



Bilingual (Kannada and English) Monthly Journal of
KARNATAKA POSTS AND TELECOMMUNICATIONS
PENSIONERS' ASSOCIATION (R)

(KSR Act 1960, REG. No. 1069/98-99)
(FORMERLY RMS PENSIONERS' ASSOCIATION)

Registered as "A Wholly Charitable Trust" U/S 12A of I.T. Act 1961

Registered Office: Pensioners' Bhavan, Telecom Layout, Srirampura Phase II Bengaluru-560064

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JUNE 2025

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30th ANNUAL GENERALBODY MEETING

Saturday the 12th July, 2025 at 09.30 am.

**Venue: Havyaka Bhavana, 101/A, 8th Main,
11th Cross, Malleshwaram, Bengaluru 560003.**

Chief Guest:

Dr. Vijayalakshmi Deshamane

Oncologist Surgeon, Former Director, Kidwai Institute of Oncology.
In recognition of her pioneering work in Oncology, especially in
breast cancer research & awareness, she was conferred with the
prestigious "**PadmaShri**" **Award 2025** by the Govt.of India



- * All Life Members, Associate Life Members of the Association & Subscribers to **Pensioners' Champion** and Well Wishers are requested to attend the meeting
- * Invitation for the AGB: page -2
- * Annual Report 2024-2025 and Audited Accounts 2024-2025 – pages 3-15 and 16-21 of this journal

Note: In the last year's AGB, it was noticed that the Dining Hall was too small which inconvenienced the members in having their lunch. Therefore, the EC decided to fix a venue for the AGB 2025 with a spacious Meeting hall & Dining hall. It has also been planned to serve lunch while the members are comfortably seated in the Dining hall.

**MEMBERS OF THE EXECUTIVE COMMITTEE OF
KARNATAKA POSTS AND TELECOMMUNICATIONS
PENSIONERS' ASSOCIATION**

61/1, 1st Main Road, Telecom Layout, Srirampura Phase-II, Bengaluru 560064

***Cordially invite you for the OPEN SESSION of the
30th Annual General Body Meeting of the Association
on Saturday the 12th July, 2025 at 10.30 a.m.***

Chief Guest:

Dr. Vijayalakshmi Deshamane

Renowned Oncologist Surgeon, former Director, Kidwai Institute of Oncology, conferred with the Prestigious "PadmaShri" Award 2025 by Govt. of India in recognition of her pioneering work in Oncology, especially in Breast Cancer Research & Awareness.

G. Babu
President

K.B. Krishna Rao
Secretary

Venue:

**Havyaka Bhavana, 101/A, 8th Main, 11th Cross,
Malleshwaram, Bengaluru 560003.**

With Best Compliments From:

N. Nagalakshmi
Vice-President

V. Murugan
Joint Secretary

K.R. Anantha Ramu
Treasurer

N.M. Hegde
Internal Auditor

Executive Committee Members:

S/s Chandrasekhara Karanth, Rangegowda, C. Ramakrishna Reddy, B. Nagaraju, A. Prakash, K. Nagesh, M. B. Shivalingaiah, Viswanatha Rao, Vinayak S Naik & L M Balappa, Manager, Pensioners Bhavan.

Programme

10.30 a.m. – Open Session

1. Welcome speech and introduction of the Chief Guest & Other Guests: **Shri K.B.Krishna Rao,** Secretary
2. Inauguration of the Open Session by the Chief Guest: **Dr Vijayalakshmi Deshamane**
3. Presentation of cash awards to 30 meritorious students of Govt. Higher Primary Schools, Yelahanka, Srirampura, & Kodigehalli, Bengaluru
4. Felicitations of the Chief Guest, Special Invitees and Members aged 75 years and above
5. Address by **Shri G. Babu**, President, KP&TPA
6. Vote of Thanks: **Sri V. Murugan**, Joint Secretary
7. Lunch: 1.30 p.m.

**Members are requested to bring this copy of the journal
to the AGB for participation in the proceedings.**

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Regd. Office: Pensioners' Bhavan, Telecom Layout, Srirampura Phase II, Bengaluru-560064
Website: www.ktpa.org

Annual Report for the year 2024-2025

The Executive Committee of Karnataka Posts and Telecommunications Pensioners' Association is pleased to place the draft Annual Report for the year 2024-2025 for approval of the 30th Annual General Body Meeting, being held on Saturday, the 12th July, 2025 at Havyaka Bhavana. 101/A, 8th Main, 11th Cross, Malleswaram, Bengaluru 560003. This report covers some of the events of April 2025 & onwards also.

1. The Under mentioned executive committee members, who were unanimously elected in the AGB on 20-8-2022 for the period 2022-2025, continued to function as Office Bearers of the Association during the year under report:

President : **Shri G.Babu**
Vice President : **Smt.N.Nagalakshmi**
Secretary : **Shri K.B.Krishna Rao**
Joint Secretary : **Shri V. Murugan**
Treasurer : **Shri K.R.Anantha Ramu**

The following were unanimously elected as Executive Committee Members, in the AGB held on 20-08-2022: Shri Chandrashekhara Karanth, Shri Rangegowda, Shri B.Nagraju, Shri C.Ramakrishna Reddy, Shri VinayakNaik, Shri A. Prakash, Shri M. B. Shivalingaiah, Shri K. Nagesh and Shri Vishwanatha Rao. Sri N .M.Hedge was elected as Internal Auditor.

2. Condolence:

We are deeply saddened to inform that, during the said year, the following members of our Association expired.

Shri H R Gopala Iyengar, ALM 1018 on 23.3.2024; Shri K L Narasinga Rao, ALM on 14.4.2024; Shri K Sreeram Murthy, LM 1829 on 4.4.2024; Shri K Mahadevappa LM 1351 on 2.5.2024; Shri A MahabaleshwarKaranth, LM 349 on 17.5.2024; Shri A.AithappaNaik, LM 106 on 21.4.2024; Shri B.S.Balappa, LM 2074 on 27.9.2024; Shri R Srinivasa LM 3449 on 21.10.2024; Shri A C Shekar, LM 1672 on 8.12.2024; Shri K K Gangadharan, LM 1717 on 19.1.2025; Shri R.Soundararajan, LM 390 on 20.1.2025; Shri K V Vishwanatha Murthy, LM 390 on 25.11.2024; Shri R C Hanumantha Rao, ALM 696 on 25.11.2024; Dr. L G Sumitra, ALM 1347 on 1.1.2025; Shri V Krishnappa, LM 2968 on 10.1.2025; Shri L N Vaidyanath, ALM 1197 on 18.1.2025; Sri Vishwanatha Naik, LM 3242 on 1.1.2025; Shri G Hanumantha Rao, LM 3008 on 13.1.2025; Shri N L Suryanarayanaiah, LM 293 on 7.1.2025; Shri K Mohan Rao LM 1875 on 18.2.2025; Shri E Srinivasan, LM 469 on 18.2.2025; Shri T K Anantharam, ALM 2895 on 13.1.2025; Shri M R Sathyanarayana ALM 2480 on 30.1.2025; Shri V Radhanath S-252 on 6.2.2025

Shri R. Soundararajan, a very senior member, and a philanthropist, fondly known as 'Vaadiyaar', lived alone in Nagapattinam, Tamil Nadu after retiring as the Instructor in Postal Training Centre, Mysuru. He was a well-wisher of our Association, regularly advising us on various matters. It is at his suggestion that the columns 'Our Readers Write' & Question Corner were introduced in our journal. He was indeed a friend, philosopher and guide. He taught Trainees of Railway Mail Service Locally in Bengaluru also. His students all loved him.

Hence his sobriquet 'Vaadiyaar'. After his retirement, he was involved in various social service activities locally. Mild and soft-spoken, he was an intellectual giant. MA in English, he, even in old age, participated in literary contests and won prizes too. His demise is a real loss to our association and the society as well.

