



Monthly Journal of
KARNATAKA POSTS AND TELECOMMUNICATIONS
PENSIONERS' ASSOCIATION (R)

(KSR Act 1960, REG. No. 1069/98-99)
(FORMERLY RMS PENSIONERS' ASSOCIATION)

Registered as "A Wholly Charitable Trust" U/S 12A of I.T. Act 1961

Registered Office: Pensioners' Bhavan, Telecom Layout, Srirampura Phase II Bengaluru-560064

Working Office: # 165, 4th Main, 3rd Block, 3rd Stage, Basaveshwaranagar, Bengaluru-560 079 Phone: 23230545

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Website : www.kptpa.org

G. Babu President, Ph.: 23220355, 94480 40355	N. Nagalakshmi Vice President Mob: 9448331325	K.B. Krishna Rao Secretary, Ph.: 23230545, 7090151944	V. Murugan Joint Secretary Mob : 9902020537	K.R. Anantha Ramu Treasurer Mob : 9448477129
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VOLUME XXIV

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MAY 2023

Annual Subscription : Members- Rs. 180/- Others - Rs. 240/- Single Copy - Rs. 20/-

**28TH ANNUAL GENERAL BODY MEETING
of the Association**

Saturday the 12th August, 2023 at 9-30 a.m.

Venue:

NGO's Hall

Karnataka State Govt. Employees' Association

Cubbon Park, Bengaluru 560001.

(Opposite MS Buildings - K.R. Circle)

**Chief Guest: The Hon'ble Mr. Justice (Retd.) H.N. Nagamohan Das,
Former Judge, High Court of Karnataka.**

List of Members aged 75 & above to be felicitated in the AGB: pages-10-11

- Annual report for the year 2022-23, Audited Annual Accounts for 2022-2023: Will be published in June 2023 issue of the journal.
- All Life Members of the Association, Associate Life Members, Subscribers to Pensioners' Champion and Well Wishers are requested to attend the meeting and be present at the venue at 9-00 a.m. sharp.

Donation for the building fund of the Association
Generous contribution by Shri M. Ramiah

Shri M. Ramiah, former Vice- President and Permanent Advisor to Karnataka P&T Pensioners' Association, donated Rs.30,850/- on 11-05-2023. With this, his total donation increased to Rs.2,02,020/- (Rs. Two Lakh, Two thousand and Twenty).

Shri M. Ramiah is the first member of the association to donate more than Rs. 2,00,000

The Executive Committee, KP&TPA acknowledges and highly appreciates his generous contribution and extends its grateful thanks to Shri M. Ramiah, one of the founders of the association.



APPEAL FOR DONATIONS FOR THE BUILDING FUND

We appeal to our **Members who have not yet paid** their contribution to the building fund please to remit their donation. 78th list of donations is published in this issue.

New members are also requested to donate generously to the building fund

Amount may please be remitted by *crossed cheque* payable to "Karnataka P&T Pensioners' Association". Cheques may please be sent to: Sri K.R. Anantha Ramu, No 1158, 7th Main, 7th Block, HMT Layout, Vidyanarayapura, Bangalore-560097 (Mob: 9448477129) or

Preferably, be credited to the Association's Bank Account:

Name: Karnataka P&T Pensioners' Association;

Bank: State Bank of India, Branch: HMT Layout branch, Vidyanarayapura, Bangalore

Current Account No.64209078453, IFSC:SBIN 0040659

INCOME TAX EXEMPTION: 50% of the amount of donation made to K P&T PA, is eligible for deduction in the gross total Income of the assessee under Section 80-G of Income Tax Act **under the old Tax Regime**

Donation for the Building Fund - 78th List April-May 2023

SI No.	Name Sri/Smt.	Membership No.	Amount Rs.	Receipt No.	Progressive Total of donation
1629	Ramiah.M	3	30850	5477	2,02,020
1630	Bramha Deva.G.A	1753	30000	5475	1,32,500
1631	Anantha Ramu.K.R	2062	20000	5476	76,500
1632	S.K.Shylaja Rao W/o. H.S. Krishnamurthy Rao	99	4000	5478	10,000
1633	Rajagopal.M.N	3040	1001	5468	1341
1634	Devanathan.K	2179	1320	5473	10,020
1635	Prabhakara.A.R.S	2599	1000	5467	55,322

Donation to the Association for Educational Purposes

SI No.	Name Sri/Smt.	Membership No.	Amount Rs.	Receipt No.	Progressive Total of donation
1	S.K. Shylaja (W/o H.S.Krishnamurthy Rao)	99	15000	5478	
2	S.M. Vittal Rao	48	5000	5477	

News from Sister Pensioners Associations

1) Udupi District Posts and Telecommunication Pensioners' Association. Report on Celebration of Annual Day 2023

Annual Get-together was observed on Sunday, the 23rd April 2023 at Sharvani Mantapa, Kadiyali Mahishamardhini Temple, Udupi.

The Annual General Body Meeting for the members conducted at 9.30 a.m. Out of the 650 members of the Association, 250 members attended the Meeting and discussed the activities of the Association. The new office bearers for the year 2023-24 were unanimously elected. Everybody expressed their happiness about the performance of the Executive Committee of the Association. In the beginning a minute's silence was observed in memory of the members who left us during the year 2022-23.

