



Monthly Journal of
**KARNATAKA POSTS AND TELECOMMUNICATIONS
PENSIONERS' ASSOCIATION (R)**

(KSR Act 1960, REG. No. 1069/98-99)
(FORMERLY RMS PENSIONERS' ASSOCIATION)

Registered as "A Wholly Charitable Trust" U/S 12A of I.T. Act 1961

Registered Office: Pensioners' Bhavan, Telecom Layout, Srirampura Phase II Bengaluru-560064

Working Office: # 165, 4th Main, 3rd Block, 3rd Stage, Basaveshwaranagar, Bengaluru-560 079 Phone: 23230545

e-mail: pensionersbhavan@gmail.com Website : www.kptpa.org

G. Babu President, Ph.: 23220355, 94480 40355	N. Nagalakshmi Vice President Mob: 9448331325	K.B. Krishna Rao Secretary, Ph.: 23230545, 7090151944	V. Murugan Joint Secretary Mob : 9902020537	K.R. Anantha Ramu Treasurer Mob : 9448477129
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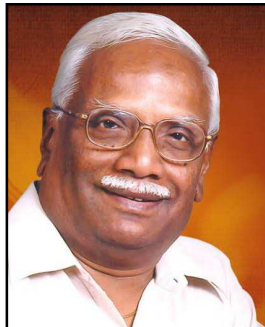
29TH ANNUAL GENERAL BODY MEETING

Saturday the 3rd August, 2024 at 09.30 am.

Venue: NGO Hall, Cubbon Park, K.R. Circle,

Opp. MS Buildings, Bengaluru 560001

Chief Guest:



Dr C R Chandrashekar

Dr C R Chandrashekar, popularly known as the 'People's Psychiatrist' is a renowned psychiatrist and a philanthropist. Dr CRC, through "Samadhana Counselling Trust Centre" a Non-profit Organisation, established by him in 2007, offers free counselling services to individuals facing mental health challenges. In recognition of his invaluable services to the humanity, Government of India, has conferred on him the prestigious Civilian Award 'PadmaShri'- 2024.

Membership of Karnataka P&T Pensioners' Association – Reaches a Milestone

The Executive Committee of the Association is delighted to inform all that the membership of the Association has crossed the 3,500 mark and has reached 3,513 on 20th May, 2024. The EC places on record the invaluable services extended by Sri . V Shahshidhara, Convener Shivamogga Postal Pensioners Association, Sri S Rajashekara , Retd. Dy Director , PTC Mysuru, Sri BT Chandrasekhara, APM (Accounts)Retd. Davanagere, Sri M B Shivalingaiah, APM (Accounts), Sri K Anand, MMS, BG, Sri C Ramakrishna Reddy, Postmaster (Retd.) Sri M Ramakrishna, RMS, Sri A Deepak, Retd APM in enrolling members to the Association by conducting Postal Pensioners' meets at places like Shivamogga, Mysuru, Channapatna, Kolar, Chikkaballapur etc.

The initiative taken by Smt. N Nagalakshmi, Vice-President , KPTPA in enlisting the services of many pensioners known to her for enrolling pensioners as members of KPTPA was chiefly the cause for the number to cross 3,500 in a short period.

The EC profusely thanks them all. The EC appeals to the members of the Association to help it by enrolling their friends, relatives and former colleagues, who are Central Government Pensioners, (Including Railways, Defence Civilians and Autonomous bodies) to the membership of KPTPA to strengthen the Association further in its resolve to extend better services to the Pensioners Community

RENEWAL OF SUBSCRIPTION FOR THE JOURNAL “PENSIONERS’ CHAMPION”

We earnestly request Members/Subscribers who have not yet renewed their subscription for the year 2023-24 (July 2023 to June 2024) to renew now. Amount of subscription- Members - Rs.180/- Subscribers- Rs.240/-per year. Amount may be credited to the association's Bank Account No. 36418697411 IFSC: SBIN 0009045- SBI NTI Layout Branch, Vidyananyapura, Bengaluru 560097. Account Holder: Karnataka P&T Pensioners' Association. May also be paid online through Google Pay/Phone Pay/ to our new Mobile Number 9141090249

Transfer / Credit of amounts to the Association's Bank Account:

SUBSCRIPTION For Journal Pensioners' Champion

Name of the Account Holder : **Karnataka P&T Pensioners' Association**

Bank: **State Bank of India (SBI)** Branch: NTI Layout Branch, Vidyananyapura, Bengaluru

Current Account No. **36418697411** / IFSC: **SBIN 0009045**

**Now Subscription for the Journal and Donations to the Association
can be paid through Google Pay/ Phone Pay and also by scanning
the QR code. Google Pay/ Phone Pay to: Mobile:9141090249**

Sri G Babu, President KPTPA turns 80 – honoured



Sri G Babu honoured by KP&TPA

Shri G Babu, President of the Association attained 80 years on 10.05.2024. The Executive Committee of the Association and the Representatives of the Coordination Committee of Central Government Pensioners Associations Karnataka honoured him in the monthly EC meeting held on 11.05.2024 at the Party Hall, Hotel Shanthi Sagar, Basaveshwaranagar, Bengaluru 560079.