Shri K K Gangadharan, retired LSG supervisor, Bengaluru City RMS, was a literature. From his early age, he took interest in translation work, translating many Malayalam works to Kannada. A very friendly creature, he was fondly known to his vast circle of friends as KKG. He was a regular columnist in various Kannada magazines. He had been awarded the annual literary award "the best literary translation work of the year - 2011" by the Government of Karnataka and the 'Kendra Sahitya Academy' award -2023 in the category of translation work. Academy award was presented to him at a function held at Bharathiya Vidya Bhavan on 12-07-2024. He was felicitated by our Association in the annual general body meeting in 2024 for bringing laurels through his literary achievements. His death is a great loss to Kannada literature. Our readers paid tribute to him on his demise.

The Members of the Executive Committee express their heartfelt condolences to the members of the bereaved families.

The E C pays its respectful homage to all the Political Leaders, Trade Union Leaders, and eminent personalities who passed away during the year.

3. Activities

Annual General Body meeting 2024:

A. The 29th Annual General Body meeting of 2024 was held on 3.8.2024 at NGO Hall, Cubbon Park, Bengaluru 560001. Dr. C R Chandrashekar, a renowned psychiatrist and a 'Padmashri' awardee in 2024, was invited as Chief Guest on the occasion. There was a huge crowd of Members in the meeting including

those from outside Bengaluru including Mysuru, Shivamogga Kolar etc. On invitation by the Association, members of other Pensioners Associations, affiliated to CCCGPA, attended the AGB. The auditorium was filled to capacity. The total attendance exceeded 460.

B. The morning session commenced at 9.30 am. Shri K.B.Krishna Rao, Secretary, welcomed the guests and gave a brief introduction of the Chief Guest, which included his numerous achievements, social works, literary works and various awards, conferred on him by the government of Karnataka, Indian Government and many social service organizations. He placed the agenda for adoption and the same was adopted by the house. Agenda included felicitation of Shri K.K.Gangadharan, cash awards to meritorious students, felicitation of members of 75 years and above. As a part of the agenda, the report on the AGB of 2023, draft annual report for 2023-24 and draft annual accounts for 2023-24 were also adopted by the house. The draft annual report and annual accounts for 2023-24 had been published in 'Pensioners' Champion' for June 2024. The Secretary, however, gave a gist of the annual report in his speech.

C. After the names of the expired members were readout, a minute's silence was observed to mourn their deaths and also that of leaders and eminent personalities.

D. In the Open Session, Dr.Chandrashekar gave a speech in Kannada in a unique style. He moved around on the dais, engaged in conversation with the audience and gave practical advice on physical and mental health in old age, including food habits, exercise, regular health checkups etc. The audience was mesmerized by his speech and gave a thunderous applause at the end. He was affable enough to pose for selfies with members. He was felicitated by the President, Vice President and the Secretary. His 2 works in Kannada and English were made available for sale and all copies were sold out.

E. Shri N.Bhaskaran, founder secretary and permanent Advisor, in his 90s, escorted by his son attended. He was honoured by the President. The late Shri K.K.Gangadharan, a member, was also felicitated for winning a 'Kendra Sahitya Academy' award for translation work.

F. On this occasion, a Postman and a post woman viz., Shri Mohan, Postman of Vidyaranyapura PO and Smt.Amrutha, Post woman of Basaveshwaranagar PO, were also honoured in the tradition that was started in 2022. Another tradition of awarding cash prize of Rs.1000 each, to 20 meritorious students of Government Higher Primary School, Yelahanka and Srirampura, Bengaluru also followed. The Chief Guest, President, Vice President and EC members distributed the awards.

G. The list of members, who attained 75 years born between 1.4.1948 and 31.3.1949, including those who joined as members during the year was published in '*Pensioners' Champion*' of June 2024. They were felicitated by the Chief Guest, President, Vice President, Advisors and EC members by garlanding them, draping the shawl and gifting with the fruit basket.

H. Then, Shri M.Ramiah and Shri H.S.Manjunatha, Permanent Advisors were honoured by the Association. The following office bearers of the other Pensioners' Associations, who were present in the function, were also honoured. Viz: Shri T.V.Suryaprakash, CBPA, Shri Gangadhara Rao, AIBSNLPWA, Shri P.S.Prasad, President COC-K and Smt. Juliana Vincent, Secretary SIPA.

I. The Open Session ended with the presidential address and vote of thanks by the Joint Secretary. Lunch was arranged for all.

j. The Afternoon Session, consisting of Members of the Association, started after lunch at 2.30 pm. The agenda included (a) Constitution of 8th CPC; (b) notional increment to pensioners who retire on 30th June and 31st

December; (c) Restoration of commutation after 12 years instead of 15 years; (d) Revision of pension of BSNL pensioners from 1.1.2017; (e) CGHS and FMA and (f) any other subject with the permission of the chair.

K. The Secretary requested Shri P.S.Prasad, Jt Secretary, CCCGPA to address the meeting on restoration of commutation earlier than 15 years, as the latter had prepared a comprehensive document on the subject. Shri Prasad dealt at length explaining the excess amount recovered, mortality rate, rate of interest etc. He explained the various court cases filed and their results. He offered to share all the documents collected by him with anyone who is interested.

L. The Secretary then invited Shri P.Gangadhara Rao, Vice President of CCCGPA to speak on the subject of BSNL pension, saying that Shri Rao is the signatory to the application filed by AIBSNLPWA before the Principal bench of CAT, New Delhi and that, consequently, the right person to speak on the subject. Shri Gangadhara Rao opened his speech, saying that the issue is as old as 2009. The last revision of pension of BSNL pensioners was done from 1-1-2007. But, when 7th CPC was formed in 2013, the issue of BSNL pension was not included in the terms of reference despite the Chairman 7th CPC agreeing that BSNL Pensioners have a genuine demand. Therefore, there was no option but to file a petition in the CAT Principal Bench, New Delhi and he himself is the signatory to it. The PB, CAT allowed the petition and ordered that their pension should be revised in accordance with the Central Pay Commission. But the Government chose to challenge the order by filing a writ petition in the High Court of Delhi. The case is still pending in the H C Delhi .

M. The subject of 8th CPC was taken up. The Secretary mentioned that the next pay commission i.e. 8th CPC is due on 1.1.2026. As the Commission usually takes at least a year to prepare its recommendations, the

Government appoints it in advance. But this time, in spite of demands from Central Government Employees Unions and Pensioners Associations, the Commission is not yet constituted. The Government has even given a reply in the Parliament that there is no proposal to constitute the pay commission. Therefore, Employees and Pensioners have increased the pressure, the apex bodies of both conducting periodical programmes like Dharnas, Parliament Chalo etc. Our Association has participated in all the agitations called for By NCCPA. The President Shri G.Babu said that when the CPC is constituted, we can think of submitting a common memorandum.

An update: The Union government on 16th January, 2025, approved the establishment of the 8th Central Pay Commission accepting demands of NCJCM, NCCPA and Central Employees and Pensioners' organisations in the country.

N. On the subject of notional increment for pensioners retiring on 30th June and 31st December, the Secretary said that KPTPA was the first to take up the issue and even suggested that relevant Rules may be amended accordingly, as has been done many times before and the same suggestion has been adopted by NCCPA when Com K K N Kutty was S G NCCPA. KPTPA gave this as an item for discussion in 33rd SCOVA meeting held on 22.2.2024, which was attended by Smt.N.Nagalakshmi, Vice President. Smt. Nagalakshmi, who was present, said that, during the meeting, the MoS, Ministry of Public Grievances and Pensions asked the Secretary, DOPPW to address the Attorney Generals as it is a matter of amendment of Fundamental Rules. The Secretary gave the latest position; saying that the Supreme Court has dismissed on 11.4.2023 and 19.5.2023 the SLPs filed by the Govt. and on 6-9-2024 passed an order for grant of increment to eligible pensioners for pensionary benefits. DOPT issued an order on 14-10-2024 for implementation of the Supreme Court order. The Association wrote to

Shri Vineet Pandey, Director of Posts to intervene and direct CPMG, Karnataka Circle to withdraw the petition pending before the High Court of Karnataka so that the similarly placed pensioners can get the benefit. Shri H.S.Manjunatha, Legal Advisor, suggested that the petitioners may file an application before the High Court through their advocates, praying for the implementation of CAT orders, now that the matter has attained a legal finality after the dismissal of the SLPs by the Supreme Court.

