A.s' before the CAT. The Administrative Tribunal vide orders dated 29-08-2016, 11-08.2016, 08.01.2016, 05.12.2016, 02.01.2017, 26.10.2016 and 16.10.2016 dismissed all the O.A.s' and hence the petitioners have approached this Hon'ble Court

by way of the above writ petitions.

6. The petitioners' further contention is that their appointment to the post of Postal Assistant after successfully passing the Departmental Test cannot be considered as promotion but should be considered only as Direct Recruitment.

7. On the other hand the contention of the respondent is that the appointment of the petitioners as Postal Assistants consequent to the passing of Departmental Test is to be considered only as promotion and not direct recruitment. If it is considered as a promotion, then the petitioners would not be eligible for MACP III.

15. The respondents counsel with reference to the service books of the petitioners submitted that the petitioners had already availed the three financial upgradations viz., MACP I by promotion to the cadre of Postal Assistant from Postman & Group 'D' and MACP II by way of financial upgradations under TBOP and MACP III by financial up-gradation under BCR. The counsel therefore submitted that the petitioners were given three financial up-gradations and they were not entitled to any further financial upgradations under the MACP scheme.

21. It is pertinent to note here that promotion through tests is restricted to in service candidates and further the age and educational qualifications prescribed for direct recruits is not applicable to promotees. Therefore, the recruitment through Direct Recruitment is a different method with its own prescribed rules. Once the petitioners admit that they wrote the departmental (Test) as Departmental candidates only, it is not possible to accept their contention that nevertheless recruitment is Direct. When

a separate quota of 50% is earmarked for departmental candidates and it is admitted by the petitioners that they took the tests as departmental candidates it is incomprehensible to consider their recruitment as Direct Recruitment. The petitioners as departmental candidates form a separate class and on their passing the tests, they become a class within that class for whom 50% quota is reserved for promotion through tests.

23. Whereas for Direct Recruits the consequence is their discharge from service but for Departmental Candidates the consequence is reversion to their former lower Post. If the contention of the counsels for the petitioners is accepted, then on non-confirmation, even departmental promotees ought to be sent out instead of reverting them to lower posts. Therefore in our view when the Recruitment Rules are clear, there is no scope for any interpretation against the letter of the Rules.

26. If the above said principles are applied to the facts of the present case it could be clear that the appointment of the petitioners as postal assistants is only promotion and not direct recruitment. The factual reasons for the said conclusion is not far to seek because the Postal Assistant is admittedly a higher post carrying higher scale and the appointment to the said post was by way of selection through Departmental Test. Therefore both legally and factually we conclude that the appointment of the petitioners to the post of Postal Assistants from the lower post of Postman and Group D is promotion and not direct recruitment.

29. In view of the above facts and circumstances and the law, we are of the view that the writ petitioners having availed the promotion to the post of Postal Assistant from the lower post of Postman and Group D post, are not entitled to the grant of financial up-gradation under MACP III and they are also not entitled to the consequential benefits thereof.

Courtesy : Pensioners Post August, 2022

BSNL

Bharat Sanchar Nigam Ltd.
Office of the Sr. General Manager (CA/ERP/FICO) letter No. BSNLCO-CA 25/4/2021- CA/ERP/FICO
dated 30-8-2022

Payment of Medical Bills of Retired Employees – Allotment of Funds & Payment.

This has reference to the above subject. In this connection it is intimated that:

1. The Corporate CBB section has allotted funds to the Circles for making payment of medical bills up to 31-3-2022 to the retired employees. The medical bills to working employees as well as CGHS reimbursement to retired employees are already been paid every month together with salary.
2. Going forward, the Circles should post the parked medical bills of retired employees and deduct TDS as applicable and these will be disbursed along with the salary of working employees on monthly basis.
3. From September onwards, the Circles should regularly post/create the liability of medical

bills in ERP-SAP through defined procedure and deposit the TDS deducted regularly.

Effective 1st September, 2022, all retired employee vendor payments will be made by Corporate CSC i.e. House bank/ Account ID of Corporate CSC Bank will get updated in liability document. Therefore the Circles must ensure that Bank particulars of retired employee vendor are accurately captured in the system; credit to incorrect account shall be the responsibility of the Circles. Once the payment is made, the Circle should ensure that no old bill /liability prior to 31-03-2022 should appear in the retired employee vendor account group.