Shri M.Ramiah, Ex-vice president and Permanent Advisor to KPTPA, Sri S Radhakrishna, General Secretary and Sri T V Suryaprash, Joint General Secretary, CCCGPA, Sri B L Channappa & Sri V Gopal former EC Members KPTPA and Sri N R Anantha graced the occasion with other members of the EC .



Sri G Babu honoured by CCCGPA-KARNATAKA

Secretary, K B Krishna Rao said that it is a privilege of the association to honour Sri Babu on his attaining 80 years. His birthday was celebrated by lighting the lamps. Sri Ramiah, Smt Nagalakshmi, Sri Radhakrishna, Sri Krishna Rao and Sri T.V.Suryaprakash Joined Sri Babu in lighting the lamp. Sri Babu was honored by CCCGPA Karnataka and KPTPA by presenting him with Garlands, Shawls and fruit baskets.

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Sri G Babu, President KPTPA turns 80 – honoured

On behalf of the entire gathering the Secretary wished him a long and healthy life.

Sri G.Babu recalled his association with veterans like Sri Bhaskaran, the Late Raghothaman in the trade union activities and also in other social activities. He said that he got a lot of inspiration from such senior leaders and worked in the union and co- operative movement in various capacities. He assured to continue his services to the society as long as his physical strength permits him.

Sri Radhakrishna reminiscing the days when Babu and himself were active in Central Employees Trade Union Movement spoke about the contribution of Sri Babu in strengthening the movement in the state of Karnataka and his help in conducting many conferences.

Sri Ramiah speaking on this occasion said the association cannot forget the help extended by Babu in getting a site and construction of Pensioners Bhavan. He said that the association is moving in a right direction under his Presidentship.

Central Pension Accounting Office (CPAO) develops Mobile APP “DIRGHAYU”

For Central Civil Pensioners/Family Pensioners (Other than Pensioners of Department of Posts, Telecommunications, Railways and Defence)

The Central Pension Accounting Office (CPAO) has developed an in-house mobile application, (Mobile APP)“DIRGHAYU” for the use of Central Civil Pensioner/Family Pensioners. One of the main features of the DIRGHAYU app is that pensioners can now view the last 24 detailed pension payment transactions along with its breakup.

DIRGHAYU is a mobile app developed by CPAO for pensioners to view their pension profile, orders, transactions, help requests and feedback. Pensioners can register with PPO number, date of birth and date of retirement/ death.

Pensioners and their families can register on the DIRGHAYU mobile app by entering their PPO no., date of birth, and retirement date (or date of death, in case of a family pensioner).

Privacy: App is protected from unauthorized access, tampering, modification of data. Read only mode: Ensures that app is used for displaying information only.

DIRGHAYU Mobile App has following features as per an Office Memorandum issued by the Department of Expenditure on March 8, 2024: Online registration of pensioners on the basis of PPO. Date of Birth and date of Retirement. It gives the personal and retirement benefits details mentioned in the PPO. Pensioners can utilise the DIRGHAYU Pensioners' Mobile App developed by CPAO to access a range of services. Pensioners and their families can register on the DIRGHAYU mobile app by entering their PPO number, date of birth, and retirement date (or date of death, if they are a family pensioner).

OBITUARY

Sri K Sreeram Murthy, LM 1829 Retd.DGM (FA) O/o G M Central , BSNL BG TD, expired on 4-4-2024 at the age of 76 years.

Sri K Mahadevappa, LM 1351, Retd. LSG SPM Shivamogga Postal Dn, expired on 2-5-2024 at the age of 87 years. He was a veteran Postal Trade union leader of NFPE and held many positions in Shivamogga Postal Division Union.

The EC of KP&TPA conveys its heartfelt condolences to the members of the bereaved families.

NOTIONAL INCREMENT FOR RETIREMENT BENEFITS TO PENSIONERS WHO HAVE RETIRED ON 30TH JUNE

CPMG Karnataka Circle, vide letter dated 3.5.2024, in reply to our letter on the subject dated 23.4.2024 (printed in our journal April 24 issue - pages 2,3&4) ,has replied that ***“as cases are pending before the Hon’ble CAT Bengaluru and the Hon’ble High Court of Karnataka and as in some cases, stay has been granted by the High Court, the matter will be taken up with the Postal Directorate once when the issue reaches legal finality.***

In view of the reply received from the Circle Office, our Association has written to Sri Vineeth Pandey , Secretary, Department of Posts requesting for his personal intervention in the matter.

The letter, which is self explanatory, is reproduced below for information of the concerned members.