An update: The Hon'ble Supreme Court dismissed the SLPs filed by the Govt. and passed orders on 6-9-2024 and 20-1-2025 directing the Govt. to grant increment to all eligible pensioners for pensionary benefits. In Karnataka Postal Circle, most of the Notional Increment cases have been settled and arrears paid in March, April and May 2025. However, the Association shall pursue the pending cases brought to its notice by the members with the concerned authorities.

O. In the matter of CGHS and FMA, the Secretary said that the CGHS Directorate has issued some recent orders, according to which (a) the referral issued by the CGHS doctor is now valid for 3 months instead of one month; (b) a single referral letter is enough for three consultations with specialists and for two consultations with each specialist; (c) no referral letter is necessary for consultations with specialists in CGHS empanelled hospitals for pensioners aged above 70 years. He said that the Association has been demanding a full-fledged CGHS wellness centre at Sahakaranagara instead of just an extension counter sanctioned. He also said that the sanctioned wellness centre at Hubballi is still to be opened. He hoped that the wellness centres at Mangaluru, Udupi and Shivamogga may also be opened soon as the Govt. has informed in the Lok Sabha that the Govt. has agreed in principal to open CGHS WCs in the 3 Cities. On a query about FMA, he replied that the demand is to enhance it to Rs.3000

from the existing Rs.1000 and that it is reliably learnt that a note in this regard has gone to the Finance Ministry so that orders may be received soon.

P. Queries were raised by members about other subjects like additional pension after 65 years and issue of ID cards to pensioners. The Secretary replied that the Government has rejected the recommendation of the Parliamentary Standing Committee to pay additional pension every 5 years on the plea of huge financial implications. As for ID card, he and the President also said that already there are many ID cards and pensioner ID card does not seem to be necessary right now.

Q. The President Shri G. Babu gave a speech, in which he expressed happiness over the interest shown by members by turning up in such large numbers and the efficient manner in conducting the AGB. He said the speech of the Chief Guest was unique and educative. He thanked everyone in making the AGB a grand success. Shri V.Murugan, Joint Secretary proposed vote of thanks. AGB ended at 5 pm with rendering of National Anthem "Janaganamana" in chorus.

4. Charitable works

4.1 Charitable function held on 06.02.2024

The function is held every year on 6th February, at Government Higher Primary School, New Town Yelahanka. Sri S.M.Vittal Rao, former Treasurer, in spite of his age and health condition, evinced great interest in arranging the function with the help of the staff of the School. It was attended, along with Shri Vittalrao, by Shri V.Murugan Jt.Secretary, Sri K.R. AnanthaRamu, Treasurer, Shri B Nagaraju, EC member and Shri M.Nanjunda Gowda, former EC member. About 120 students studying in all classes in the school had assembled in the hall. Note books, pens, sweets and fruits were distributed to the students. A big cake was cut and distributed to all students and all others present.

The students presented cultural programmes like group dance, songs and skits. As always, the staff expressed their appreciation in arranging the event and presentation of cash awards to meritorious students in the AGB of KPTPA. Shri Anantharamu, in his speech, said that the Association would endeavour to continue with this avowed objective of encouraging students of government schools, in achieving better academic standards, by giving them cash awards as had been the practice since almost 25 years. Since last year, another Government school at Sriramampura village is also added for the purpose of cash awards. From 2025 onwards the awards will be presented to 30 students of Govt. Schools.

4.2. Free lunch was served to the cancer patients at Kidwai Memorial Institute of Oncology, Bengaluru on 17.12.2024 from the donation made by the Association to the Institute.

5. Other activities

5.1. Executive Committee Meetings

The Executive Committee of the Association used to meet usually on 2nd Saturday of every month in Pensioners' Bhavan, the Association's own building in Telecom Lay out, off Bengaluru International Airport Road. In 2024 it had been decided to hold online meetings once in three months, as EC members felt that it was more convenient to participate sitting at home. So, alternatively, meetings are held at Pensioners Bhavan, at Hotel Shanthisagar at Basaveshwaranagar and online. In the EC meeting held in April 2024, Shri K B Krishna Rao, Secretary who attained 80 years, was honoured by the President Shri G Babu. He hailed the excellent service made by Shri Rao to KPTPA ever since he joined succeeding Shri N. Bhaskaran as Secretary in 2013. Shri Bhaskaran himself has said many times that Shri Rao is the worthy successor. Shri M Ramiah, Ex Vice-President

also complimented Shri Rao on his birthday and hailed his services. He was presented with a garland, shawl and a fruit basket. In May 24, Shri G Babu himself turned 80 and he was also honoured by Shri M Ramiah, former Vice-President. Both Shri Ramiah and Shri Krishna Rao recalled Shri Babu's role in granting a big site to the Association in Telecom layout and also his help afterwards in constructing Pensioners Bhavan there. He was also gifted with fruit basket, shawl and garland. It was decided to honour EC members, both present and erstwhile, on attaining the ripe age of 80/90 years.

5.2. Demonstration by Pensioners.

Demonstration was held at Freedom Park, Bengaluru on 4.4.2025 in response to the call given by NCCPA to hold demonstrations to oppose "Validation of CCS (Pension) Rules and Principles for Expenditure on pension liabilities. CCCGPA-Karnataka organised the Demonstration. Many Pensioners Associations, affiliates of CCCGPA Karnataka, and a few more, participated in the demonstration which was well attended by about 500 pensioners. All the arrangements for holding the demonstration were made by Com G Babu, AGS, AIBSNLPWA & President, KP&TPA assisted by T.V.Suryaprakash, Secretary, Coffee Board PA & Com K Nagesh ECM, KP&TPA.

Com K B Krishna Rao, President, CCCGPA Karnataka, Com S.Radhakrishna, General Secretary, CCCGPA, Com P.Gangadhara Rao and Changappa of AIBSNLPWA, Com Muddaiah, Secretary AIBDPA, Com Girish Kanagotagi, President. KCGPA, Com B.V.Venkatesh, Secretary, Karnataka Income Tax Pensioners Association Com T.V.Suryaprakash, Secretary, Coffee Board PA, Com P S Prasad, Ground Water Board P A, Com Juliana Vincent, Secretary Survey of India Pen Assn., Com B.R.Venkatesha Murthy, Kendriya Vidyalaya Sangathan Retd. Employees Association &

Com A Srinivasa Vice- President, COC Karnataka & Permanent invitee NFPE and other representatives of Pensioners Associations addressed the gathering.

5.3 Pensioners' Day: Celebration of Pensioners Day and successful completion of Digital Life Certificate Camps

(a) Pensioners' Day' was observed by the association in association with the Coordination Committee of Central Government Pensioners' Associations, Karnataka (CCCGPA) and its affiliate Pensioners' Associations, on 17th December, 2024 V.A.N. Namboodiri, the veteran P&T Trade Union Leader and Leader of the Pensioners movement in the country was the Chief Guest.

Sri Krishna Rao, in his opening remarks said that Com V.A.N. Namboodiri, who had addressed CCCGPA pensioners in 2020 through a video conference, is physically present and will be addressing the pensioners. He said that the day is to be marked as a Red-letter day in the annals of the history of CCCGPA-K .

Sri S.Radhakrishna, GS CCCGPA welcomed the Chief Guest, Sri G.Babu, President KP&TPA and all others present and introduced Com Namboodiri, as one of the great leaders of the working class movement in the country, who has been in the fore front of all the struggles of the central employees and pensioners and requested him to address the pensioners who had assembled in a very good number.