In the open session held at 11.30 a.m., 18 members of our Association who completed 70 years were honoured with shawl and a memento. The senior most member of our Association, Sri I.S. Kunder, Retired Head Postman, Udupi, who is 94 years, was also honoured with a shawl and a memento.

Sri D.V. Padubidri, President presided over the function. Dr. Virupaksha Devarmane, M.B.B.S., DNB(Psy), Consultant Psychiatrist, and a writer, Dr. A.V. Baliga Memorial Hospital, Doddanagudde, Udupi was the Chief Guest. In his speech he gave some important thought provoking medical tips for the Senior Citizens for maintaining good health.

Sri Naveen Chandar, Senior Superintendent of Post Offices, Puttur/Udupi Division was the Guests of Honour.

(George Samuel)
Secretary

2) DRDO Pensioners Association, Bengaluru.



Annual General Body Meeting of DRDO Pensioners Welfare Association was held on 6th May, 2023 at DRDO Township. Around 220 members were present in the AGM, some along with their spouse. Shri Thangavelu, President welcomed the gathering.

Shri S.N. Ghosh, Project Director (Retd) GTRE was the Chief Guest.

A team from the Defence Pension Disbursement Office led by Smt. Bhuvaneshwari, gave detailed presentation on SPARSH, the system for Pension Administration of Defence Pensioners- a Comprehensive Pension Package, which caters to all activities of the pension cycle namely: Initiation and Sanction, Disbursement as well as Revision.

Shri Ranganathan Shankar of Vayah Vikas, a not-for-profit organisation based in Bengaluru, that is driven by the philosophy of "by the seniors, for the seniors, of the seniors" delivered a lecture focusing on the need for having a Senior Citizens Forum to care for their well-being and to address their requirements in health, legal aid and other issues.

Shri M.T. Thomas, Secretary read out the Annual report. Shri T. Desikan presented the income and expenditure statements. He explained the issues faced by Pensioners regarding CGHS, Pension, Commutation, SPARSH and grievances of Family Pensioners etc.

Shri K J Thomas, MC member proposed vote of thanks.

T. Desikan

**COORDINATION COMMITTEE OF CENTRAL GOVERNMENT
PENSIONERS ASSOCIATIONS, KARNATAKA, (R)**

No. 212 "Kaveri" 7th A Main, Hampinagar, Bengaluru 560104

K.B. Krishna Rao
President
9483467750

S. Radhakrishna
General Secretary
9448880921

O.M. Bhaskaran
Treasurer
9448519269

**Annual General Body Meeting and Silver Jubilee Celebrations
2nd August, 2023 at 10.00 a.m.**

Venue: Kaveri Auditorium,
O/o the Principal Chief Commissioner of Income Tax,
4th Floor, Central Revenue Buildings,
Queens Road, Bengaluru 560001

Chief Guest : Com K. Ragavendran, Secretary General, National Coordination Committee of Pensioners Associations (NCCPA), New Delhi and former Secretary General, National Federation of Postal Employees (NFPE) & former General Secretary, All India Postal and RMS Pensioners Association, CHQ & present President.

All the Office bearers of the affiliate Pensioners' Associations are requested to attend the Silver Jubilee celebrations.

K.B. Krishna Rao
President

S. Radhakrishna
General Secretary

CGHS

Copy of OM No. FTSNo. 8127278,5-11045/36/2012/CGHS(HEC) dated 28th April 2023 issued by Ministry of Health and Family Welfare, Directorate of CGHS, New Delhi

Extension of validity period of already empanelled Health Care Organizations(HCO) under CGHS for a period of Six months w.e.f. 1st May 2023 to 31st October 2023.

With reference to the above subject, attention is drawn to Office Memorandum dated 22nd February 2023 whereby empanelment of all existing empanelled Health Care Organizations was extended till 30th April 2023.

In this regard, it has now been decided to further extend the validity of empanelment of all Health Care Organizations (HCO's) already Empanelled under CGHS for a period of Six months w.e.f 1st May to 31st October 2023 on the same Terms, Conditions and Rates on which they were presently empanelled. However, the revised CGHS rates for Consultation fee, ICU charges and Room rent shall be applicable from 12th April as per OM No Z-15025/28/2022/CGHS/DIR/CGHS dated 12th April, 2023.

The Additional Directors, CGHS are advised to bring the contents of this letter to the notice of all empanelled HCOs.

Sd/-
Director, CGHS

Validity of CGHS Card in all CGHS Centres

The undersigned is directed to draw attention to the Order No Misc 6024/2007/CGHS(HQ)/CGHS(P) dated the 17th December 2012 and to reiterate that CGHS Card is valid at any CGHS Wellness Centre in the Country for availing CGHS benefits as per the details given under:

- i) CGHS Card is valid in any Wellness Centre in India and no additional document / attachment is required.
- ii) Medicines shall be issued for up to '3' months, in case of beneficiaries undergoing treatment for chronic illnesses.

- iii) Referral/endorsement for treatment from private HCOs empanelled under CGHS shall be issued from any CGHS Wellness centre.

Additional Directors, CGHS are advised to ensure that these guidelines are complied with by CMOs in Charge and other staff of CGHS Wellness Centres.