No. KPTPA/Pen/2024 dated at Bengaluru the 18-05-2024

To
Shri Vineeth Pandey
 Secretary, Department of Posts
 Dak Bhawan, Sansad Marg,
 New Delhi - 110 001

Respected Sir,

Subject: Grant of Notional Increment for Pensionary benefits to those Pensioners who had retired on 30th June/31st December—implementation of the orders of the Central Administrative Tribunal (CAT) Bengaluru by Karnataka Circle on a par with other Postal Circles in the country

After implementation of the recommendations of the 6th Central Pay Commission from 1.1.2006, the date of increment was changed to a system of granting

the increment to all from 1st July.

The 7th CPC prescribed 2 dates for increment viz. 1st January and 1st July. Pensioners who retired /retire on 30th June or 31st December after rendering one year service from the date of drawal of their last/previous increment are denied the increment due to them on 1st July/1st January, which they would have earned but for their retirement on 30th June/31st December

2. Applications filed by the following pensioners of Karnataka Circle, Members of Karnataka P&T Pensioners Association, who had retired on 30-6-2009, before the Central Administrative Tribunal (CAT) Bangalore praying for grant of increment for pensionary benefits have been allowed by the CAT.

Sl No.	Name of the Pensioner Designation & Office from which retired	Date of Retirement	CAT Bengaluru O A Number and date of Order and Writ petition – High Court ,Karnataka
1	R Kanagarajan, SSPOs (Retd)Kolar Dn, Kolar	30-06-2009	OA No.170/00165/2019 dated 17-12-2029 WP No. 2455/2021/S-CAT
2	C Ramakrishna Reddy, SPM HSG-I(Retd), Vijayanagar P O Blore	30-06-2009	OA No.170/00059/2029 dated 13-11-2019. Writ Petition No.2051/2021 (S-CAT)-

3. Civil Appeal No.2471 of 2023 filed by the Administrator & HR of Karnataka Power Transmission Corporation Ltd. (KPTCL), in the Hon'ble Supreme Court against the order of the Division Bench of the Hon'ble High Court Karnataka was dismissed by the Supreme Court on 11.4.2023 directing the appellant to grant one annual increment to the respective employees earned by them on the last day of their service by rendering their services preceding one year from the date of retirement with good behaviour as allowed by the Division Bench of the Karnataka High Court. Further, the Hon'ble High Court of Karnataka, Dharwad Bench, in its Order on 22/10.2020 in WP No.146967 of 2020 (S-CAT), rejected the writ petition filed by the Ministry of Railways against the order of CAT, Bengaluru.

4. In yet another order, the Hon'ble Supreme Court on 19.5.2023, while disposing the Special Leave Petition No.4722/2021 (arising out of impugned final judgment and order dated 22.10.2020 in W.P.No.146967/2020 passed by the High Court of Karnataka Circuit Branch at Dharwad) filed by Union of India versus M. Siddaraju, Railway Pensioner, retired on 30.6.2014, referred to the judgment of the Supreme Court in Civil Appeal No.2471 of 2023 and stated as follows:

*"The issue raised in these appeals is squarely covered by a judgment rendered in Civil Appeal No.2471 of 2023 decided on 11.4.2023 titled as Director (Admn, and HR) KPTCL and others Vs. C.P. Mundinamani and others(2023). The issue being the same, the present civil appeals also stand disposed of in terms of the aforesaid judgment. **All the intervention applications are allowed and intervenors shall also be entitled to the same relief.**"*

5. In view of the fact that the SLPs and review petitions filed by the Departments of Government of India against the orders of various CATs and High Courts favouring pensioners stand disposed by the Hon'ble Supreme Court

consequent upon its order passed on 11.4.2023 in Civil Appeal No.2471 of 2023 and another order passed on 19.5.2023 in WP No.146967 of 2020, the issue regarding grant of notional increment for retirement benefits to pensioners who retired on 30th June/31st December after serving for a year after their last/ previous increment, **has attained legal finality.**

6. Consequent upon the issue under reference attaining **Legal Finality**, several Departments of the Government of India and the Indian Railways have advised the concerned Administrative heads to implement the orders of the CATs which were passed in favour of the pensioners of their Departments. To quote the latest, Directorate General, Central Public works Department, New Delhi vide its OM NO.2/3/2023-EC-IV(SC)/190-E dated 20th February 2024 has advised concerned CPWD offices in the country to implement the judgements of the CAT in respect of the officials who were parties in the matter.

7. The Department of Posts has also decided to implement the orders passed by various CATs across the country in as much:- The Department vide its latest Order No.2-29/2023-PAP dated 31-01-2024 (**copy enclosed**) has directed the Chief Postmasters General of 7 Postal Circles Viz., (1) Odisha Circle, (2) Haryana Circle, (3) Gujarat Circle, (4)U P Circle, (5) Rajasthan Circle, (6) Maharashtra Circle and (7) Punjab Circle to implement the orders of CAT benches and High Courts (listed in the order) by granting one notional increment for the pensionery benefits to the pensioners who were parties in the cases decided by the Tribunals/ High court

8. Apart from the above 7 Circles, CPMG, Tamilnadu Circle, In pursuance of Postal Directorate's order No.F No.02-16/2023-PAP dated 6-12-2023 has advised the Superintendent of Post Offices Namakkal Division and the Superintendent of Post Offices

Erode Division, vide vide C O letter No.APA/SG-1 WP176/2019 T Mani &3 Others dated 19-12-2023 to grant increment to 4 postal pensioners retired on 30-6-2008. This order was issued in implementation of the order passed by the Hon'ble High Court of Madras in WP No176/2019 in respect of the 4 Postal Pensioners.