Comrade V.A.N.Namboodiri, Veteran P&T Trade Union Leader, Founder General Secretary BSNLEU, Advisor AIBDPA, Patron NCCPA and a Veteran Leader of Pensioner Community, in his hour long address spoke about many issues concerning pensioners and the working class. *(His speech was published in Pensioners' Champion-August 2024 issue).*

Sri G. Babu, President KPTPA, a veteran leader of the BSNL employees & Central Pensioners in Karnataka, in his brief speech,

mentioned about the issues facing the pensioners and the role played by the pensioners associations, especially CCGPA and K PT PA.Com Namboodiri was honoured by CCCGPA-K & KP&TPA

(b) Presentation of a report on Successful completion of Digital Life Certificate Camps organised by Karnataka P&T Pensioners Association and Coffee Board Pensioners Association

Sri K.B.Krishna Rao, Secretary, KP&TPA furnishing details, said that 33 Volunteers had generated 3530 Digital Life Certificates in October & November 2024 in 39 camps, 27 in Bengaluru and 11 in the other cities of Karnataka and 1 in Thirupathi. The Volunteers, he said, visited 1438 residences of aged pensioners and Old age homes and generated their life certificates from the comforts of their homes. He said that Sri T V Suryaprakash, Secretary Coffee Board Pensioners Association was the "brains behind" the successful DLC campaign 2024, who planned and organised many camps. He was ably assisted by S/s K.R.Anantha Ramu, B.Nagaraju, Viswanatha Rao, K Nagesh, A Prakash and many others.

Sri K.B Krishna Rao said that he was extremely happy to note that each year more volunteers start generating DLCs, totally 33 volunteers in 2024 including those from out of Bengaluru. Many members of the associations from Mysuru, Nanjanagudu, Chamarajanagara, Thumakuru, Hassan, Davanagere, Chitradurga, Shivamogga, Chikkamagaluru, Kolar and Robertsonpet evinced keen interest in organising DLC camps in which a good number of pensioners submitted their annual life certificate.

S/S.Rajashekhara, Mysuru,
V.Shashidhara, Shivamogga,
B.T.Chandrasekhara Davanagere,
H.S.Rajendra, Chikkamagaluru, H.R. Suresh,
Kolar, K. Anand, Dundamadaiah,
Chamarajanagara and many others had made the arrangements for conduct of DLC Camps.

Sri Rao, profusely thanked all the volunteers, for their selfless service and extended grateful thanks to all those who were responsible for successful conduct of DLC camps. He said that the number of DLCs generated in 2024 is a record and KPTPA& CBPA top the list of DLCs generated by Pensioners Associations in the country.

5.4. Swachha Bharat Abhiyan / Cleanliness Drive

In compliance of the desire expressed by the Department of Pension and Pensioners Welfare, New Delhi that the Association participate in the "Swachhta Pakhwada" by holding cleanliness drive on 1st October 2024, Karnataka P&T Pensioners' Association, in coordination with the Pensioners' Associations affiliated to the CCCGPA-K conducted cleanliness drive in the 1st Main Road and 11th Cross of Telecom Layout, off Bengaluru International Airport Road, Srirampura, Bengaluru 560064 near the Association's own building "Pensioners Bhavan". About 40 Pensioners from the affiliates of CCGPA actively participated in the drive and cleaned the surroundings of Pensioners Bhavan in the 1st Main Road and 11th Cross of Telecom Layout which were selected for cleaning purposes. The Roads were cleanly swept and the trash disposed of. The drive lasted for about 2 hours.

5.5. World Pensioners day 1-10-2024

The Coordination Committee of Central Government Pensioners Association Karnataka (CCCGPA-K) with its affiliates (1) Karnataka Posts and Telecommunications Pensioners Association, (2) IA&AD Pensioners Association, (3) Coffee Board Pensioners Association and (4) Survey of India Pensioners Association, Bengaluru observed "International Day of Pensioners and Retirees - World Pensioners Day" on 1-10-2024 at "Pensioners Bhavan", Telecom Layout, Bengaluru in response to the call given by the National Coordination Committee of pensioners Association (NCCPA). About 35 pensioners

from the above Associations were present. Sri K B Krishna Rao, Secretary KP&TPA who is also the President CCCGPA presided. Sri S Radhakrishna, General Secretary, CCCGPA spoke about the importance of the Day. Com Juliana R Vincent, Secretary, Survey of India Pensioners Association also addressed the gathering.

Sri T.V.Suryaprakash, Secretary, Coffee Board Pensioners Association & Jt.Genl Secretary, CCCGPA coordinated with all the Pensioners Associations.

Sri Krishna Rao while welcoming the gathering spoke briefly about the significance of International Pensioners Day on 1st of October and requested Sri S.Radhakrishna, G S, CCCGPA to enlighten the audience about the importance of World Pensioners' Day on 1st October.

Sri Radhakrishna, while speaking on the subject mentioned that 1st October is being celebrated as International Elders' Day. He mentioned that according to a survey, by the year 2030, the seniors attaining age of 70 years will exceed the population of people aged below 70 years. To help senior Citizens to lead a better life, like minded Pensioners Associations & Trade Unions have raised some demands and they are (1) Decent pension to all (2) Decent health and medical care (3) Decent accommodation (4) Free transport (5) Potable water (6) Non-contributory Pension. He said that the international Pensioners day is being celebrated since four years. Last year, the conference was held at Athens (Greece) and from India Com K Ragavendran and 3 others represented India. He concluded by saying that the above mentioned demands will be pursued strongly till justice is done.

Ms Juliana Vincent, Secretary, Survey of India Pensioners Association suggested that some type of a plan may be worked out to get some additional amount to pensioners considering the present day economic conditions. She opined that Unified Pension

Scheme (UPS) recently announced by the Government may not be helpful and we have to demand OPS to all.

Sri M.Ramakrishna said that he learnt that many officials now covered by NPS are not willing to opt for UPS. Hence some kind of orientation programme may be conducted to educate them.

6. Our Members: their Laurels

ANUBHAV AWARDS, 2025

6.1. The Association is delighted to note that one more member of our association, Sri. O.Virupakshappa, L.M. 3408, former Senior Superintendent of Post Offices, Dharwad Division has been selected for the prestigious "Anubhav Award 2025" by the Department of Pension and Pensioners Welfare. The award will be presented to him on 18.08.2025 by Dr Jitendra Singh, Hon'ble Minister of State, Ministry of Public Grievances and Pensions.

Sri Virupakshappa is one of the 5 selected for the Award. His write-up, was selected for the Award out of 1459 write-ups received by the Department of Pension and Pensioners Welfare from 42 Departments of Govt. of India.

The other 2 members of our association who were conferred with the Award are (1) Smt.N.Nagalaksmi, Retd. Assistant Chief Accounts Officer, Postal Accounts and Finance, who is the Vice President of KP&TPA.

(2) Sri P. Damodhara Bhat, retired Senior Superintendent, RMS Bengaluru Sorting Division.

In total, 3 members of our Association have been conferred with the Award so far, which perhaps, is a record. The Association is proud of all the 3 members who have brought Laurels to the Association.

6.2. Sri K.Obaiah, Retd. Senior Superintendent of Post Offices, LM 2846 was honoured by Anveshana Trust Mysuru on 30-09-2024 in

recognition of his service to the community, his fight against discrimination of employees at work place, his services for the cause of welfare of his fellow employees while in service & also in recognition of his meritorious service in the Department of Posts.

6.3. The late K K Gandharan(KKG) was selected for the prestigious” Sahitya Academy prize for translation of works of Malayam writers to Kannada. The Academy award was presented to him by the President of Kendra Sahitya Academy in a glittering function held at Bharatiya Vidya Bhavan, Bengaluru on 12-07-2024

7. SCOVA

It is with great pleasure that we announce the inclusion of KPTPA in the Standing Committee of Voluntary Agencies (SCOVA) for the term 2023-2025, that is likely to be extended for another 2 years. This is the third time that DoPPW has recognized our association and nominated to SCOVA. Previously, we were in SCOVA in 2005, 2006, 2007, 2008 (first term) and again in 2013, 2014, 2015, 2016 and 2017 (second term). We thank the Department of Pension and PW for recognizing and giving us an opportunity again to represent the Pensioners Associations of Karnataka at the national level.

Our association, as before, notified many subjects for inclusion in the Agend of SCOVA meetings. Smt. N.Nagalakshmi, Vice President of the Association attended the 33rd meeting of SCOVA held on 22.2.204 and Sri K R Anantha Ramu, Treasurer, attended the 34th meeting held on 11-03-2025. The items given by KPTPA for discussion in the meetings and the Minutes of the meetings have also been published in our journal.

