



Monthly Journal of
**KARNATAKA POSTS AND TELECOMMUNICATIONS
PENSIONERS' ASSOCIATION (R)**

(KSR Act 1960, REG. No. 1069/98-99)
(FORMERLY RMS PENSIONERS' ASSOCIATION)

Registered as "A Wholly Charitable Trust" U/S 12A of I.T. Act 1961

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VOLUME XXIV

ISSUE 12

DECEMBER 2024

Annual Subscription : Members- Rs. 180/- Others - Rs. 240/- Single Copy - Rs. 20/-

**Celebration of Pensioners Day and successful completion of
Digital Life Certificate Camps: 17- 12-2024**

'Pensioners' Day' was observed by the Coordination Committee of Central Government Pensioners' Associations, Karnataka (CCGPA) and its affiliate Pensioners' Associations, on 17th December, 2024 at Udaya Bhanu Kalasangha, Ramakrishna Ashram Layout, Kempegowda Nagar, Gavipuram Extension, Bangalore – 560019.



Comrade V.A.N.Namboodiri, Veteran P&T Trade Union Leader, Founder General Secretary BSNLEU, Advisor AIBDPA, Patron NCCPA and a Veteran Leader of Pensioner Community was the Chief Guest (3rd from left). Others on the dais: from left S/s T.V Suryaprakash, Jt. Secretary, S. Radhakrishna, General Secretary, K.B. Krishna Rao, President, G. Babu, President K P&T PA, P.S. Prasad & Smt. Juliana Vincent, Jt. General Secretaries, CCCGPA, Karnataka

Pensioners' Day 17-12-2024



Com V.A.N.Namboodiri, the Chief Guest being received at the entrance of the venue.



Com V.A.N with Pensioners



S. Radhakrishna GS, CCCGPA, Welcoming the Chief Guest and others



Com Namboodiri, the Chief Guest speaking



Com Namboodiri, presenting books written by him to the CCCGPA President K.B. Krishna Rao



Sri G.Babu, President KP&TPA addressing

More photos in page 15

Pensioners Day 17-12-2024

Sri K.B.Krishna Rao, President in his opening remarks spoke briefly about the significance of Pensioners Day and said that presence of Com V.A.N. Namboodiri, the veteran P&T Trade Union Leader and Leader of the Pensioners movement in the country on pensioners Day was a Red- Letter day in the annals of the history of CCCGPA-K and the Management Committee always wished that Com Namboodiri, who had addressed pensioners in 2020 through a video conference, is physically present and address the pensioners. He said that he was extremely glad that the wish has become a reality.

Sri S.Radhakrishna, GS CCCGPA welcomed the Chief Guest, Sri G.Babu, President KP&TPA and all others present and introduced Com Namboodiri, as one of the great leaders of the working class movement in the country, who has been in the fore front of all the struggles of the central employees and pensioners and requested him to address the pensioners who had assembled in a very good number.

(Edited speech of Com Namboodiri is reproduced below)

Sri G. Babu, President KP&TPA, a veteran leader of the BSNL employees and Pensioners in Karnataka, in his brief speech, mentioned about the issues facing the pensioners and the role played by the pensioners associations, especially CCGPA and K P&T PA.

Presentation of a report on Successful completion of Digital Life Certificate Camps organised by Karnataka P&T Pensioners Association and Coffee Board Pensioners Association, the 2 affiliates of CCCGPA Karnataka, was another important programme of the day. Sri K.B.Krishna Rao, Secretary, KP&TPA furnishing details, said that 33 volunteers had generated 3530 Digital Life Certificates in October & November 2024 in 39 camps, 27 in Bengaluru and 11 in the other

cities of Karnataka and 1 in Thirupathi. The Volunteers, he said, visited 1438 residences of aged pensioners and Old age homes and generated their life certificates from the comforts of their homes. He said that Sri TV Suryaprakash, Secretary Coffee Board Pensioners Association and Jt. GS, CCCGPA-K was the brains behind the successful DLC campaign 2024, who planned and organised many camps. He was ably assisted by S/s K.R.Anantha Ramu, B.Nagaraju, Viswanatha Rao and many others.