(Copies of the orders of the Superintendent of Post Offices Namakkal Division and the Superintendent of Post Offices Erode Division referred to in Para 8 are enclosed for reference)

9. Postal Directorate vide its letter dated 24-11-2023 (**copy enclosed**) has directed the Chief Postmaster General, Maharashtra Circle, Mumbai, to implement the order of the Central Administrative Tribunal (CAT), Mumbai in OA No. 739/2018 vide which the applications of Sri Eknath Maruthi Bhong and 21 others praying for grant of increment which they would have drawn but for their retirement on 30th June, were allowed by the CAT Mumbai.

10. We understand that apart from the 2 cases mentioned in para 2 above, applications of many other similarly placed pensioners of Karnataka Circle praying for grant of increment for pensionery benefits have been allowed by the CAT Bengaluru and are pending implementation for several years. We are also given to understand that Writ Petitions filed by the Department before the Hon'ble High Court of Karnataka are pending disposal.

11. We requested the Chief Postmaster General, Karnataka Circle vide our letter 23-4-2024 kindly to consider withdrawal of the Writ Petitions WP No. 2455/2021/S-CAT and Writ Petition No.2051/2021 (S-CAT) pending before the Hon'ble High Court of Karnataka to facilitate implementation of the orders of the Hon'ble C A T Bengaluru by which the applications of the pensioners of Karnataka Circle for grant of increment were allowed by

the CAT but are pending implementation.

12. In response to our letter cited above, C P M G Bengaluru vide letter no. LC/2-80/2020 dated 3-5-2024 has informed us that ***“cases are pending before the Hon'ble CAT Bengaluru and Hon'ble High Court of Karnataka and in some cases stay has been granted for CAT orders & once the legal finality is reached the matter will be referred to the Directorate for further suitable action”***

13. Respected Sir, We are, therefore, constrained to bring this matter to your kind notice seeking your personal intervention in the matter with a request to view the issue in its entirety, call for details of all such cases in Karnataka Circle and to consider passing necessary order for immediate implementation of the orders of CAT Bengaluru in respect of all the pensioners of the Circle whose applications for grant of increment for pensionery benefits have been allowed by the CAT Bengaluru. CPMG Karnataka, may perhaps be advised to withdraw the Writ Petitions pending before the Hon'ble High Court to pave the way for implementation of the orders of the CAT. Such an order passed by the Directorate will surely render justice to the pensioners of Karnataka Circle also on a par with the pensioners of other 8 Circles in the country whose cases have now been settled to their satisfaction with the kind intervention of the Directorate.

We earnestly look forward for a favourable decision being taken in the matter at the earliest by your kind self.

Thanking you Sir

Yours faithfully,

Sd/- **K B Krishna Rao**
Secretary, KP&TPA
Bangalore

Encl.:
Orders referred to in Paras 7, 8 & 9

CGHS Bengaluru

CGHS EMPANELLED PRIVATE HEALTH CARE ORGANISATIONS – APRIL2024		
	Name of the Hospital Address and Telephone No	Nodal Officer with contact number
General & Multispecialty Hospitals		
1	Fortis Hospitals Limited No 14, Cunningham Road Bangalore - 560052. 080-41994498/080- 41994649	Anirban Rony :8892903093 Mahesh Babu :9845403963,
2	Sagar Hospitals Banshankari – DSI Shavige Malleshwara hills Kumaraswamy Layout Banashankari, Bangalore 560078. 080-4299 9999	Vikram :9591991812, C Shankari :9591996487
3	Sagar Hospitals Jayanagar 44/54 30th cross, Thilak Nagar, Jayanagar Bangalore- 560041 080-26536700-08	Deepak Anthony 9880051685 Satyanarayana 9591991882
4	Sri Shankara Cancer Hospital & Research Centre 1st Cross, Shankarapuram, Basvangudi, Bengaluru- 560004. 080- 26981065	Raghavendra - 9535074408 Chandrashekar -9449659532
5	Vydehi Institute of Medical Science & Research Centre #82, EPIP Area, Whitefield, Bangalore 560066. 080-28413381/82/83	Nazia Anjum- 8861107644 Manjunatha KS- 9741610357
6	HealthCare Global Enterprises Ltd. No.8, HCG Towers, P. Kalinga Rao Road, Sampangiram Nagar, Bangalore- 560027 080-40206000, 08040206065, 934130 7646	Pavan Kumar - 7019246199 Swetha - 7406688990
7	P D Hinduja Sindhi Hospital No 12th A cross, sindhi Hospital Road, Sampangiramnagar. Bangalore 560027. Ph : 080-49030303	Jyothi K.M - 8884458691 Anitha Bai.S.P - 8884458690
8	M S Ramaiah Memorial Hospital MSRIT Post, MSR Nagar, Bengaluru- 560054 Ph: 080-23608888, 08023609999	Mr. Balaji K: 9731883212 Vishwanath C : 9916900082
9	Fortis Hospitals Limited No. 154/9, Opp. IIMB Bannerghatta Road, Bengaluru-560076 Ph: 080-66214444	Ravi Kuamr - 9980411377