8. Pensioners’ Welfare Activities

The association pursued the following issues with the authorities concerned

- a. Grant of Notional Increment to pensioners who have retired on 30th June / 31st December with requisite service for grant of increment
- b. Restoration of Commuted portion of pension after 12 years instead of the existing 15 years.
- c. Inclusion of the item regarding revision of pension of BSNL pensioners in the terms of reference of the 8th CPC.
- d. Consideration of the entire service rendered by Temporary Status Casual labourers (TSCL) after being treated at par with regular group employees for retirement benefits.
- e. Drawal of arrears of pension to pensioners who have retired 30th June/ 31st December who were granted increment for pensionary benefits in accordance with DOPT OM dated 14-10-2024 & 21-05-2025
- f. Conducting Digital Life Certificate camps in Bengaluru and other cities of Karnataka in which more than 3400 pensioners were assisted to submit their annual life certificates
- g. Helping infirm and aged pensioners to submit their life certificate from the confines of their homes.
- h. Writing to the Department of Posts to update the soft ware to facilitate payment of arrears of D R within a reasonable time after issuance of the OM by the Department of Pension &PW instead of at end of the month.
- i. Assisting pensioners in drafting of their Grievances to the Pension Adalat.
- j. Conversion of single P O SB account into joint account. Postal Directorate has responded positively and has referred the matter to DoE, MoF.
- k. Assistance to all Central Govt.pensioners for submission of their life certificate in October / November, 2024 - Yeomen service by 33 volunteers
- l. SMS alerts on pension credit to Postal Pensioners
- m. Assiting pensioners in submitting applications for new CGHS Card

9. Long pending Demands

- (a) Release of DA/ DR frozen for 18 months from 1-1-2020 to 30-6-2021
- (b) Restoration of Commutation after 12 years
- (c) Enhancement of Fixed Medical Allowance (FMA) from Rs.1000 to Rs.3000
- (d) Commencement of age-related additional pension at the age of 65 years instead of at 80 years.
- (e) Grant of Financial upgradation under MACP from 1-9-2008 instead of from 1-1-2006
- (f) Financial Upgradation under MACP Scheme (MACP-III) to Promotees in Dept. of Posts

10. Grievances of Pensioners

Grievances of some of our members were taken up with the authorities concerned and some grievances were also registered on CEPENGRAMS of the Department of Pension and Pensioners Welfare. All grievances, except one, were settled to the satisfaction of the pensioners/ family pensioners. We are happy to note that members always appreciate our efforts and some of them have even donated to the building fund as a token of their gratitude.

11. CGHS Matters

- (a) Opening of a full-fledge CGHS WC in Hubballi instead of the extension counter sanctioned a year ago, which also, is yet to be opened.
- (b) Opening of CGHS WCs in Mangaluru, Udupi and Shivamogga

This issue also is being pursued by the association since many years. There is justification for opening CGHS WCs in all the 3 cities. We had also furnished the required statistical data to the AD CGHS. We are glad that the Health Ministry has agreed in principle to open CGHS WCs in all the 3 cities, along with 19 other WCs in the country as revealed by the Minister of State, in the Ministry of Health & Family Welfare in the Parliament on 2-8-2024 in reply to a question raised by Sri B.Y.Raghavendra, M P Shivamogga.

We have been pursuing the issue regarding opening of more CGHS WCs in Bengaluru city and opening of a Full-fledged WC at Shakaranagar, Bengaluru.

- (c) Revision of CGHS Package rates

This issue was being pursued strongly with CGHS/ MOH&FW by CCCGPA and many Pensioners' Association in the country for years. Finally, package rates of OPD consultation, Ward charges, ICU charges, 36 Radiological & Imaging investigations etc., were revised. We have also demanded Revision of Ward entitlement for those CGHS beneficiaries who retired on or after 01.01.2016

12. Our role in connection with Pensioners' Portal & our relationship with DOPPW

KP&TPA is one of the 4 associations in Karnataka identified by DoPPW under National e-Governance Plan (NeGP). The association gets an annual grant of Rs.75,000/-. Sri V. Srinivas, IAS, Secretary, DOPPW in the last virtual meeting informed Pensioner' Associations that the Grant-in-Aid will be increased to Rs.5,00,000 p.a. from the year 2025-2026.

We have been maintaining a cordial relationship with the Department of Pension and Pensioners' Welfare. Under the initiative of Shri V Srinivas, IAS, Secretary, Department of Pension and Pensioners' Welfare, virtual meetings are being held frequently. Our association has been attending all the meetings and bringing to the notice of the Secretary issues that required to be brought his notice.

13. Our Website

The Association has its own website www.kptpa.org. It has been maintained for the last 14 years now. The journal *Pensioners' Champion* and other important orders are being uploaded every month. List of donations for the building fund received up to 31-3-2025 has

been uploaded. We request our members to visit the site regularly and suggest improvements.

14. WhatsApp groups

WhatsApp groups viz. ktpa, KP&T Pen Assn-Gp 1 and Gp 2, have been created to which the monthly journal and other orders are being regularly posted. Information on pensioners' welfare/CGHS is also being posted in the groups. At present, there are 1005 members in these 3 groups. We are making efforts to include the mobile phone numbers of all members who have android mobile phones. We request other members also to join the group by sending a WhatsApp message to our EC members Sri K Nagesh :9448705268 or to Sri Viswanatha Rao :9343518849.

15. Our Publication- Pensioners' Champion:

15.1 The Association's monthly journal titled *Pensioners' Champion* is also very popular. Matters relating to central government pensioners find a place there, like the government orders on pension, D R etc., report on SCOVA / JCM meetings, court orders on pension, report on the activities of sister pensioners' associations, health tips etc. Besides, information about Autonomous body pensioners, BSNL, CGHS, Obituaries and the feedback from readers in the column 'Our Readers Write', list of holidays and Consumer Price Index are some of the regular columns. A new column "Question Corner" has been introduced from January 2023 to provide a facility to our readers to write to us on issues regarding pension, family pension and other pension related issues on which they need some information/clarification.

Names of the new members, lists of renewal of subscription and donation received for the building funds are integral parts of the journal. About 1800 copies are mailed, which includes about 180 non-member subscribers.

Many Pensioners from other states have also been subscribing for the journal regularly for years. The individual achievements of the members in areas like literature, social service are also reflected in the journal from time to time.

15.2. Subscription for the journal and its renewal

Annual subscription for the journal (July to June) is Rs.180/- in respect of members and from Rs.240/- in respect of subscribers to the journal. We find that many of our members have not renewed their subscription for many years. Still, we continued to send them the journal. We are spending a huge amount monthly on printing and posting of the journal due to the revision of printing charges. While we thank all those who have renewed their subscription, we request others who have not yet renewed their subscription to renew it now.

Amount may be credited to the bank account of the association furnished here. Name of the Account Holder: Karnataka P&T Pensioners' Association Bank: SBI, NTI Layout Branch, Vidyanarayana, Bengaluru 560097 Current Account No. 36418697411 IFSC: SBIN 0009045 OR credited by scanning the QR code which is regularly printed in the journal

16. Membership and Finance.

16.1. Membership

It is a matter of pride that our membership is increasing every month with the addition of at least 5-6 new members, some months more than 10 and the total number as on 31-3-2025 has exceeded 3600. This feat was possible only because of the tireless efforts of Sri Rajashekara, retd. Dy. Director, PTC Mysuru, who enrolled pensioners in Mysuru, Nanjanagodu, Chamarajanagar, Srirangapatna etc., V. Shashidhara, Postmaster (Retd), Bhadravathi HPO and Secretary, P&T Pensioners' Welfare Association, Shivamogga,

Sri M.Ramakrishna, Sahakaranagar, Sri KAnanda who enrolled pensioners residing in Kolar, Robertsonpet -KGF and other places in Kolar District. Treasurer of the association Sri K.R. Anantha Ramu and Sri C Ramakrishna Reddy, E C Member deserve appreciation for enrolling many pensioners as members of the Association.