The contents of this order are to be brought to the notice of Members of the Local Advisory Committees/Zonal Advisory Committee.

(Dr. Manoj Jain)
Director, CGHS

Submission of Medical Reimbursement Claims (MRCs) by CGHS Pensioner beneficiaries in the city, wherein the treatment was taken

The undersigned is directed to convey the approval of Competent Authority to state that CGHS pensioner beneficiaries (principal card holders) are now permitted to submit Medical Reimbursement Claims (MRCs) to CGHS of city, where the treatment was taken.

The MRCs may be submitted to CGHS Wellness Centre / Additional Director, CGHS of city / Additional Director of concerned Zone in Delhi, as the case may be.

2. However, the option to submit the MRC at the CGHS Wellness Centre, where the card is registered shall remain unchanged.
3. The concerned Additional Director shall generate MRC ID number; process MRCs as

per CGHS rates and guidelines to make reimbursement from the CGHS city, where the MRCs have been submitted, within specified 30 days, when no special approvals are involved.

Additional Directors, CGHS shall bring the contents of this order to the notice of the CMOs in charge in the meetings and ensure strict compliance with the instructions.

4. The Additional Directors shall also bring the contents of the order to the notice of Members of Local Advisory Committees and Zonal Advisory Committees.

Dr. Manoj Jain,
Director, CGHS

LOK SABHA SECRETARIAT PARLIAMENT HOUSE NEW DELHI
THE TWENTY-FIRST REPORT (SEVENTEENTH LOK SABHA)
OF THE COMMITTEE ON ESTIMATES (2022-23) ON
‘ASSESSMENT OF VARIOUS INITIATIVES UNDER
CGHS’ OF THE MINISTRY OF HEALTH AND FAMILY WELFARE

The Twenty-first Report of the Committee on Estimates (2022-23) on ‘Assessment of various initiatives under CGHS’ pertaining to the Ministry of Health and Family Welfare was presented to Lok Sabha today, the 09th February, 2023. Some of the important Observations/Recommendations contained in the Report are as under:-

Subject	Recommendations
Utilization of Budgetary allocation	The Committee have strongly recommended the Government to set aside a percentage of budget allocation or create a sub-Head under the Capital Head to meet expenditure relating to establishment of new wellness centres under CGHS planned by them, since no separate Budget is allocated for the purpose. The Committee felt that such a step will enable the Ministry to set a time-bound target for completion of opening new wellness centres. (Para no 1)
Need for augmenting Wellness centres	The Committee have urged the Ministry to revise norms/ guidelines for establishing a CGHS Wellness Centre in a new city in such a way as to include Central Government employees, pensioners and their dependent family members for meeting the criteria of 6000 persons. The Committee have also opined that the Government should consider onboarding retired doctors of the State Governments on contract basis, till the process of recruitment of doctors is completed. (Para no 2)
Need to review Infrastructure	Considering that rental buildings have their own set of problems such as the premises, recurring expenditure including payment of rent, review of lease agreement, etc., the Committee have strongly recommended the Government to take necessary steps to construct its own buildings at all the cities/locations where CGHS centres are presently functioning from rented premises. The Committee have further recommended the Government to vigorously pursue with the concerned State Governments for allotment of land for the purpose. (Para no 4)
Staffing- Need to fill up vacancies	Observing that beneficiaries are facing inconvenience at CGHS centres due to poor doctor-beneficiary ratio, the Committee have urged upon the Government to prepare a road map for the future, considering that the number of beneficiaries are increasing every year, whereas the number of sanctioned strength of doctors remaining static. (Para no 7)

Subject	Recommendations
<p>Process of Referral under CGHS</p> <p>Need for relaxation in the process of direct consultation</p> <p>Working Hours of centres</p> <p>Payment/settlement of bills of empanelled hospitals.</p> <p>Rates of treatment/diagnosis</p>	<p>The Committee have urged the Ministry to review the archaic referral system and recommended the Ministry to come up with appropriate solutions to ensure that patients, once being referred by dispensary, need not visit multiple times there for obtaining referral on subsequent tests/investigations/indoor treatment as prescribed by private empanelled hospitals. (Para no 9)</p> <p>The Committee have urged the Ministry to review its guidelines and consider appropriate amendments so as to bring all the CGHS beneficiaries aged 60 years and above in the ambit of direct private consultation. This would be in consonance with existing set up and would not lead to additional expenditure because as such pensioners/beneficiaries aged 60 years and above receive cashless treatment from private empanelled hospitals (Para no 11)</p> <p>The Committee have recommended to the Ministry to consider making the wellness centres functional during evening hours, at those locations where the rush of beneficiaries is too high, on a pilot basis. The Committee have also urged the Ministry to consider appointing retired doctors or work out a mechanism to depute senior resident doctors of Government hospitals, to attend to beneficiaries during additional working hours and also to manage efficiently the workload of incumbent doctors of such centres. (Para no 13)</p> <p>The Committee have recommended the Government to work out a mechanism for fixing a timeline for fast settlement and payment of bills to hospitals, for example, the hospitals may be directed to submit all bills relating to credit facilities provided to beneficiaries during a particular month by the 10th day of the following month and CGHS must initiate action for settlement and payment of all such bills by the 30th day of that month. The Committee also urged them to consider payment of 80% of the total outstanding dues to a hospital till final settlement/payment of the bills, if there is any discrepancy or lacunae in the bills submitted by those hospitals. (Para no 15)</p> <p>Observing that the rates for treatment or diagnosis under CGHS are very low as compared to prevailing rates of hospitals in general, the Committee have recommended the Government, to put in place a mechanism to review the rates of treatment/diagnosis under CGHS every year and make those reasonable enough to attract the interest of a wider number of hospitals for empanelment. (Para no 17)</p>