10	J S S Hospital M.G. Road, Mysuru - 570 004	Jagadish K B :7022032830 Dr. Sandeep 9844338144
11	Aster RV Hospital CA-37, 24th Main, 1st Phase, J.P. Nagar, Bengaluru - 560 078	Dr. Dalon Fernandes :9731904141 Santhosh Shetty :6366225015
12	M S Ramaiah Hospital (Formerly M S Ramaiah Medical Teaching Hospital) S R Nagar, M S R I T Post, Bengaluru - 560 054	Dr. Lakshminarayana P S: 8884412753 Guruprasad Y K :8861553606
13	HealthCare Global Enterprises Ltd No.44-45/2, II Cross, RRMR Extn, Srinivasa Colony, Bengaluru - 560 027 Ph: +91 8061306494	Mr. Jodhraj :6358888802 H R Girish :9845646206
Eye Care Units		
14	Abhishek Nethradhama #HIG 2024, 3rd cross, 'B' sector, opposite to National Public School, ICICI Bank Road, Near SBI, Yelahanka New town, Bengaluru- 560064. Ph: 080-40933219	M.G. Keerthi :9442919609, Sri Kantha B C :9901509085
15	Bangalore Nethralaya #946, 21st Main, Near BDA Complex, Banashankari 2nd Stage, Bangalore 560070 Ph no. 080-65375566	G Krishna Prasad - 9632662012 Smitha G -9483831370
16	Bangalore West Lions Super Speciality Eye Hospital , No. 5 Lions Eye Hospital Road, (Off J C Road) Bangalore 560002 Ph no 080-22121255	Dr. Mamatha B -9342103906 Dr. Ramadevi K S -9880473389
17	Devi Super Speciality Eye Hospital Pvt Ltd., #434,18th Main, 80Feet Road, 6th Block, Koramangala Banagalore-560095, 080-25535514	Bharathi G Mohan 9880570094 Tulasi - 7259175326
18	Dr Agarwals Eye Hospital Bannerghatta Road, No 10 N S Palya ,Kaveriappa Industrial Area, Bannerghatta Road, Bangalore-560076, Ph no. 080- 26784012	Dheeraj E T - 7338811880 Sethuramasamy - 7829703550

19	Dr. Agarwal's Eye Hospital Yelahanka No. 2557 HIG, 16th B Cross Road, 3rd Stage, Yelahanka New Town, Bangalore - 560064. Ph no 08028461225	Dr. Ravi Dorairaj -8884477929 Dheeraj ET -7338811880
20	Karthik Netralaya Institute of Ophthalmology Pvt Ltd , 89, 6th Cross, AshokNagar, BSK Ist Stage, Bangalore - 560 050, Ph : 2667 4399	Avina Lloyd- 8618800895 Sunitha -8546863757
21	Narayana Netralaya-1 121/C, Chord Road, Rajajinagar, 1st R Block, Bangalore-560 010 Ph No.080-66121428	Raghu V - 9845635262 Uma S -7022354515
22	Narayana Netralaya-2 # 258/A, Bommasandra, Narayana Health City, Bangalore -560 099. Ph No. 080 -6666 0707	Shahnaz - 9880965390 Narendra . P - 9900093498
23	Nethradhama Super speciality Eye Hospital, Indiranagar 29, 80ft Road, HAL 3rd stage, Indiranagar, Bangalore- 560075. Ph no.080- 43332555	Dr. Harsha - 8197351609 Sheryl- 9535149216
24	Nethradhama Super speciality Eye Hospital Rajajinagar # 30,19th Main Road, Near Navarang Circle, , Rajajinagar, Bangalore - 560010 Ph No. 080-43334111, 99728 53918	Vadiraj. H.S - 9449003770
25	Nethradhama Super Speciality Eye Hosptal - Jayanagar, No.256/14, Kanakapura Main Rd., Jayanagar 7th Block, Bangalore 560082, Ph No. 080-26088000	Vadiraj.H.S - 9449003770, Sahana - 9845594735
26	Netra Enterprise Prabha Eye Clinic #504, 40th Cross, 8th Block, Jayanagar, Bangalore - 560070 Ph No: 080-22444131	G Varun Kumar - 8105616002 Parvathi - 9742987322