16.2. Finance

We are receiving a good amount of donations from the members and well-wishers regularly. 1st floor of the old building of 'Pensioners' Bhavan' and both the floors of the new building are let out. The rents from it, the interest from the fixed deposits and liberal donations have enabled the Association to manage its financial position. We are glad to say that members are continuing to donate for the building fund. It is heartening to note that 15 of our members have donated Rs.1,00,000 & two of them above Rs.2,00,000 and above to the building fund. Pensioners Bhavan, as per the original plan, must have been built in 2 floors. But due to paucity of funds, the new building could be built with only one floor. Founder of the Association viz. Sri N Bhaskaran, is often reminding our President Sri G Babu to construct a big meeting hall on the 2nd floor. We need funds to go ahead with the construction. Hence we appeal to our members, especially those members who have not contributed to the Building fund so far to donate liberally

16.3. Donations for Educational purposes:

Some of our members have donated liberally to the Education fund which facilitates the association in giving away cash awards to the meritorious students of Govt Schools every year. In our AGB on 12-07-2025 we propose to give cash awards to 30 students of Govt. Schools. We sincerely thank all members who have donated for the Building fund & for charitable purposes.

But a lift is not yet installed for want of funds and our desire to construct a big hall in the second floor to conduct Annual General Body meetings, is yet to be fulfilled. Therefore, donation to the building fund is always welcome.

16.4. Audited Statement of Accounts and Balance Sheet for the year 2024-2025 are appended to this Annual Report for the perusal of the members.

17. Our thanks

- i. Shri N.Bhaskaran, Shri M.Ramaiah and Shri H.S.Manjunatha, Advisors to the Association, for their guidance and support to the Executive Committee in all matters.
- ii. Shri T V Suryaprakash, Joint General Secretary, CCCGPA, Karnataka & Secretary, Coffee Board Pensioners' Association for his initiative in arranging DLC camps not only in Bengaluru but also in other cities of Karnataka for submission of Digital Life Certificates.
- iii. Sri S Radhakrishna, General Secretary, CCCGPA for his support to the association in taking up several issues concerning pensioners' welfare with the concerned Departments.
- iv. The Chief Postmaster General, Karnataka and all the officers in the administrative offices, Head Postmasters and Sub postmasters, for their positive response to our requests on several issues concerning pension matters.
- v. The General Manager, Postal Accounts and Finance, Karnataka & the Controller of Communication Accounts (DoT) and all their staff for their helpful attitude in redressing the grievance of the pensioners including family pensioners brought to their notice by the association.
- vi. The Additional Director, CGHS, CMOs of all Wellness Centres and the staff for their sympathetic approach to the pensioners' problems
- vii. The Management Committee of CCCGPA, Karnataka, National Coordination Committee of Pensioners' Associations,

- Bharath Pensioners Samaj, New Delhi and AIFPA, Chennai, to which the Association is affiliated, for their cooperation and for pursuing the issues brought to their notice with the concerned authorities
- viii. Shri A.Rajagopal, Partner, GRSM Associates for auditing our accounts promptly
 - ix. Shri Achyuta and Smt. Rama and the staff of Omkar Hi-Prints for printing of our journal.
 - x. Sri K.Ananda, for helping the association for submission of annual report & the amended By-laws to the Registrar of Co-operative Societies for approval.
 - xi. Sri S Rajashekhara, Mysuru and Sri V Shashidara, Shivamogga for

enrolling a good number members to the association.

- xii. Sri G Gopal, Auto-driver, for very promptly delivering our journals to the Patrika Channel every month.

- xiii. All the members and well-wishers of the Association for the cooperation extended by them in our endeavors.

We once again thank all the members, subscribers and well-wishers for the trust they have reposed in us and for their support in our endeavors.

On behalf of the Executive Committee, K P&T P A

G. Babu
President

K.B.Krishna Rao
Secretary

Bengaluru, 27th June, 2025

IMPORTANT : MATTER CONCERNING ALL PENSIONERS

Constitution of Legal Fund to meet the expenditure for filing a writ petition before the Hon'ble Supreme Court against "Validation of Pension Rules" passed in the Parliament on 29-03-2025 as a part of the Finance Bill 2025

The National Coordination Committee of Pensioners Association(NCCPA) in co-ordination with the Forum of Civil Pensioners, in its virtual meeting held on 09-06-2025, attended by many Pensioners Associations in the country, including Karnataka P&T Pensioners Association and some Federations of Pensioners Associations, unanimously decided to file a writ petition before the Hon'ble Supreme Court challenging the validity of the "validation of CCS(Pension) Rules 1972&2021 and EOP Rules 2023 passed in the Parliament on 29-3-2025 as a part of the Finance Bill 2025.

After a detailed discussion it was decided to contact, Sri Kapil Sibal, the Senior Supreme Court Advocate and an expert in constitutional matters, requesting him to file a writ petition against the said bill passed by the parliament.

The NCCPA has estimated that the expenditure on this score would be about

Rs. 50,00,000 (Fifty lakhs) and has appealed to all its affiliate organisations to donate liberally to the LEGAL FUND.

KP&TPA has been requested to remit at least Rs.1,00,000 (One lakh) to the Legal Fund of NCCPA at an early date to facilitate filing of Writ Petition.

Therefore, we appeal to all of our members to generously donate to the legal fund-NCCPA as the issue is concerning the welfare of ALL CENTRAL PENSIONERS.

We request our members to donate at least Rs.1,000/- (Rs. One thousand) or a higher amount at the convenience of the members to the legal fund.

The amount may be remitted to the Association's bank account No. 36418697411, SBI Vidyananyapura IFSC: SBIN 0009045 or by scanning the QR code printed in page 22 of the journal

KARNATAKA POSTS AND TELECOMMUNICATIONS PENSIONERS' ASSOCIATION (REG) Reg.Off : Pensioners' Bhavan, Telecom Layout, Srirampura Phase II Bengaluru <i>Receipts and Payments Account For The Period Ended 31st March 2025</i>					
Previous Year(23-24)	RECEIPTS	Current Year(24-25)	Previous Year(23-24)	PAYMENTS	Current Year(24-25)
1,22,593	To Opening Balance			By Donations	23,000
	Cash at Bank	3,82,693	7,000	Others-CCGPA and NCCPA	2,72,430
2,10,513	To Subscriptions	2,17,228	2,47,904	By Printing Charges of Journals -	
5,240	Pensioner's Champion	6,300		Pensioners Champion	14,729
	Annual Subscription by non members		2,23,528	By Water Expenses	4,596
	To Donations			By Electricity expenses	10,289
3,83,421	Building Fund	1,82,181		By Postage & Telephone	14,543
85,869	Association	62,525	2,44,706	By Printing & Stationery	23,600
				By Professional Fees	1,918
73,420	To Bank Interest on F.D Account			By Subscription to Periodicals	1,779
7,50,000	To Fixed Deposits Matured	5,01,985	53,300	By Travelling Expenses (TA)	55,00,000
2,45,000	To Security Deposits/rent in advance	45,50,000	16,00,000	By Fixed Deposits	-
1,880	To Admission Fees	4,80,000	10,000	By Donation to charities	9,190
7,02,347	To Rent	1,880	9,190	By Websites Charges	22,505
94,000	To Life Membership Fund	7,49,980	83,352	By Building Maintenance	2,09,090
75,000	To Refund of Loan from Portal Account	94,000	1,82,018	By Annual General Body Meeting	37,570
1,08,040	To TA recd for generating DLC	75,000	27,193	By Executive Committee Meeting	4,500
15,373	To Sale of Books	1,29,560	5,100	By Affiliation Fees	1,947
18,670	To loan from Treasurer	9,744	2,124	By Bank Charges	18,150
-	To Refund of Income tax	28,486	20,470	By Conveyance	66,250
		66,340	42,970	By Remuneration & Wages	4,50,000
			10,000	By Refund of Rent Advance/Security Deposit	-
			3,000	By Photographer charges	2,500
			14,750	By Rent Brokerage charges	31,995
			20,418	By Refund of Loan to Treasurer	-
			1,140	By Refund of Subscription to PC	2,300
			2,190	By Felicitation function	300
			2,700	By Delegation fee	

KARNATAKA POSTS AND TELECOMMUNICATIONS PENSIONERS' ASSOCIATION (REG)