**Migration of DoT Pensioners drawing pension
from Post office to "SAMPANN"**

Sir/Madam,

I am directed to say that the Department of Telecommunications (DoT) has decided to migrate the DoT pensioners/family pensioners drawing pension from Post Offices to SAMPANN". In this regard, approval of the Competent Authority is hereby conveyed to migrate all telecom pensioners in all the circles currently drawing pension from Post Offices to " SAMPANN" starting from the month of **May 2023 onwards**. In order to smooth migration of these pensioners/family pensioners from DoP to DoT(CCAs) roles and responsibility of each office in DoP as well as timeline, are hereby assigned for strict compliance in a time bound manner:-

1. Role and Responsibility of CEPT

- i) The Circle wise list of Telecom pensioners/ family pensioners to be migrated will be provided by DoP on receipt from DoT/CGCA in the 1st week of the month.
- ii) CEPT should verify and ensure that the list of pensioner's ID's as per list supplied, has been freezeed in CSI. Any disbursement if found, should be stopped by CEPT while communicating it to the concerned DDO that this payment authorization has been withdrawn and no payment should be made to those pensioners from the month as agreed upon.

2. Role and Responsibility of DDO/Head Post Office

- i) Ensure that no pension is disbursed to DoT pensioner's/ family pensioners as shown in the list provided by the PAO and credited to their POSB Account by Head Post Office's under department of Posts.

- ii) All DoT pensioner's/family pensioner's id's as shown in the list should be freezeed/ closed in CSI
- iii) All disburses half of PPOs along with the relevant documents are compiled via.' Recovery schedule, life certificate detail/ non marriage, Income Tax etc. are sent to Postal Accounts offices(PAOs) along with a certificate that no further payment of pension will be made by this office by **20th of the Month**.
- iv) Suitable note of transfer should be made in the Register of Pension payment order maintained in his office and ensure that no further payment of pension in respect of the pensioners/ PPO migrated will be made after migration.
- v) In case of disbursement/credit wrongly happened, entry should be reversed and equal amount debited from their PO SB Account.

3. Role and Responsibility of Postal Accounts Offices

- i) To receive all disburses half of PPO and other documents from DDOs/HPO concerned as per the list which will be provided by the DoP in the 1st week of the month.
- ii) Suitable entries be made in the Pension Index/check register and forward the list along with disbursers half of PPO and documents to the respective CCAs (Controller of Communication Account) by 24th of the month.
- iii) Ensure that there should be no booking of Telecom pension under Head of Account except or otherwise as per point (i) above. In case, any booking is detected after migration, the same should be got reversed from the DDO concerned immediately.

- iv) Ensure that the outstanding Commission on payment of DoT pension/family pension is calculated and raised to respective O/o Controller of Communication Accounts and realized.
- v) PAOs will ensure to submit pension stoppage confirmation to this Directorate by **24th of the month** through e-mail id:- **peasection.pa@indiapost.gov.in** followed by post.

4. Following migration, the pension of migrated telecom pensioner's/family pensioners would be paid directly by the Department of Telecom to the pensioners from the month of migration as per the list provided by DoT to DoP from time to time

5. This issues with the approval of the competent authority.

Sd/-
Chief Accounts Officer (PEA)

Pension Commutation- No provision for 2nd Commutation

Gol, Ministry of Personnel, P.G. & Pensions, Department of Pension & Pensioners' Welfare,
O.M. No. 42/15/2022-P&PW(D)/6 Dated 31st Oct, 2022

Commutation of pension on more than one occasion: Clarification

In accordance with Rule 5 of CCS (Commutation of Pension) Rules, 1981, a Government servant can commute for a lump-sum payment of an amount not exceeding 40 per cent of his basic pension.

2. References/representations have been received in this Department seeking clarification whether it is permissible for a person, who has commuted a percentage of his basic pension which is less than 40% of his basic pension, to commute a percentage of basic pension on a second or subsequent occasion within the overall maximum limit of 40%.

3. As per Rule 10 of CCS (Commutation of Pension) Rules, 1981, an applicant who has commuted a percentage of his final pension and after commutation his pension has been revised and enhanced retrospectively as a result of Government's decision, the applicant shall be paid the difference between the commuted value determined with reference to enhanced pension and the commuted value already authorized. For the payment of difference, the applicant shall not be required to apply afresh. This Department's OM No. 42/14/2016-P&PW (G) dated 24.10.2016 provides that those

pensioners who retired from 01.01.2016 till 04.08.2016, i.e. the date of issue of orders for revised pay/pension based on the recommendations of the 7th CPC, may be given an option, in relaxation of Rule 10 of CCS (Commutation of Pension), Rules, 1981, not to commute the pension which has become additionally commutable on revision of pay/pension on implementation of recommendations of the 7th CPC.