27	Retina Institute of Karnataka #122, 5th Main Road, Chamarajpet, Bengaluru- 560018. Ph No. 080-22410106	P Satish Kumar - 9361909425 Prabakaran - 9597177013
28	Samprathi Eye Hospital & Squint Centre #111/3, Railway Parallel Road, Kumara Park West, Bengaluru - 560020 Ph No. 080-23367544	Mahadevaiah - 9686848478 Venkatachalam V - 8970935713
29	Shekar Eye Hospital No.33, 100 ft Ring Road, JP Nagar 3rd Phase, Bengaluru - 560078. Tel:- 080 26593210	Manjunath -9148147178 Swapna - 9148147179
30	The Eye Foundation #79/5, Outer Ring Road, (Diagnolly Opp. To Bellandur Central Mall), Bellandur , Bangalore - 560103. Ph: 080 49422000	Dr. Adarsh Naik -9972033005 Surya Prakash -9361909410
31	Vittala International Institute of Ophthalmology, #1, 2nd Cross, 2nd Main, 7th Block, Hosakerehalli, Banashankari 3rd Stage, Bangalore 560085. Ph: 080-26722214 / 08026722214	Suma Manjunath - 8971478466 Dr. Vandana Sayra, Medical Superintendent 9686231264
32	Narayana Nethralaya- 4 No. 63, Next to Royal, Meenakshi Mall, Bannerghatta Road, , Hulimavu, Bengaluru - 560076	Guru Shankar Murthy - 9513901301 Divya Vijaykumar- 7019288980
33	Dr.Solanki Eye Hospital Pvt Ltd, 191/1, 2nd Cross, Link road, Malleshwaram, Bangalore 560003. 080 23562211 / 99, 9591638909	Dr.Priyanka Solanki- 9538073356 Deepa S - 7349433181
34	Dr. Agarwals Eye Hospital, No. 1792, Ward No.18, Adichunchanagiri Road, Near Kaveri School, Kuvempunagar, Mysore- 570 023	Dr. Dinesh Kumar- 8884477945 Devaraj- 77660011161
35	ASG Hospital Pvt Ltd - Mysuru, No. 861, CH-3, Narayana Shastri Road, Mysuru	Vijayan Francis- 9600232356 Pradeep Prashad- 7849832991
36	Nethradhama Hospitals Pvt Ltd No. 1118, Geetha Road, Chamarajapuram, Mysuru - 570 05	Dr. Chethan Anand 990241213

37	Naryana Nethralaya - Unit 3, No.1/1, 1st Main Road, Defence Colony, 100 Feet Road, Binnamangala Layout, Indira Nagar ,Bangalore-560038	Ms. Shylaja A-9731198382 Ms. Sharmila P-7618734488
Diagnostic Centres		
38	Chanre Diagnostic Laboratory, # 121 /1, 3rd main between 10th & 11th Cross, Margosa Road, Malleswaram, Bangalore - 560003 Ph no. 080-40810611	Raja V -9686197151 Arul M -7349214572
39	RV Metropolis and Diagnostic and Health Care Centre Pvt Ltd, # 7&21, 10th Cross, Yellappa Garden, Malleswaram, Bangalore-560003, Ph no.080- 33993939	Nataraj- 9901881118 Suresh - 9880159352
40	APOORVA DIAGNOSTIC & HEALTH CARE (A unit of Vittals Medicare Pvt Ltd), No.190, 6th Main, Defence Colony, Indiranagar, Bengaluru - 560 038	Sudhakar -7353755707 Sridhar Kadambi- 9886520100
41	Aarthi Scans & Labs, No.156, 9th Main, 3rd Block, Jayanagar, Bengaluru - 560 011	Lakshmi Narasimha N- 9150743330 Karthikeyan B- 9066037011
42	Neuberg Diagnostics Pvt. Ltd, Anand Tower, No.54, Bowring Hospital Road, Shivajinagar, Bengaluru-560001	Mrs. Aishwarya Vasudevan- 7624980743- Ms. Uma-7829166111 Mohammed Fahad- 9886111152
Dental Care Units		
43	Smiles Dental Care, #74/2, Above Nagendra Medicals, Nagavarpalya Main Road, C.V.Raman Nagar, Bangalore 560093 Ph No 080-64557113	Prasad V.K. - 9035350000 Dr. Anjali Nair - 9241177880
44	Dental Health Clinic, 150, 5th Cross, Koramangala, 5th Block, Next to Juice Junction, Bengaluru 560095 9845101056	Mrs. Mary - 9845101056 Mrs. Hema Prasad - 9845101056
45	Aesthetic Dental Clinic, #54/3- 2,Veeranapalya Outer Ring Road, Arebic College Post, Bengaluru 560045	Dr. Sunny Soni - 9742663730, Dr. Pratima Krishnamurthy- 6360242465