Sr. GM(CA/ERP-FICO)

APPEAL FOR DONATIONS FOR THE BUILDING FUND

We appeal to our **Members who have not yet paid** their contribution to the building fund please to remit their donation. 70th list of donations is published in this issue.

New members are also requested to donate generously to the building fund

Amount may please be remitted by *crossed cheque* payable to "Karnataka P&T Pensioners' Association". Cheques may please be sent to: Sri K.R. Anantha Ramu, No 1158, 7th Main, 7th Block, HMT Layout, Vidyanarayapura, Bangalore-560097 (Mob: 9448477129) or

Preferably, be credited to the Association's Bank Account:

Name: Karnataka P&T Pensioners' Association;

Bank: State Bank of India, Branch: HMT Layout branch, Vidyanarayapura, Bangalore

Current Account No. **64209078453, IFSC: SBIN 0040659**

INCOME TAX EXEMPTION: 50% of the amount of donation made to K P&T PA, is eligible for deduction in the gross total Income of the assessee under Section 80-G of Income Tax Act.

Please invariably inform us of the details of credit through a message or phone call on Mobile **No.09448477129 or 09483467750** to enable us to acknowledge the receipt of the amount and to send you a receipt.

Donation for the Building Fund - 70th List August-September 2022

SI No.	Name Sri/Smt.	Membership No.	Amount Rs.	Receipt No.	Progressive Total of donation
1	M. Ramaiah	3	10510	5232	171170
2	V. Lakshminmarayana	2283	2000	5235	6000

List of donations received up to 31-03-2022 has been uploaded to the website of the association 'kptpa.org'. Donors are requested to visit the website and check-up whether their names have been correctly mentioned and the amount donated has been correctly indicated in the list. Discrepancies, if any, may please be informed to the Secretary on Phone - 08023230545 or mobile 9483467750.

Donation to the Association

1	H.V. Ramanatha	1083	111111	5233	For Charities Only
2	Sales of Books- Operation Khedda		1600	5234	18400

ALL INDIA CONSUMER PRICE INDEX

Month	CPI Base 2016=100	CPI base 2001=100	12 Months total	Monthly average	7th CPC	DR due
					% increase over 261.42	
Dec 21	125.4*	125.4x2.88= 361	4216	351.33	34.39	38% from July, 2022
July 22	129.9	129.9x2.88= 374	4365	363.75	39.14	

* linking factor for conversion of the index numbers of 2016 base year to 2001 base year: 2.88
DR due from 1.7.2022 : 38% [4% increase over 34% January, 2022] Order

BSNL IDA

IDA From 1-04-2022 : 185.3 % (1.2% increase from Jan. 22 rate of 184.1%)

IDA From 1-07-2022 : 190.8 % (5.5% increase from April. 22 rate of 185.3%)

Subscription received for Pensioners' Champion During August-September 2022

Rs.180/- Smt./Sri	Rs.180/- Smt./Sri	Rs. 200/- Smt./Sri	Rs.500/- & 540/- Smt./Sri
1105 R.Padmasini 60	2623 D.D.Khavashi	1533 V.Sivasubramanyam	805 C.R.Prabhakara 500
390 K.V.Vishwanatha Murthy	2734 Radha.P.Kulkarni	1751 B.S.Mahagaonkar	2408 Ananda Rao Batni 500
901 R.Karthikeyan	2772 V.Abdul Rahim	1909 G.Megharajan	469 E.Srinivasan 540
1227 V.S.Bhandari 90	2840 R.Rangamma	M.K.Patwari??	814 G.Narasimha Holla540
1351 Mahadevappa K	2860 N.C.Manjunath Vibhu	xxx Dr.Ahalya	1076 Chandrashekara 540
1352 Shashikala S Kodagi	3040 M.N.Rajagopal	Rs. 360/- Smt./Sri	Karanth
1804 K.S.Janardhanachari	3094 C.Narasimhamurthy	1097 V.V.Thiruvengadam	Rs. 1002/- Smt./Sri
1877 S.N.Gogi	3126 T.Ashalatha	Mudaliar	785 D.Sekharan 1002
2070 N.Subbanarasimhaiah	xxx Jayaparak	2194 Mala Narasimhamurthy	
		2225 P Venkateshetty	
		2909 K.Hanumanthan	