Reg. Off : Pensioners' Bhavan, Telecom Layout, Sriinapura Phase II Bengaluru

Receipts and Payments Account For The Period Ended 31st March 2025

Previous Year(23-24)	RECEIPTS	Current Year(24-25)	Previous Year(23-24)	PAYMENTS	Current Year(24-25)
			320	By Sumptuary charges at DLC Camps	3,259
			75,000	By Portal Account Expenses	75,000
			-	By Renewal of Registration of Association	2,550
			-	By Cash Awards to School Children	20,000
			-	By Property Tax	2,64,902
			-	By Financial assistance for medical treatment	10,000
			-	By Building Construction Charges	2,19,965
			3,82,693	By Closing Balance	2,19,045
			-	Cash at Bank	-
			-	Cash on Hand	-
28,91,366	TOTAL		28,91,366	TOTAL	75,37,902

Vide our report attached
For GRSM & ASSOCIATES
Chartered Accountants
Firm's Registration No: 008635

Sd/-
Rajgopal A
Partner
M No: 205296
Date: 17-06-2025
Place: Bengaluru

Sd/-
G.Babu
President

Sd/-
K.B.Krishna Rao
Secretary

Sd/-
K.R.Anantha Ramu
Treasurer

KARNATAKA POSTS AND TELECOMMUNICATIONS PENSIONERS' ASSOCIATION (REG) Reg.Off : Pensioners' Bhavan, Telecom Layout, Srirampura Phase II Bengaluru Income And Expenditure Account For The Period Ended 31st March 2025					
Previous Year(23-24)	EXPENDITURE	Current Year (24-25)	Previous Year(23-24)	INCOME	Current Year (24-25)
1,82,018	To Annual General Body Meeting	2,09,090	1,880	By Admission Fees	1,880
27,193	To EC Meeting	37,570	85,869	By Donations - Association	62,525
5,100	To Affiliation Fees	4,500		By Subscription to Pensioners Champion	2,17,228
2,124	To Bank & MO Charges	1,947	2,10,513		6,300
20,470	To Conveyance	18,150	5,240	By Subscription by non-members	4,48,367
10,000	To Financial assistance for medical treatment	10,000	3,66,427	By Bank Interest on FD Account	7,49,980
7,000	To Donations CCGPA, NCCPA & BPS	23,000	7,02,347	By Rent	9,744
9,190	To Websites Charges	9,190	15,373	By Sale of Books	1,29,560
32,597	To Postage & Telephone	10,289	1,08,040	By TA recd. For generating DLC	3,555
22,616	To Printing & Stationery	14,543	-	By Interest on Tax refund	
	To Printing Charges of Journals				
2,47,904	Pensioners Champion	2,72,430			
20,650	To Professional Fees	23,600			
2,339	To Subscriptions to Periodicals	1,918	28,298	By Excess of Expenditure over Income	-
3,000	To Photographer charges	-			
56,000	To TA DA & Delegation Fees	2,079			
1,83,352	To Building Maintenance	22,505			
1,140	To Refund of Subscription	-			
2,790	To Water Charges	14,729			
-	To Property Tax	2,64,902			
7,542	To Electricity Charges	4,596			
2,190	To Felicitation function	2,300			
-	To construction of Building				
320	To Sumptuary charges at DLC Camps	3,259			

KARNATAKA POSTS AND TELECOMMUNICATIONS PENSIONERS' ASSOCIATION (REG) Reg.Off: Pensioners' Bhavan, Telecom Layout, Srirampura Phase II Bengaluru <i>Income And Expenditure Account For The Period Ended 31st March 2025</i>					
Previous Year(23-24)	EXPENDITURE	Current Year (24-25)	Previous Year(23-24)	INCOME	Current Year (24-25)
14,750	To Rent broketrage charges	2,500			
-	To Renewal of Association Registration	2,550			
6,20,732	To Depreciation	5,80,652			
42,970	To Remuneration & Wages	66,250			
-	To Cash Awards to Govt. School students	20,000			
-	To Excess of Income Over Expenditure	6,591			
15,23,987		16,29,139	15,23,987	TOTAL	16,29,139
Vide our report attached For GRSM & ASSOCIATES Chartered Accountants Firm's Registration No: 008635 Sd/- Rajgopal A Partner M No: 205296 Date: 17-06-2025 Place: Bengaluru Sd/- G.Babu President Sd/- K.B.Krishna Rao Secretary Sd/- K.R.Anantha Ramu Treasurer					

KARNATAKA POSTS AND TELECOMMUNICATIONS PENSIONER'S ASSOCIATION (REG)						
Reg.Off : Pensioners' Bhavan, Telecom Layout, Siranapura Phase II Bengaluru						
Balance Sheet as at 31st March 2025						
Previous Year(23-24)	LIABILITIES	31-03-2025	Previous Year(23-24)	ASSETS	31-03-2025	
38,38,188	General Fund Opening Balance	38,09,890	38	Computer Opening Balance	23	
28,298	Add: Excess of Income over Expenditure	6,591	15	Less: Depreciation @ 40%	9	14
38,09,890			23			
14,99,543	Life Membership Fund Opening Balance	15,93,543		Furniture Opening Balance	77,513	
94,000	Add: Receipts during the year	94,000	8,612	Less: Depreciation @ 10%	7,751	69,762
15,93,543			77,513			
5,46,000	Security Deposits of Rent Opening Balance	5,46,000	61,21,053	Building Add: Additions	55,08,948	
-	Add: Received during the year	4,80,000	-		2,19,965	
-	Less: Paid during the year	4,50,000	6,12,105	Less: Depreciation @ 10%	57,28,913	51,56,022
5,46,000			55,08,948		5,72,891	
			16,82,689	Land		16,82,689
82,04,713	Building Fund Opening Balance	85,88,134		Current Assets		
3,83,421	Add: Receipts during the year	1,82,181	87,70,315	Loans and Advances		-
85,88,134				Loan to portal A/c	10,000	10,000
				TDS		
				FY 2016-17	14,845	
3,509	Loan from Treasurer Opening Balance	3,509	14,845	FY 2017-18	28,393	
-	Add: Received during the year	28,486	28,027	FY 2018-19	28,027	
-	Less: Repaid	31,995	26,134	FY 2022-23	-	
3,509			36,651	FY 2023-24	-	
			1,34,050	FY 2024-25	44,843	1,16,108

KARNATAKA POSTS AND TELECOMMUNICATIONS PENSIONER'S ASSOCIATION (REG) Reg.Off : Pensioners' Bhavan, Telecom Layout, Srirampura Phase II Bengaluru <i>Balance Sheet as at 31st March 2025</i>					
Previous Year(23-24)	LIABILITIES	31-03-2025	Previous Year(23-24)	ASSETS	31-03-2025
			63,50,000	Fixed Deposits	73,00,000
			3,95,160	Accrued interest	2,96,699
			3,82,693	Cash at Bank	2,19,045
1,45,41,076	TOTAL	1,48,50,339	1,45,41,076	TOTAL	1,48,50,339
<div> <div> Vide our report attached For GRSM & ASSOCIATES Chartered Accountants Firm's Registration No: 00863S </div> <div> Sd/- Rajgopal A Partner M No: 205296 Date: 17-06-2025 Place: Bangalore </div> <div> Sd/- G.Babu President </div> <div> Sd/- K . B Krishna Rao Secretary </div> <div> Sd/- K .R Anantha Ramu Treasurer </div> </div>					

Supply of medicines prescribed by the Specialist by the CGHS wellness centres

In some relaxation of the earlier instructions on the subject, CGHS vide its OM dated 16.5.25 reproduced below, has instructed the Wellness Centres to indent the specialist prescribed medicine in its brand name, if the medicine with same composition either in its generic name or a different brand name is not available in the dispensary.

Government of India Ministry of Health & Family Welfare (EHS Section)
OM No. F. No. Z15025/117/2017/DIR/CGHS/EHS(3132722) I/3767573/2025 Dated: 16-05-2025

Revised instructions for the issue of generic/ branded medicines at CGHS Wellness Centres

In continuation of this Ministry's OM of even no. dated 15.01.2018, the instructions for the issue of generic/branded medicines at CGHS Wellness Centres, is as follows:

The medicines prescribed by specialists shall be supplied by CGHS as per the available generic name at the CGHS Wellness Centre. In case the medicine prescribed by the Specialist is available by an alternative brand name having the same composition, it shall be supplied by the brand name available at CGHS Wellness Centre.