46	Prosmiles Dental , No.2, I & II Floor, CMH Road, Near KFC, Indiranagar, Bengaluru - 560 038	Prasad V K - 9035350000 Dr. Anjali Nair- 9241177880
47	Smiles Dental Specialities, No.44/1, Opp. to Indian Overseas Bank, M M Road, Pulikeshi Nagar, Frazer Town, Bengaluru - 560 05	Prasad V K- 9035350000 Dr. Anjali Nair- 9241177880
48	Metro Dental Lounge # 43/39, II Cross, Promenande Road, Sindhi Colony, Frazer Town, Bengaluru - 560 005	Dr. Abdul Bari - 7019486746 Dr. Mohammed Yusuff - 8892526303
49	Lalitha Dental Speciality Centre No. 511/47, Sree Niketana, 8th Cross, 7th Block, West of Kanakapura Road, Opp: Nethradhama Eye Hospital, Jayanagar, Bengaluru - 570 070	Dr. Smitha M S- 9740980373 Dr. Preethi A S- 9986861440
Ayurvedic HCOs		
50	AyurVAID Hospital (A division of Kerala First Health Services Pvt. LTD, 230 Amar Jyothi layout, Off Intermediate Ring Road, Domlur Extension, Bangalore - 560071	Manjunath R- 9980164160 Dr. Azhar- 7022011301
51	AyurVAID Hospital 1B, 3rd Main, Hoysala Nagar, Ramamurthy Nagar Extn. Bangalore-560016 Ph: No. 08064531111	Manjunath R -9980164160 Nilima Mahato -8123070750
52	Sri Sri College of Ayurvedic Science And Research Hospital, O.B.Chudhahalli, Udayapura, Kanakapura Main Road, Bangalore- 560082	insurance@ssach.org

Donation for the Building Fund - 90th List April-May 2024

SI No.	Name Sri / Smt.	Membership No.	Amount Rs.	Receipt No.	Progressive Total of donation
1690	S.M.Vittala Rao	LM 48	5000	6154	181700
1691	H.S.Krishnamurthy Rao (S.K.Shylaja)	LM 99	5000	6161	15000
1692	Chickmagalur P&T Pensioners Assn		2000	6155	
1693	K.Devanathan	LM 2179	1320	6138	12680

List of donations received up to 31-03-2024 has been uploaded to the website of the association 'ktpa.org'. Donors are requested to visit the website and check-up whether their names have been correctly mentioned and the amount donated has been correctly indicated in the list. Discrepancies, if any, may please be informed to the Secretary on Phone: 080 23230545 or Mobile: 9483467750

Donation to Association-for Educational Purposes

SI No.	Name Sri / Smt.	Membership No.	Amount Rs.	Receipt No.	Progressive Total of donation
1	H.S.Krishnamurthy Rao (S.K.Shylaja)	LM 99	10000	6161	20000

ALL INDIA CONSUMER PRICE INDEX

Month	CPI Base 2016=100	CPI base 2001=100	12 Months total	Monthly average	7th CPC	DR due
					% increase over 261.42	
June 2023	136.4	136.4X2.88= 393	4587	382.25	46.22	46% from July, 2023
Jan. 2024	138.9	138.9 X2.88= 400	4732	394.33	50.84	50% from January 2024

* Linking factor for conversion of the index numbers of 2016 base year to 2001 base year: 2.88.

BSNL IDA

IDA from 1.10.2023-215.6% (10% increase over July 2023 rate of 205.6%)

IDA from 1.1.2024- 215.4% (0.20% decrease over October 2023 rate of 215.6%)

Note: ALL INDIA CONSUMER PRICE INDEX points for February 2024 & March 2024 have not yet been published by the Dept of labour & Employment. Therefore CDA /DR due from Feb 2024/ March 2024 and the IDA due from 1-4-2024 could not be computed and published in this journal.

Subscription received for Pensioners' Champion During March-April 2024

Rs. 100/- Smt./Sri	Rs. 180/- Smt./Sri	Rs. 200/- to 240/- Smt./Sri	Rs. 540/- Smt./Sri
S-365 Paramasivan	2558 B.S.Satyanarayana	S-272 D V Sathyanarayana	1384 Nagarathamma
Rs. 180/- Smt./Sri	2674 C.S.Shyamasundar	Rs. 300 to 360/- Smt./Sri	3164 G.D.Bhat
231 N.R.Ramanna	Rs. 200/- to 240/- Smt./Sri	3176 M.N.Reddy 300	Rs. 720/- Smt./Sri
1222 G.T.Sampathkumar Achar	2718 B.Surendra Naik	2813 N.Srikanta Karaba 360	1782 Dheerendra Jaya Rao
1348 K.R.Rajendran	3069 D.B.Krishna	2972 R.Gopalakrishnaiah 360	Rs. 900/- Smt./Sri
2179 K.Devanathan	3274 P.Damodhara Bhat	3306 Ananthashayana Bhat 360	1434 B.Rajasekhar
2482 N K Subramanian	599 G.Shanmugha Vadivelu		
	3065 K.Jayakumar		

Restoration of Commuted portion of pension after 12 years instead of the existing 15 years – An update

The Hon'ble High Court of Punjab and Haryana on 9.2.2024 has stayed further deduction of commutation from the pension of Sri Ram Swaroop Jindal, a pensioner of the State Govt of Punjab. This news is being widely circulated in Social Media interpreting that the order of the High Court is applicable to all pensioners and advising pensioners to claim refund if commutation is being deducted from their pension beyond 128 months.