Sri K.B Krishna Rao said that he was extremely happy to note that each year more volunteers start generating DLCs, totally 33 volunteers in 2024 including those from out of Bengaluru. Many members of the associations from Mysuru, Nanjanagudu, Chamarajanagara, Thumakuru, Hassan, Davanagere, Chitradurga, Shivamogga, Chikkamagaluru, Kolar and Robertsonpet evinced keen interest in organising DLC camps in which a good number of pensioners submitted their annual life certificate. He profusely thanked all the volunteers, Coordinators and sponsors for their selfless service to the pensioner community and said that their services extended to pensioners free of any charges, must be placed on record. Some of the volunteers who were present in the meeting were introduced and called to the dais for a group photograph. The volunteers got a good round of applause. Many others who had provided support and infrastructure facilities for conducting DLC camps, some who had conducted DLC camps at their homes and those pensioners who had extended hospitality to the volunteers & the pensioners in the camps were profusely praised for their selfless service and were gratefully thanked.

Speech of Com V.A.N.Namboodiri, the Chief Guest

Respected President Com K.B.Krishna Rao, President of the Co-Ordination Committee

of Central Pensioners' Association, Karnataka, Com S.Radhakrishna, General Secretary, CCCGPA, and other respected leaders and all friends and comrades who are participating in this august function.

On behalf of the National Co-Ordination Committee of Pensioners' Association and on my own behalf, I greet you all and convey my warm Greetings on Pensioners' Day to all participants.

I am very happy that the CCCGPA is organizing the Pensioners' Day in a big way and thankful for inviting me to address this function. I am seeing many stalwarts of the Central Government Employees' Movement as also that of Pensioners. My pranaams to all of them.

17th December is being observed as the Pensioners' Day every year in memory of the Historic Supreme Court Judgment which was delivered 42 years back on 17th December 1982 and which is considered as the 'Magna Carta' of Pensioners. Since the first petitioner who filed the case was Shri D.S.Nakara, an officer of the Defence Ministry, the case is called as 'Nakara Case' in his honour.

When the Pensioners all over the world are facing many attacks on their right and privileges, the importance of observing the day is most appropriate.

The historic strikes of 1946, 1960, 1968 and 1974 had their impact on achieving various demands of the Central Government Employees, though strikes were dealt with a heavy hand by the Central Government. The Liberalised pension scheme introduced in 1979 was also the product of such struggles.

Maximum pension was increased to Rs 1500/- in the new pension scheme. Pension was granted on the basis of 50% of the first Rs.1000 of average emoluments of last 10 months of service. Certain other modifications were also introduced. Since the order was only prospective, a large number of employees retired before 1979 were deprived of the benefits.

It was against this injustice that former Financial Advisor of the Defence Ministry Shri D.S.Nakara and former Rear Admiral Shri Sathyendra Singh filed a petition in the Supreme Court for extension of the Liberalised Pension Scheme to those retired earlier also. An NGO by name 'Common Cause' also became a party to the petition. D.S.Nakara was getting a monthly pension of Rs 935/- and Sathyendra Singh Rs 981/- at that time and it was liable to be increased if the pension scheme was implemented retrospectively. They pointed out that the decision of the government is in violation of provisions of the Constitution.

The 5 members Constitution Bench considering the case, consisting of Chief Justice Y.V.Chandrachud, Justice V.D.Thulzapurkar, Justice D.A. Desai, Justice O.Chinnappa Reddy and Justice Bahrul Islam gave their historic verdict on 17th December 1982. This judgment is called the "Magna Carta" of the Pensioners due to its importance in highlighting the rights of Pensioners and ensuring justice to them.

A few relevant parts of the judgement will suffice to establish its importance.