If, the medicine prescribed by the Specialist is not available at CGHS Wellness Centre either by generic name or alternate brand name, it shall be indented by the same brand name through Authorized Local Chemist.

2. In view of the above, the CGHS Wellness Centres are directed to strictly adhere to these guidelines to ensure uninterrupted and efficient service delivery to beneficiaries, subject to the admissibility instructions for medicines issued from time to time by the directorate.

PAYMENTS TO THE ASSOCIATION

Payment of subscription for the journal "Pensioners' Champion" and Donations for the Association **MADE EASY.**

Money Can now be transferred to the association's Bank account through UPI Google pay / Phone pay **by scanning the QR Code printed alongside**

After entering the amount please type your membership number and name in the box "Add a note" seen below the amount in Google pay and "Add a Message" seen in Phone Pay.



Donation to Association-for Educational Purposes

SI No.	Name Sri / Smt.	Membership No.	Amount Rs.	Receipt No.	Progressive Total of Donation
1	G.A.Brahma Deva	ALM 1753	5000	6612	
2	B.S.Shivakumara Swamy	LM 2421	3000	6628	
3	M.Shivanna	LM 3344	500	6617	

Subscription received for Pensioners' Champion during May-June 2025

Rs.180/- Smt./Sri	Rs. 180/- Smt./Sri	Rs. 180/- Smt./Sri	Rs. 360/- Smt./Sri
2430 S.Devapala 100/-	2364 K.R.Ambrose	3255 K.Abubakar	1579 A.Narayanaswamy
611 B.Anantharamu	2372 M.N. Anjanappa	3263 Y.S.Lakshmana	1900 G.Mathiyazhagan
762 Sadananda	2380 K.Boraiah	3265 Laxmana	1970 V.Murugan
824 AnasuyaSharma(FP)	2487 G.Suresh	3292 A.S.Thippeswamy	2017 N.Nadarajan
1015 H.S.Manjunatha	2508 K.I.Sosamma	3317 V.Prakash	2206 M.Elangovan
1131 K.B.Krishna Rao	2514 N.Vinoda	3344 M.Shivanna	2265 R.Vijayan
1171 R.Subramanya	2558 B.S.Sathyanarayana	3356 D.M. Chandra Naik	2310 S.N.Ranganath**
1258 Keval Krishen	2562 M.A.Parthasarathy	3374 M.S.Halappa	2439 S.Yamuna
1389 A.Narasimha Aithal	2578 K.Sripada Joshi	3376 K.M.Basavarajappa	2640 K.R.Gurukar
1427 K.Rangaswamy	2664 C.S.Doddamani	3409 Y.G.Sathyanarayana Rao	2699 Sripoorna.V.Sondur
1461 A.H.Veeraiah	2674 C.S.Shyamasundar	3499 S.D.Jayachar	2941 M.Chikkalakshmana
1683 C.Ramakrishna Reddy	2718 B. Surendra Naik	3509 Somashekara	3062 P.R.Uma
1748 R.Sundaram	2721 P. Shekharappa	3530 U.Mamatha	x x x RAJENDRA
1852 H.M.Nagabhushana	2794 R.Kanagarajan	223X Akhila B	2446 Abdul Gaffoor 396
1958 K.S.Sridhara	2827 G.R.Handigol	x x x D.S.Pramod	Rs. 400/- Smt/Sri
2021 V. Purushottamachar	2909 K.Hanumanthan	x x x Madhu(C.Senthil Kumar)	956 R.Santhanam
2109 M.Nanjunde Gowda	2917 M.N. Nagamani	x x x Vishwana	Rs. 500/- 540/- Smt/Sri
2114 M.R.K.Rama Rao	2922 S.Malathi	x x x Mohammad	1205 U.Rajendra
2124 R.M.Revankar	2946 S.Amala	Rs. 200/- 240/- Smt/Sri	2285 S S.Nanda
2174 B.N.Sundaresha Moorthy	2989 M.Ramakrishna	1278 U.Manohar Shenoy	839 V.Padmanabhan
2257 K.Mahananda Reddy	3054 J.P.Vanita	1997 D.N.Jagadeesha	3109 R.S.Prasad
2293 Sunanda.N.Pai	3094 C. Narasimha Murthy	2098 Mohankumar	Rs. 600/- Smt/Sri
2294 N.L.Raghava	3114 B.Basavaraju	2797 N.L.Shakunthala	2774 R.Prakash Babu
2325 K.M.Sharada	3129 Sudhakar.N.Haldipur	3176 M.N.Reddy 210	Rs. 690/- Smt/Sri
2327 K.Ranganath	3200 V.Ramya Jalathara	1485 P.R.Balakrishna 240	1633 K.A.Sudarshanam
2340 G.R.Narayana Swamy	3241 P.Ramachandra Rao	S-150 D.K.Joshi 240	
	3248 K.H.Renuka Kumari	S-369 M.A.Majeed 240	
		1313 Suresh Mallya	

Donation for the Building Fund - 102nd List May-June 2025

SI No.	Name Sri / Smt.	Membership No.	Amount Rs.	Receipt No.	Progressive Total of Donation
1740	M.Shivanna	LM 3344	1111	6617	
1741	B.S.Shivakumara Swamy	LM 2421	2000	6627	4002

List of donations received up to 31-03-2025 has been uploaded to the website of the association 'kptpa.org'. Donors are requested to visit the website and check-up whether their names have been correctly mentioned and the amount donated has been correctly indicated in the list. Discrepancies, if any, may please be informed to the Secretary on Phone: 08023230545 or Mobile 7090151944/9483467750

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WE WELCOME THE FOLLOWING NEWLY ENROLLED MEMBERS

Sl.No.	Name (Smt./Sri)	Designation & Office in which last worked	Type & No.
1	Kamala Srinivasan(FP)	W/o Srinivasn, C A O and IFA, Rajakot, Gujarat	LM 3662
2	C.Narayana Swamy	Postal Assistant, O/o SSPOs, BG South Division, Bengaluru	LM 3663
3	J.Harish	Postman, Bengaluru GPO, Bengaluru	LM 3664
4	K.Venkatakrisna	Postman, Bengaluru GPO, Bengaluru	LM 3665
5	T.A.Shubha	Office Assistant, Postal Stores Depot, Bengaluru	LM 666
6	R.Vishweswara Sastry	Postal Assistant, Kolar Head Post Office, Kolar	LM 3667
7	H.R.Rama Prasada	Draftsman, Division I, Survey of India, Bengaluru	ALM 3668
8	M.Vinoda	LSG Postal Assistant, Chikkamagalur Head Post Office, Chikkamagaluru	LM 3669
9	R.Gopinatha	Postmaster, HSG I, Tiptur Post Office Tiptur	LM 3670
10	H.Guruswamy	Head Sorting Assistant, SRO, RMS Q Division, Davanagere	LM 3671
11	Y.Dass	Postman, Bengaluru City MDG Post Office, Bengaluru	LM 3672
12	E. Govindaraju	HMG, NSH, Bengaluru GPO	LM 3673
13	B.Uma	BCR Postal Assistant. Bengaluru General Post Office, Bengaluru	LM 3674
12	Radha.M.Katti	BCR Postal Assistant. Shivamogga Head Post Office, Shivamogga	LM 3675

ALL INDIA CONSUMER PRICE INDEX

Month	CPI Base 2016=100	CPI Base 2001=100	12 Months Total	Monthly average	7th CPC % increase over 261.42	DR due
Jan. 2024	138.9	138.9 X 2.88= 400	4732	394.33	50.84	50% from Jan, 2024
June 2024	141.4	141.4 X 2.88= 407	4811	400.91	53.36	53% from July 2024
Dec. 2024	143.7	143.7 X 2.88= 414	4893	407.75	55.975	55% from Jan 2025
Apr. 2025	143.5	143.5 X 2.88= 413	4939	411.58	57.44	

* Linking factor for conversion of the index numbers of 2016 base year to 2001 base year: 2.88

BSNL IDA

IDA from 1-01-2025 - 228. 5% (4.3% increase over Oct 2024 rate of 224.2%)
IDA from 1-04-2025 - 226. 5% (2% decrease over January rate of 228.5%)

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