4. There is, however, no provision in the Central Civil Services (Commutation of Pension) Rules, 1981 for commutation of a percentage of basic pensions on a second or subsequent occasion within the overall maximum limit of 40%, if the pensioner had originally commuted a percentage of his basic pension which was less than 40% of his basic pension.

5. The above clarification may be brought to the notice of the personnel dealing with the pensionary benefits in the Ministry/Department and attached/subordinate offices there under, for strict implementation.

Charanjit Taneja
Under Secretary

**MEMBERS TO BE FELICITATED IN THE
ANNUAL GENERAL BODY MEETING
SCHEDULED TO BE HELD ON 12-08-2023**

The list hereunder, includes the names of members who are 75 years and above as on 31-3-2023, but does not include the names of those members who have already been felicitated previously by the association and of those who did not participate in the felicitation function after inclusion of their names in the lists of members to be felicitated, published in the previous years. The list below, includes names of members who were born between 1-4-1947 & 31-3-1948. It also includes the names of members aged 75 and above who were admitted to the membership of the association during the year 2022-2023 (1-4-2022 to 31-3-2023)

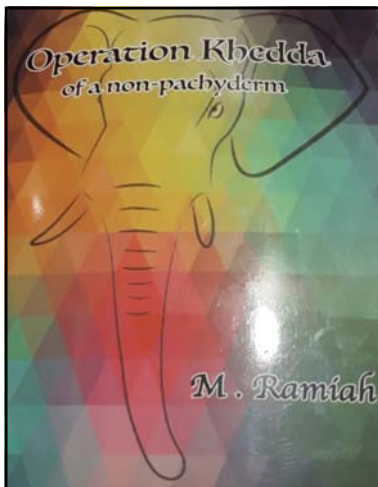
SI No	Membership LM / ALM	Name Smt./Sri	DoB	Designation & Office from which retired
1	1182	Desikachar G S	09-06-1947	HSG-2 PA, Basavangudi HO
2	1387	Shankar K R	01-06-1947	AO, Raman Research Institute, Blore
3	1389	Narasimha Aithal A	23-04-1947	BCR, SPM, Bhadravathi, PO
4	1418	Delhi J D R	04-10-1947	Dy. CCA, COC A/Cs, Blore
5	1419	Chennakeshava murthy G	01-06-1947	AO, O/o G M Postal Accts & Finance, Blore
6	1427	Ranga swamy K	14-04-1947	DET, BSNL, BG TD
7	1430	Raman Kutty C	01-12-1947	Sr. PS(Gaz),O/o CPMG, Chennai
8	1447	Hegde N M	01-09-1947	HSG. I CMA, HRO BG Stg Dn, Blore
9	1449	Mallapalli P. Sharma	21-12-1947	Sr. Acctnt,O/o Director, Postal Accts, Blore
10	1508	Subramanya Sharma V T	23-10-1947	LSG Supr. BG Stg Dn, Blore
11	1513	Chinnappacharya	20-04-1947	CAO, O/o GMT, BSNL, Mysuru
12	1527	Mani T	09-08-1947	OS, COA, BEML Defence Ministry, Blore
13	1529	Rao N V	10-04-1947	APM, Ongole, HPO, AP
14	1533	Sivasubramanyam V	02-03-1948	Mailman,SRO RMS Q Dn. Mysore
15	1577	Nagalingam M	20-09-1947	BCR, SA, SRO, RMS 'Q' Dn, Bangarpet
16	1579	Narayana Swamy A	05-06-1947	BCR, SA, Bangalore, Stg. Dn.
17	1588	Gopinathan K.M	15-02-1948	SPM, HSG II, Magadi Road, PO
18	1657	Subramani S	06-09-1947	OS, O/o. CPMG, Karnataka Circle, Blore
19	1781	Shankar M.N	18-10-1947	Director, Directorate of Field Publicity, Blore
20	1804	Janardhanachary K.S	22-03-1948	HMG. BCR, Bangalore City, RMS
21	1981	Bharathi H A Smt	15-08-1947	Assistant Director, O/o CPMG, Karnataka Circle
22	2165	Muniswamy M	15-02-1948	Sorting Assistant, Bangalore Stg Dn
23	2244	Hammigi M N	02-03-1948	Sr. Supdt of Post Offices, Belagavi
24	2281	Talwar.V.B	30-05-1947	Postmaster, HSG-I, Tiptur, HPO
25	2306	Varadarajulu.D	24-11-1947	Sr. GSTR, Operator, Income Tax Dept., Blore
26	2337	Subbaramaiah.H.N	12-02-1948	APM, Madakeri, HPO
27	2340	Narayanaswamy.G.R	06-08-1947	HMM, Bg. City RMS