1. Pension is neither a bounty nor a matter of grace depending upon the sweet will of the employer and that it creates a vested right subject to 1972 Rules which are statutory in character, because they are enacted in exercise of powers conferred by proviso to Article 309 and Clause (5) of Article 14.
2. The Pensioners are treated to be a class and the rules are to be implemented without considering whether they retired after or before the date of the scheme.
3. Pension is not an ex-gratia payment, but it is a payment for the past service rendered.
4. It is a social welfare measure rendering socio-economic justice to those, who in the heyday of their life, ceaselessly toiled for the employer on an assurance that in their old age, they would not be left in the lurch

5. A pension Scheme consistent with the available resources must provide that the Pensioners would be able to live (I) free from want and with decency, independence and self-respect (ii) at a standard equivalent at the pre-retirement level.
6. The government's arguments that there is no such earlier example for retrospective effect of scheme have no merit

There are many other important comments which put onus on the government to render justice to the Pensioners

The judgment had its impact on the government and its later decision. For the first time, the issues of earlier Pensioners were included in the terms of reference of the IV CPC constituted in 1983 like Dearness Allowance to workers and Dearness Relief to Pensioners

Slab system was changed and pension was fixed on the basis of 50% of last 10 months average pay. Pension should be revised merging the earlier pension and DR.

The 'Nakara Judgement' had also its impact on the States' Pay Commissions as most of them were revising the pay and pension as per the guidelines of the CPCs.

Now let us examine what is the condition of the Pensioners after four decades of the historic Supreme Court Judgment of 1982?

The Bhattacharya Committee appointed in 2001 recommended Contributory Pension instead of Defined Statutory Pension and same was accepted and implemented by the Central Government for workers recruited from 2004 onwards. The repeated argument of the government for introducing the New Pension Scheme is that the pension amount is increasing and the government will not be able to bear the expenses.

The Central Government Pensioners Pensioners' Associations under the leadership of NCCPA have organized many agitational programs for the restoration of the Old Pension

Scheme including massive Parliament Marches, submission of Memorandum to the Prime Minister of India etc, on issues including the restoration of OPS, Pension revision of BSNL Pensioners with effect from 2017, Pension issues of the Bank retirees etc. The Confederation of Central Government Employees and workers and AISGEF jointly organized a massive rally at Ramlila Grounds in Delhi on 3rd December 2023 participated by lakhs of workers on the demand of restoration of OPS. BSNL Pensioners also under the leadership of AIBDPA organized a two days Dharna and Sanchar Bhawan march on 24th and 25th November 2023 and later on 12th November 2024.

The NCCPA organized a well attended Dharna at Jantar mantar Delhi on 13th November 2024 participated by thousands of Pensioners. Some of the demands, in addition to the restoration of OPS raised in the Dharna are given below.

The condition of the EPF Pensioners PF pensioners and pensioners/ retirees of Banks, Insurance etc are extremely sad, since their pension and other pensionary benefits are meagre. In some cases, revision of pension is not being done after the initial pension is fixed. DR is not granted based for the increase of cost of living index. Even now, there are PF pensioners who are getting only about Rs. 500-600, though a decision had been taken that at least a minimum of Rs. 1000/- should be paid.

At present, the NPS Pensioners are allowed to opt for CGHS only if they have completed 10 years of minimum service and reside in non-CGHS areas. This discrimination has to be stopped and provisions made as for regular pensioners.

During the Corona Pandemic, the train ticket concession for senior citizens was withdrawn. This should be restored without delay.

The VIII Central Pay Commission is to be appointed immediately as the pay revision and pension revision is due from 01.01.2026. Delay in appointment of CPC will result in delay in submission of report and Pay/Pension Revision.

The arrears of DA/DR impounded for 18 months during COVID period should be paid to employees/pensioners without any further delay.

The Pension Revision due from 01.01.2017 to BSNL Pensioners is still not implemented even after 7 years causing much hardship and heartburning. Despite several agitations, the government is adamant and denying the same. Many pensioners have passed away during the period without getting the benefit of their due pension revision. Pension Revision should be made with 15% fitment from 01.01.2017 without any delay.

Commutation of pension is to be reduced from the present 15 years, which is fully unjustified, since the due amount from the Pensioner is recovered in 12 years. The V CPC considering the above recommended reducing the period to 12 years. National Commission appointed by the Supreme Court had also recommended the same. Many Courts in different states have issued directions to stop recovery of commuted amount after 10.8 yrs. The Central government should implement these judgments not only to the appellants, but also to all pensioners.