But the Writ Petition CWP No 2490/2024 was filed by Sri Ram Saroop Jindal, a pensioner of the Govt of Punjab against the State of Punjab and others before the Hon'ble Punjab and Haryana High Court with a prayer to restore the commuted portion of pension after 10 years and 08 months (128 months) instead of 15 years (180 months) as the recovery of Commuted portion of pension along with interest thereon at the prescribed rate of 08% per annum stands fully recovered in 128 months. The Hon'ble High court, while issuing the notices to the concerned, has passed an order stating that **"further recovery shall remain Stayed."**

The case is yet to be heard by the Hon'ble High Court on its merits and an order passed. Even if it is decided in favour of the petitioner at a later date, the judgement will be applicable to the Pensioners of the Government of the State of Punjab only if the State Govt decides to implement the order.

However, the order will not be applicable to Central Govt. Pensioners. Many Pensioners' Associations including KP&TPA have been consistently demanding reduction of the number of years of deduction of commutation from the existing 15 years to 12 years.

This item was notified for inclusion in the Agenda Items for discussion in the 28th meeting of SCOVA held on 27-06-2016 by KP&TPA furnishing calculations thereon to bring home the point that the commuted value of pension (CVP) paid is recovered with interest @ 8% in 10.906 years (Principal : 8.194 years Interest : 2.712 years : Total : 10.906 years). It was also pointed out that the deduction of commutation from pension continues for a further period of 4.094 years even after recovery of the CVP with interest in full and therefore it calls for reduction of the number of years of deduction from 15 years to at least 12 years.

This item was discussed in the 62nd meeting of the Standing Committee of National Council (JCM) held on 15.12.2023 under the Chairmanship of Additional Secretary (PP). The staff side demanded for restoration of the commuted portion of pension after 12 years of service. The Department of Pension & PW informed that a proposal for reduction in restoration period of commutation was referred to the Department of Expenditure. However, the Dept of Expenditure returned the proposal stating it to be premature. DS, D/o Expenditure clarified that they had received a proposal from the Department of P&PW proposing that the matter relating to reduction in the restoration period for commuted pension may be referred to the next Central Pay Commission. As the Pay Commission has not yet been constituted, the proposal was returned. It was decided that the Department of Pension & PW may consider sending a fresh proposal to the Department of Expenditure. If required, the Dept of Expenditure may convene a meeting with the Staff Side.

Government of Gujarat vide its Resolution dated 12-10-2022 has ordered reduction of the number of years of recovery of the commutation amount from 15 years to 13 years from Oct' 22.

COC Karnataka and CCCGPA Karnataka are pursuing the matter further with the Government

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We Welcome the Following Newly Enrolled Members

Sl.No.	Name (Smt./Sri)	Designation & Office in which last worked	Type & No.
1	J.Prabhu	MTS, Bengaluru City RMS, Bengaluru	LM 3494
2	Manmatha Rao Chavan	MTS, Bengaluru City RMS, Bengaluru	LM 3495
3	M.Kodandarama	Sorting Postman, Yelahanka Post Office, Bengaluru	LM 3496
4	R.Loksha	MTS, RMS 'Q' Division, Birur	LM 3497
5	Basavaraj.M.Yawagal	Deputy Postmaster, Davanagere Head Post Office, Davanagere	LM 3498
6	S.D.Jayachar	Supervisor, SBCO, Davanagere Head Post Office, Davanagere	LM 3499
7	Prabha.R.Rao	BCR Postal Assistant, Davanagere Head Post Office, Davanagere	LM 3500
8	N.M.Bangali	Postmaster Grade I, Honnali Sub Post Office Davanagere	LM 3501
9	M.N.Lalitha	Head Postmaster, HSG I, Chitradurga Head Post Office	LM 3502
10	B.K.Sumangala	Postal Assistant, Davanagere Head Post Office, Davanagere	LM 3503
11	S.S.Sanganalmath	Assistant Sub Postmaster, Harihar MDG Post Office, Harihar	LM 3504
12	Totappa	Public Relations Inspector(P), Davanagere Head Post Office	LM 3505
13	A.N.Ajjappa	Section Supervisor, Davanagere Head Post Office, Davanagere	LM 3506
14	Shaik Buden	LSG Supervisor, Davanagere Head Post Office, Davanagere	LM 3507
15	R.Rajeshwari	Postal Assistant, Davanagere Head Post Office, Davanagere	LM 3508
16	Somashekar	Assistant Postmaster, Shivamogga Head Post Office, Shivamogga	LM 3509
17	K.G.Krishna Murthy	Postmaster, Shivamogga Head Post Office, Shivamogga	LM 3510
18	Bhojaraj	Postman, Shivamogga Head Post Office, Shivamogga	LM 3511
19	H.R.Eshwarappa	Sorting Postman, Shivamogga Head Post Office, Shivamogga	LM 3512
20	T.K.Gopal	Postmaster, Shivamogga Head Post Office, Shivamogga	LM 3513

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