SI No	Membership LM / ALM	Name Smt./Sri	DoB	Designation & Office from which retired
28	2358	Yelakki Gowda.K.V	06-02-1948	Sorting Assistant, Bangalore Stg. Dn.
29	2487	Suresh G	15-03-1948	Chief Telephone Sup, Trunk Ex, Blore
30	2522	Venkateshan.G	23-03-1948	LSG OA, MMS, Blore
31	2563	Viswambharan.K.S	04-03-1947	Admn. Asst. C, LRDE, Blore.
32	2581	Suresh Babu.B.N	29-07-1947	MTS, Bg City RMS
33	2584	Rajagopalan.S.V	25-04-1947	SPM, BSK II Stage, Blore
34	2653	Sadashiva Naik	10-08-1947	Supdt of Post Offices, Karwar
35	2666	Gangaraju V	01.06.1947	Dy.General Manager, VSNL, VSB, Chennai
36	2669	Razikulla.C.M.F	04-05-1947	Postmaster, Kadugodi PO
37	2708	Guruprasad.S	15-02-1948	Admin.Officer, CICE&F, Fisheries Deptt
38	2715	Kulkarni.K.G	01-06-1947	Sorting Asst, HSG-I, BG City RMS
39	2820	Murthy.R.S.N.	01-05-1947	JTO, BSNL, Kakinada, AP
40	2929	Poulose.K.K	15-09-1947	LSG SA, Bg. TD STG
41	3135	Shivanna.S	30-04-1947	Postman, Tumakuru HPO
43	3145	Srinivasan.S	11-11-1940	Dy. Postmaster HSG I, Rajajinaar, Blore
44	3162	Yellamanda.P	01-07-1934	Sr. Audit Officer, AG'Soffice, Hyderabad
45	3176	Reddy.M.N	15-06-1947	LSG Supervisor, Bg. City RMS
46	3180	Neelappa.M	25-05-1947	Postman, Rajajinagar, HPO
47	3186	Narayana Swamy.T.N	01-06-1940	AGM, Telephone House, Bangalore
48	3188	Honnappa.G	01-03-1945	MTS, BG PSO, Bangalore
49	3190	Shankaranarayana.D.S	01-02-1944	Foreman(Gaz), CQAL
50	3192	Vijayakumar.P.G	05-02-1940	Foreman(Gaz), CQAL
51	3198	Iragouda.B.Rayagoudanavar	05-08-1944	Asst.Supdt. of POs, Chikodi Division
52	3209	Srinivasan.N	24-07-1942	Postmaster, Gobichetty Palayam HO
53	3212	Krishna Murthy.M	29-10-1934	Asstt.Engr., MES, Defence
54	3219	Durgappa Gowda.A.T	14-12-1946	Sorting Postman, Bhadravathi HPO
55	3223	Anjaneya.D	12-08-1940	Postmaster HSG-I, Tiptur HPO
56	3224	Doddamma.N Smt.	05-03-1947	BCR PA, Bhadravathi HPO
57	3231	Venkatappa.N	01-07-1943	Group D, Doddapete SO, Shivamogga
58	3246	Savanoorkar.R.S	09-06-1941	SPM, Kanivebilichi PO

Members listed above are requested to attend the Annual General Body Meeting for being felicitated. **They are requested to confirm their participation before 30-6-2023.** Arrangements for felicitation will be made only for those who confirm their attendance in the AGB. Confirmation can be made either through Post, Phone call, WhatsApp message, SMS or Email.

Post / Phone call / Whatsapp message / SMS to: V.Murugan, Joint Secretary, No. 9, 4th Cross, Near Nature View Apartments, Gopalappa Layout, Off. K.H.B. Road, R.T. Nagar, Bangalore-560032. Mobile: 9902020537, email:pensionersbhavan@gmail.com

"Operation Khedda" The book authored by Shri M. Ramiah, former Vice- President and Permanent Advisor to Karnataka P&T Pensioners' Association has, so far, by its sale proceeds, contributed about Rs.47,000 to the building fund of the Association.



We are thankful to the CPMG, Karnataka Circle, PMG, Head Quarters Region, PMG South Karnataka Region, PMG North Karnataka Region, Director, PTC Mysuru and the PMG, Chennai City Region and Shri Charles Lobo, Member (Retd) Postal Services Board for the help extended by them in promotion of the sale of the book. The books were supplied to all the officers in entire Karnataka Postal Circle and Chennai City Region by the respective offices.

Some copies are still available with the association. Therefore, we request our members

and subscribers to our journal please to purchase the books. The sale proceeds would go to the Building fund of the association which surely, would further enhance its financial position. We are grateful to Sri M. Ramiah.

The book priced Rs.120/- will be sold at a discounted price of Rs.100/- including postage for sending it by registered post.

Orders may please be placed with Sri. V Murugan, Joint Secretary, KP&TPA on his mobile No. 9902020537 through a WhatsApp message.

OBITUARY

Sri K. Sreedharan, LM 1152, Retd. Senior Section Supervisor, BSNL O/o CGMT, Karnataka Circle, Bengaluru expired on 12-05-2023 at the age of 80 years. He was Secretary of Telecom Layout Residents Welfare Association and was closely associated with the construction of Pensioners Bhavan. He served as the Manager of Pensioners Bhavan for many years.



Sri Harihara Sharma, LM 1951, Retd. Area Manager, BSNL, BGTD, expired on 22.5.2023 at the age of 85 years.



The Executive Committee of K P&T PA conveys its heartfelt condolences to the members of the bereaved families

Renewal of Subscription for Pensioners' Champion

Members with the Membership number listed below, who have not renewed their subscription for more than a year, are requested to renew their subscription for the Journal immediately. Subscription is Rs.180/- per annum. May be renewed for more than one year at Rs.180/- p.a.