Many Courts including the Supreme Court have directed that notional increment be granted and pension refixed for the 30th June and 31st December retirees. These Pensioners have worked year long and for the convenience of Government only the date of increments was changed into 1st July and 1st January after 01.01.2006 and 01.01.2016 respectively for easy accounting purposes. There is no justification to deny the benefit of increment in the name of fundamental rules to CG employees. Some State Governments like Tamil

Nadu had already amended the FR of the State Government Employees to grant notional increments. The Central government also should accept this fully justified demand and issue necessary orders.

The Parliament Standing Committee has recommended that the additional pension of 20% now being granted after attaining 80 years should be granted step by step @ 5% after attaining the ages of 65, 70, and 75 years so that by the time the Pensioners is 80 years old, he/she will get the same at 20% as earlier, but the benefit of additional pension will start earlier. Order should be issued accordingly without further delay.

The improvement of the CGHS functioning, as also opening of WCs at many important centers are very much necessary. Supply of sufficient medicines, appointment of required Doctors and other staff, empanelment of more hospitals, increasing the rates of treatment to attract more hospitals for empanelment etc, are issues which have to be settled early. The improvement of retired employees liberalized health scheme (RELHS) in Railway also is required, instead of closing the Railway Hospitals.

The Pensioners Association and especially the NCCPA and its affiliates like Co-Ordination Committee of Central Government Pensioners' Association Karnataka, have the responsibility of fighting for the demands of the Pensioners.

I once again thank all of you for welcoming me to your midst with open arms. I also thank the organizers for inviting me and giving me the chance to greet you all on the Pensioners Day.

We are retired from Service, but we are not tired and will fight for our rights and serve the country. Yes, Retired but not Tired!

Warm Greetings to all of you! Thanks!

V.A.N. Namboodiri

Life Certificate Campaign 2024
Assisting Pensioners to submit their Annual Life Certificate-2024



DLC Volunteers at Pensioners' Day 17-12-2024

Karnataka P&T Pensioners' Association and Coffee Board Pensioners' Association, Bengaluru, together, generated 3530 Digital life certificates of Pensioners in 2024

Number of DLC Camps :

Bengaluru: 27, 1 each in Tumakuru, Hassan, Shivamogga, Chikkamagaluru, Davanagere, Chitradurga, Mysuru, Nanjanagudu, Chamarajanagara, Thirupathi, Kolara & Robertsonpete, KGF.

Total Camps	: 39
Number of Volunteers	: 33
Number of DLC s generated in Camps	: 2092
Number of DLC s generated during House Visits	: 1438
Total	: 3530

THE SPONSORS



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President Sahakaranagar RWA.



A. Shivarama Setty, Secretary
Sahakaranagar RWA.



S.K.Sridhara
Chamarajanagar

INDIVIDUALS AT WHOSE RESIDENCES DLC CAMPS WERE HELD



T. V. Suryaprakash



B.V. Ramesh



T. R. Shankara Murthy



E. Mathiyazhagan



N.G. Joshi

COORDINATORS WHO ORGANISED DLC CAMPS.



P. M. Parameshwaraiah
Mysuru



S. Rajasekhara
Mysuru



V. Shashidhar
Shivamogga



K. Ananda
Kolar & Robertsonpet



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THE VOLUNTEERS



T.V. Suryaprakash



K.R. Anantha Ramu



V. Murugan,



B. Nagaraju



K. B. Krishna Rao



A. R. Prakash



Vishwanatha Rao,



K. Nagesh



S. Kasirajan



A. Prakash



N. R. Anantha



S.N.Hiremani



H. S. Ramesh Babu



N.Prakash



M. B. Shivalingaiah



L.M.Balappa



D. Venkatesalu



N.M. Hegde



K. Anand



H. R. Shamasundara

THE VOLUNTEERS



H.S.Rajendra



B. A. Suryaprakash



R.Anjaneya



C.S.Nagaraja Rao



D.Shivaiah



Basavarajappa



Dr. Venkataramanan



Smt.K S Tara



I. L. Ramaswamy



B.T.Chandrasekar



S.Radhakrishna



M. Ramakrishna



K.N.Prabhakar



G. Mathiazhagan



Basavarajappa



T.V.Venugopala



S. Rajasekhara



Jagadish Hande



H.V.Prakash



M.Elangovan



R.S.N. Murthy



N. Nadarajan



C.Ramakrishna Reddy



N.S. Kulkarni

PENSIONERS' CHAMPION

DECEMBER 2024

CGHS Advisory Committee 2025-2026

**Volunteers to work as “Pensioners’ Representatives” in the
CGHS Advisory Committees in Wellness Centres and in Polyclinic
for the Two-year term from January 2025 to December 2026.**