OBITUARY

Dr. S. Satish Chandra, Senior CMO (SAG), CMS in charge Hospital Cell O/o the Additional Director, CGHS, Bengaluru expired on 9-9-2022 at the age of 61 years. He was a very sympathetic and patient friendly doctor. In his untimely demise, CGHS beneficiaries have lost a humane, experienced and a senior Psychiatrist. A big loss to CGHS and its beneficiaries.



Sri Thejappa. H, LM 871, retired H.S. A HSGI, Bangalore TD Sorting expired on 31-8-2022 at the age of 80 years.

Sri Ramamohan, LM 1163, retired Chief Accounts Officer, BSNL BG TD expired on 14-9-2022 at the age of 78 years.

The Executive Committee of K P&T PA conveys its heartfelt condolences to the members of the bereaved families



Central Govt Holidays in October 2022

Mahatma Gandhi's Birthday	02-10-2022	Sunday.
Dussehra/ Vijayadashami	05-10-2022	Wednesday
Prophet Mohammad's Birthday (Id-e-Milad)	09-10-2022	Sunday
Diwali (Deepavali)	24-10-2022	Monday

Date of Publication 27th of Every Month. Posted Between 27th and 31st at Bangalore PSO, Bangalore-560 026.
RNI Regn. No. KAR BIL/2000/1576 Postal Regn. No. RNP/KA/BGS/446/2021-2023- Total No. of Pages: 16

Licensed to post without pre-payment License No.PMG BG /WPP-392/2021-2023

We Welcome the Following Newly Enrolled Members

Sl.No.	Name (Smt./Sri)	Designation & Office in which last worked	Type & No.
1	N.S.Kulkarni	Senior Audit Officer, P&T Audit Office, Bengaluru	LM 3172
2	Ananthashayanam	Sorting Assistant, AHRO(3), BG City RMS, Bengaluru	LM 3173
3	N.Venugopala	Sorting Assistant, Bengaluru City RMS, Bengaluru	LM 3174
4	Babu Rao	HSG II Supervisor, Bengaluru PSO, Bengaluru	LM 3175
5	M.N.Reddy	LSG Supervisor, Bengaluru City RMS, Bengaluru	LM 3176

LM: Life Member

ALM: Associate Life Member

Election to the Executive Committee of Karnataka P&T Pensioners' Association for the term 2022-2025

The following members have been declared elected unopposed to the Executive Committee for the 3 year term 2022-25

S/s K.R. Anantha Ramu, G. Babu, C.S. Karanth, K.B. Krishna Rao, V. Murugan, Smt. N. Nagalakshmi, K. Nagesh, V.S. Naik, B. Nagaraju, A. Prakash, C. Ramakrishna Reddy, Rangegowda, M.B. Shivalingaiah, Vishwanath Rao

Internal Auditor elected in the AGB : Sri N.M. Hegde

From the above Executive Members, the following were elected unopposed as office bearers for the 3 year term 2022-2025 in the Executive Committee Meeting held on 20-9-2022.

President : Sri G. Babu; Vice- President : Smt N. Nagalakshmi;

Secretary: Sri K.B. Krishna Rao; Joint Secretary: Sri V. Murugan;
Treasurer : Sri K.R. Anantha Ramu

Regd. Journal

If undelivered, please return to:

**Karnataka Posts and
Telecommunications
Pensioners' Association (R)
165, 4th Main, 3rd Block, 3rd Stage,
Basaveshwaranagar,
Bengaluru-560 079.**

Edited, Printed and Published by **Sri N. Bhaskaran** for and on behalf of **Karnataka P & T Pensioners' Association**, 1397, 23rd Main, Banashankari II Stage, Bangalore-560 070 and Printed at: **Omkar Hi-Prints**, No. 24, I Cross, I Main, Tata Silk Farm, Basavanagudi, Bangalore-4. Ph.: 9480184985