Amount may be credited to the bank account of the association furnished below.

Name of the Account Holder: Karnataka P&T Pensioners' Association

Bank: SBI, NTI Layout Branch, Vidyanarayapura, Bengaluru 560097

Current Account No. **36418697411** IFSC: **SBIN 0009045**

120	910	1172	1323	1693	1757	1924	2030	2188
351	912	1211	1363	1694	1759	1948	2035	2201
442	932	1221	1420	1740	1808	1954	2040	2207
460	976	1223	1422	1758	1828	1978	2047	2223
466	989	1230	1429	1899	1829	1983	2049	2231
507	1005	1244	1499	1916	1832	1992	2064	2238
521	1034	1249	1527	1702	1860	1996	2068	2258
523	1053	1250	1528	1705	1861	2000	2090	2264
598	1065	1259	1543	1730	1874	2004	2126	2277
616	1101	1282	1630	1731	1884	2009	2132	2281
724	1109	1291	1649	1747	1902	2012	2160	2286
761	1117	1299	1658	1731	1913	2013	2173	2287
829	1151	1315	1681	1747	1920	2014	2178	2316

Monthly Income Scheme

Gol, Ministry of Communications, Department of Posts,(Financial Services Division) F. No 113-03/2017-SB (Pt.1)

Dated: 31.03.2023-SB Order No. 07/2023 dated 31-03-2023

To All Head of Circles/Regions

Revision of maximum limit for investment in National Savings (Monthly Income Account) Scheme, 2019

Sir/Madam,

The undersigned is directed to convey the decision of Ministry of Finance (DEA) for amendment of National Savings (Monthly Income Account) Scheme, 2019 through National Savings (Monthly Income Account) (Amendment) Scheme, 2023 and revision of maximum investment limit for investment in National Savings (Monthly Income Account) Scheme, 2019 from four lakh fifty thousand to nine lakh in single account and from nine lakh to fifteen lakh

in Joint Account. The copy of gazette notification G.S.R.239(E) dated 31.03.2023 issued by MOF(DEA) is enclosed.

2. Accordingly, In the National Savings (Monthly Income Account) Scheme, 2019, in paragraph 4, in sub-paragraph (2), –

- for the words “rupees four lakh fifty thousand”, the words “nine lakhs” shall be substituted;
- for the words “nine lakhs”, the words “fifteen lakh” shall be substituted.

Outdoor Medical Claim for BSNL Retired employees- Clarification

Ref: This office letter of even number dated 19.06.2020

Please refer to this office order under reference vide which certain clarifications were issued regarding reimbursement of Outdoor Medical Claims of BSNL retired employees.

Representations are received in this office from pensioners & associations that in some BAs, the medical reimbursement is being denied on the pretext that the retired BSNL employee did not give his option every year. Though, the orders dated 19.06.2020 are clear but in order to bring uniformity in interpretation of these orders, following points are hereby clarified.

1. The retired employees need not give the option every year. The option once given shall

remain valid for subsequent years till it is changed by the retired employee.

2. If the retired employee has not given the option even once, the mode of reimbursement of his medical Bills shall be "With Voucher"

3. Payment of Medical Claim to retired employees, if denied due to non submission of option every year, may be made immediately.

4. Other points mentioned in the order under reference shall remain unchanged

This is issued with the approval of the competent authority

Sd/- **Rajeev Kumar Sharma,**
DGM (Admin)

To All BA/OA Units in Karnataka Circle

Outdoor Medical Claim & payment of cash allowance with/without vouchers facilities to retired Employees

Ref: BSNL CO ND letter No BSNL CO Admn/45/1/2023 dated 02.05.2023.

Kindly find enclosed herewith CO.ND letter under reference regarding payment of cash allowance with/without vouchers facilities to retired employees.

1. The retired employees need not to give option every year. The option given shall remain valid for subsequent years till it is changed by the retired employee.

2. If the retired employee has not given the option even once, the mode of reimbursement of his/her medical bill shall be "With Voucher"

3. Payment of Medical Claim to retired employees if denied due to non-submission of option every year may be made immediately.

4. Other points mentioned in the Corporate Office order dated 19.06.2023 shall remain unchanged.

In this regard, it is to intimate that for the year 2023-24 fresh option may be taken from the retiree, if any changes in the previous option by 30.06.2023. If the retiree has not submitted any option for the year 2023-24, the previous year option may be taken into consideration. The instructions in the above referred letter may be followed strictly

This has the approval of the competent authority

Sd/-
Assistant General Manager (HR&A-II)

Subscription received for Pensioners' Champion During April-May 2023

Rs.180/- Smt./Sri	Rs. 300/- Smt./Sri	Rs. 500/- Smt./Sri	Rs. 900/- Smt./Sri
2179 K. Devanathan 2217 H.Raghurama Ganiga 2645 P.Pashupathinathan 2718 B.Surendra Naik Rs. 200/- Smt./Sri 599 G.Shanmugha Vadivelu 1602 S.Sudarshan S-272 D.V.Sathyannarayana	2364 K.R.Ambrose Rs. 360/- Smt./Sri 207 S.H. Raghothama Rao 1944 D. Rangaswamy 2187 Vishnumurthy Myrpadi Rs. 420/- Smt./Sri 413 K.Sundaram	1309 Soundaram Thyagarajan Rs. 540/- Smt./Sri 1787 RP.Leela Nair 2191 S.S.Manjunath 2547 P.Subbaratnaiah 2568 B.S.Nanjundaiah 2573 K.Raghavendra Rao	1205 U.Rajendra (Smt. Indrani) Rs. 1000/- Smt./Sri 99 H.S.Krishnamurthy Rao xxx K.R.Jay