Government Pensioners’ Associations, Karnataka (CCCGPA-K) has requested its Affiliate Associations connected with CGHS to call for volunteers from among their Members to work as “ Pensioners’ Representative” in the Local Advisory Committees in CGHS Wellness Centres and Polyclinic for the Two-year term

from January 2025 to December 2026. Applications are invited from the Members of Karnataka P&T Pensioners’ Association. Members volunteering to be nominated to the CGHS Local Advisory Committee are requested to submit their application in the proforma given below.

Application for nomination to the CGHS Local Advisory Committee 2025-2026

1	Name	
2	Membership Number of KP&TPA	
3	Office from which retired & Designation	
4	CGHS Beneficiary I D No.	
5	CGHS Wellness Centre in which willing to be a member of the Local Advisory Committee	
6	Address	
7	Landline/Mobile phone number	
8	Email ID.	

Date:

Signature

The application should be sent by **Speed Post** so as to reach the Secretary, Karnataka P&T Pensioners’ Association, No.165, 4th Main, 3rd Block, 3rd Stage, Basaveshwaranagar, Bengaluru 560079 **on or before 8-1-2025**

OBITUARY

Sri A.C. Shekar, LM 1672, Retd. Postmaster, Bhadravathi expired on 8-12-2024 at the age of 94 years.

**The Executive Committee, KP & TPA expresses its heartfelt condolences
to the members of the bereaved family.**

RMS & MMS Pensioners
"MADHURA MILANA" "ಮಧುರ ಖಲನ"-2025

Annual get-together of RMS & MMS Pensioners will be held on the
1st Sunday of the New Year 2025: 5-1-2025 at 10.00 am.

Venue: Raghothaman Smaraka Bhavana, RMS Colony,
RMV II Stage, Bangalore 560094.

Convenors: D. Venkatesalu, (RMS) 9481812810, B.Nagaraju, (MMS) 9964440876

Appeal from KP&TPA: RMS & MMS Pensioners, who are not members of Karnataka P&T Pensioners' Association, are requested to enrol themselves as members of the Association. Application forms will be made available at the venue of the get-together. RMS & MMS Pensioners, who are members of the Association, are requested to renew their subscription for the Association's journal *Pensioners' Champion* by paying their subscription at the venue.

ALL RMS & MMS Pensioners are invited

**Holidays to be observed by Central Government Offices
in Karnataka during the year 2025**

S.No.	Holiday	Date	Day
1	Makara Sankranthi	14-01-2025	Tuesday
2	Republic Day	26-01-2025	Sunday
3	Id-ul'Fitr	31-03-2025	Monday
4	Mahavir Jayanti	10-04-2025	Thursday
5	Good Friday	18-04-2025	Friday
6	Buddha Purnima	12-05-2025	Monday
7	Id-ul-Zuha (Bakrid)	07-06-2025	Saturday
8	Muharram	06-07-2025	Sunday
9	Independence Day	15-08-2025	Friday
10	Ganesha Chaturthi	27-08-2025	Wednesday
11	Milad-un-nabi	05-09-2025	Friday
12	Dussehra/ Mahanavami	01-10-2025	Wednesday
13	Mahatma Gandhi's Birthday	02-10-2025	Thursday
14	Dussehra/Vijayadashami	02-10-2025	Thursday
15	Deepavali	20-10-2025	Monday
16	Gurunanak's Birthday	05-11-2025	Wednesday
17	Christmas Day	25-12-2025	Thursday