We Welcome the Following Newly Enrolled Members

Sl.No.	Name (Smt./Sri)	Designation & Office in which last worked	Type & No.
1	Sudhakar Kamath	Sub Postmaster, Chilur, Sub Post Office, Shivamogga. Dn.	LM 3291
2	A.S.Thippeswamy	Supervisor, SBCO, Shivamogga Head Post Office	LM 3292
3	M.N.Prasanna	Sub Divisional Engineer, Telephone Exchange, Nazarbad, Mysuru	LM 3293
4	K.R.Rana	Office Super., O/o. CGMT, BSNL, Ahamedabad	LM 3294
5	Krishnamurthy	Postman, Bhadravathi Head Post Office, Bhadravathi	LM 3295
6	Janet Sabitha	Chief Draftsman Survey of India, Bangalore	ALM 3296

LM: Life Member

ALM: Associate Life Member

Corrections - New Members list April 23

SI-11. LM 3286 : Please read B.R. Ramaswamy as B.R. Rangaswamy, Postmaster Mandya HPO

SI 15: ALM 3290 : Maqbool Jan, Asst. Director, Survey of India (instead of Geological Survey of India)

ALL INDIA CONSUMER PRICE INDEX

Month	CPI Base 2016=100	CPI base 2001=100	12 Months total	Monthly average	7th CPC	DR due
					% increase over 261.42	
Dec 22	132.3	132.3x2.88 = 381	4467	372.25	42.39	42% from Jan, 2023
March 23	133.3	133.3x2.88 = 384	4532	377.66	44.46	-

* linking factor for conversion of the index numbers of 2016 base year to 2001 base year: 2.88

BSNL IDA

IDA From 1-1-2023, 201.20% (5.4% increase over October, 22 rate of 195.80%)

IDA From 1-4-2023, 202.30% (1.1% increase over January. 23 rate of 201.2%)

Central Govt. Holiday in June, 2023

Id-ul-Zuha (Bakrid)

29-06-2023

Thursday

Licensed to post without pre-payment License No.PMG BG /WPP-392/2021-2023

PAYMENT OF DEARNESS RELIEF TO POSTAL PENSIONERS

Enhancement of Dearness Relief from time to time must be given effect to by all the concerned offices of DO Posts without waiting for orders from the Directorate

Gol, Ministry of Communications & IT, Department of Posts, F.NO.100-13/2012- Pen dated 11.10.2012

To: All Heads of Postal Circles [By Fax & Post] ,Heads of All Regional Offices, All General Managers [Postal Accounts & Finance] Directors/Dy. Directors of Account [Postal]

Follow-up Action on the proceedings of 21st Meeting of Standing Committee of Voluntary Agencies [SCOVA] held on 27/9/2012 - Circular for giving effect to the OM of DOP & PW posted in the Pensioners Portal Website for enhancement of Dearness relief for Pensioners/Family Pensioners.

The undersigned is directed to convey the decision of the competent Authority that the OM of Department of Pension & PW posted in the Pensioners Portal for enhancement of Dearness Relief from time to time for Pensioners/Family Pensioners may be given effect to by all the authorities concerned in the Department of posts **without waiting for any separate circular of this Directorate for the purpose.**

2. All the Heads of the circles etc. may issue suitable instructions to all the office under their respective jurisdiction to ensure compliance in this regard.

Sd/- **P. Ahilan**, Assistant Director General [Pension]

NATIONAL CO-ORDINATION COMMITTEE OF PENSIONERS ASSOCIATIONS (NCCPA)

Com K. Ragavendran, Secretary General, NCCPA has requested all Pensioners' Associations to mobilise a good number of pensioners to participate in March to Parliament on 21-7-2023 and to submit a Memorandum to the Hon'ble Prime Minister with details on the 15 point charter of demands. (For further details please see the matter in pages 2-6 of April 2023 issue of the journal)

All members of K P&T PA are earnestly requested to extend their whole hearted support to NCCPA by participating in "March to Parliament" in New Delhi on 21-07-2023 in large numbers. Pensioners willing to join the March may please give their names to the Secretary, K P&T PA on 08023230545 or on Mobile No.7090151944

Regd. Journal

If undelivered, please return to:

**Karnataka Posts and
Telecommunications
Pensioners' Association (R)
165, 4th Main, 3rd Block, 3rd Stage,
Basaveshwaranagar,
Bangaluru-560 079.**

Edited, Printed and Published by **Sri N. Bhaskaran** for and on behalf of **Karnataka P & T Pensioners' Association**, 1397, 23rd Main, Banashankari II Stage, Bangalore-560 070 and Printed at: **Omkar Hi-Prints**, No. 24, I Cross, I Main, Tata Silk Farm, Basavanagudi, Bangalore-4. Ph.: 9480184985