Subscription received for Pensioners' Champion during November-December 2024

Rs. 100/- Smt./Sri	Rs. 180/- Smt./Sri	Rs. 240/- Smt./Sri	Rs. 400/- Smt./Sri
268 Y.L.Vasudeva Rao	3354 M.R.Vijayalakshmi	S-101 V.Padmanabhan	2372 Anjanappa
	3366 M.R.Meena	S-360 G.T.Kumshikar	Rs. 540/- Smt/Sri
Rs. 180/- Smt/Sri	3379 V.K.Bhajantri	Rs. 300/- Smt/Sri	1491 P.P.Gopi
2431 M.A.M.Kameswara Rao	3393 M.Sureshkumar	897 Revathi Mohan	1753 G.A.Bramhadeva
2770 A.N.Venkatesh	3394 G.Ramesh	Rs. 360/- Smt/Sri	1849 S.G.Vittal
2990 I.L.Ramaswamy	1247 M.S.Seshadri	1273 Y.L.N.Chetty	2208 K.Shivaramakrishnan
3032 M.Javarayigowda	x x x Bhanupriya ??	3175 Vijayalakshmi(FP)	2270 H.K.Nagaraja(Jyothi M)
3160 Shafiulla	Rs. 200/- Smt/Sri		3421 S.Hari
3257 N.D.Nagaraja	3263 Y.S.Lakshmana		x x x T.S.Vijendra

Donation for the Building Fund - 97th List October-November 2024

SI No.	Name Sri / Smt.	Membership No.	Amount Rs.	Receipt No.	Progressive Total of donation
1725	S.Hari	LM 3421	2000	5879	

We Welcome the Following Newly Enrolled Members

SI.No.	Name (Smt./Sri)	Designation & Office in which last worked	Type & No.
1	K. Venkatachalaiah	LSG Postal Assistant, Chitradurga Head Post Office, Chitradurga	LM 3610
2	S. Shashiprabha	MTS, Head Record Office, BG City RMS, Bengaluru	LM 3611
3	V.K. Siddappa(FP)	Chief Coffee Inspector, ACOMO's Office, Coffee Board, Hassan	ALM 3612

ALL INDIA CONSUMER PRICE INDEX

Month	CPI Base 2016=100	CPI base 2001=100	12 Months Total	Monthly average	7th CPC	DR due
					% increase over 261.42	
June 2023	136.4	136.4 X 2.88= 393	4587	382.25	46.22	46% from July, 2023
January 2024	138.9	138.9 X 2.88= 400	4732	394.33	50.84	50% from January 2024
Oct 2024	144.3	144.5 X 2.88= 416	4864	405.33	55.05	53% from July 2024

* Linking factor for conversion of the index numbers of 2016 base year to 2001 base year: 2.88

BSNL IDA

IDA from 1-1-2024 - 215.4 % (0.2 % decrease over Oct 23 rate of 215.6%)
 IDA from 1-4-2024 - 216.8 % (1.4 % increase over January 2024 rate of 215.4%)
 IDA from 1-7-2024 - 217.8 % (1.0 % increase over April 2024 rate of 216.8 %)
 IDA from 1-10-2024 -224.2 % (6.4 % increase over July 2024 rate of 217.8 %)



Com Namboodiri, being honoured by G.Babu and K R Anatha Ramu of K P&T PA



Com Namboodiri, being honoured by CCGPA



Com V.A.N.Namboodiri



Sri T.R.Narayana speaking on CGHS issue



Com Juliana Vincent, Jt. GS, CCGPA, proposing Vote of thanks



**Sri M. Ramiah, one of the Founders of CCGPA
First Row First from Right**



Audiences



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Karnataka Posts and Telecommunications Pensioners' Association, Bengaluru
"Executive Committee Members" - 2022-2025



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N. Nagalakshmi, Vice-president



K. B. Krishna Rao, Secretary



V. Murugan, Joint Secretary



K. R. Anantha Ramu, Treasurer



N. M. Hegde, Internal Auditor

EXECUTIVE COMMITTEE MEMBERS



C. S. Karanth



C. Ramakrishna Reddy



Rangegowda



B. Nagaraju



M. B. Shivalingaiah



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165, 4th Main, 3rd Block, 3rd Stage,
Basaveshwaranagar,
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Edited, Printed and Published by **Sri N. Bhaskaran** for and on behalf of **Karnataka P & T Pensioners' Association**, 1397, 23rd Main, Banashankari II Stage, Bangalore-560 070 and Printed at: **Omkar Hi-Prints**, No. 24, I Cross, I Main, Tata Silk Farm, Basavanagudi, Bangalore-4. Ph.: 9480184985