



Monthly Journal of  
KARNATAKA POSTS AND TELECOMMUNICATIONS  
PENSIONERS' ASSOCIATION (R)

(KSR Act 1960, REG. No. 1069/98-99)  
(FORMERLY RMS PENSIONERS' ASSOCIATION)

Registered as "A Wholly Charitable Trust" U/S 12A of I.T. Act 1961

Registered Office: Pensioners' Bhavan, Telecom Layout, Srirampura Phase II Bengaluru-560064

Working Office: # 165, 4th Main, 3rd Block, 3rd Stage, Basaveshwaranagar, Bengaluru-560 079 Phone: 23230545

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**Grant of grade pay of Rs.4600 instead of Rs.4200 Pre-2006 Grade S-12 pensioners retired from the 5<sup>th</sup> CPC pay scale of Rs.6500-200-10500, IV CPC pay scales of Rs.2000-60-2300-75-3200 & Rs.2000-60-2300-75-3200-100-3500 or in the corresponding pay scales under earlier pay commissions —implementation of DoP&PW OM dated 4-1-2019 and 9-7-2019 issued consequent upon revision of grade pay from Rs.4200 to Rs.4600 without calling for particulars from Pension Sanctioning Authorities**

*Letter dated 10-10-2019 from KP&TPA to Shri Sanjiv Narain Mathur, Joint Secretary,  
Dept of Pension & Pensioners' Welfare*

Some of the Pension Accounting Offices (PAOs) and GMs (Postal Accounts and Finance)/ Director of Accounts (Postal) and CCAs reportedly, are calling for particulars of notional pay from the Heads of Offices (HOO)/ Pension Sanctioning Authorities (PSA) to enable them to issue revised PPOs in implementation of the OMs dated 4.1.2019 and 9.7.2019 issued by DoP&PW consequent upon increase in grade pay of grade S-12 retirees from Rs.4200 to Rs.4600 under the 6th CPC w.e.f 1.1.2006.

2. The PAOs have reportedly, requested the PSAs to furnish particulars of the affected Pensioners in a prescribed proforma with details such as the name of the Pensioner, date of retirement, pay scale from which the Pensioner had retired, last pay drawn, Notional pay under 7<sup>th</sup> CPC etc., for issuance of revised PPOs by them in implementation of DOP&PW OMs dated 4.1.2019 and 9.7.2019.

3. There seems to be no need to call for such particulars from the HOO/ PSAs since all the relevant details required for revision of pension

of pre 2016 grade S-12 retirees are already available with the concerned PAOs which were obtained by them from the respective HOO/ PSA for revision of pension in terms of para No.4 of DoP&PW OM dated 12.5.2017 issued in implementation of Option -1 recommended by the 7<sup>th</sup> CPC.

4. Pension of all pre 2016 Pensioners was revised previously by the PAOs only after the concerned HOO/PSA had fixed the notional pay of the pensioner under 7<sup>th</sup> CPC as required vide para 18 of DoP&PW OM dated 12.5.17 and had furnished the details such as the Pay scale from which the Pensioner had retired, the last pay drawn, and its subsequent revision under subsequent pay commissions and the notional pay under 7<sup>th</sup> CPC for computation pension and family pension.

5. Therefore, in respect of those Pensioners for whom the PAOs had already issued revised PPOs as per DoP&PW OM dated 12.5.2017, there is no need to call for any additional details from the PSAs/ HOOs and the PAOs can straight away revise the pension of pre-2016 grade S-12 retirees in accordance with the instructions contained in DoP&PW OM dated 4.1.2019 and 9.7.2019 with reference to the revised concordance tables annexed thereto issued by DoP&PW after revision of grade pay of grade S-12 retirees from Rs.4200 to Rs.4600.

6. It must be noted that the particulars required for implementation of DoP&PW OM dated 9.7.2019 are only the **pay scale from which**

**the pensioner had retired and the last pay drawn** and those details are **already available with the PAOs** which were furnished by the HOOs/ PSAs for revision of pension in terms of DoP&PW OM dated 12.5.2017.

7. The revised pension and family pension admissible to grade S-12 retirees from 1-1-2006 after increase of grade pay from Rs.4200 to Rs.4600 are available in the statement annexed to DoP&PW OM dated 4-1-2009 and the revised notional pay under 7<sup>th</sup> CPC, revised pension and family pension admissible from 1-1-2016 have been indicated in the revised tables NOs 24 & 25 annexed to OM 9.7.2019 and therefore, the PAOs can straight away fix the revised pension/family pension to which the pensioner/family pensioner is entitled to with reference to the **last pay drawn, the particulars of which are already available with the PAOs.**

8. Calling for the same particulars again from PSAs/ HOOs not only results in delay in implementation of DoP&PW OM dated 4.1.2019 and 9.7.2019 but also in making the concerned offices to attend to avoidable work and correspondence

9. Hence, it is requested that necessary instructions may please be caused to be issued by DoP&PW early to all authorities concerned to impress upon the PAOs to issue revised PPOs immediately without waiting / calling for any further information from the PSAs/ HOOs

*Gol, Ministry of Health & Family Welfare, Department of Health & Family Welfare, Directorate General of CGHS, Office Order No. F.200019/01/2019-EHS /DIR/CGHS Dated: the 21<sup>st</sup> August, 2019*

### **No referral required for treatment from Government Hospitals**

With reference to the above mentioned subject it is clarified that no permission is required for OPD consultation / treatment from any of the Government Hospitals including Govt. Ayush hospitals and medicines shall be issued by CGHS Wellness Centres.

Additional Directors of CGHS Cities / Zones shall issue instructions accordingly to the Medical Officers, CGHS working under the administrative control of the concerned Addl Director.

Dr Atul Prakash, Director, CGHS

**Pendency of Medical Claims of CGHS Pensioner beneficiaries due to deficiency in documentation (More Documents Required)**

The matter concerning pendency of Medical Claims of CGHS pensioner beneficiaries has been reviewed in this Directorate and the undersigned is directed to state that it is now decided that the following revised guidelines shall be followed in respect of such medical claims:

1. The medical claims, which are incomplete in documentation shall be examined to see if there are any minor deficiencies, which can be resolved to process the claims by Addl. Directors. These include:

- i) **Photocopy of CGHS Card and validity**– Addl. Director, CGHS , may try if, the matter can be verified from CGHS data base.
- ii) **Emergency Certificate** – is not sacrosanct and from the clinical findings in the discharge summary the emergency factor can be ascertained. Even powers are vested with ADs to consider ex-post fact approval at CGHS rates even under non emergency conditions using the powers for condonation of procedural lapses.
- iii) **Some cities ask for Bed-Ticket issued at Hospital** – these are not mentioned in the CGHS Check list and the beneficiary shall not be asked to submit the same
- iv) **If empanelled hospital has not provided credit facility and the pensioner has made payment**, often the beneficiary is asked to explain as to why the hospital

has not provided credit facility. Such practice shall be avoided and explanation if any shall be called for from empanelled hospital.

- v) **In case of Chemotherapy**, there is option to collect chemotherapy medicines from CGHS before undergoing Injection/ Infusion from empanelled hospital. However, it is not compulsory and as per the policy of hospitals, particularly JCM accredited hospitals and some of the NABH Accredited hospitals, they shall not accept medicines from outside hospital supplies. In such cases, the processing of the claims shall not be delayed unnecessarily on this ground.

2. Despite the steps undertaken as mentioned above under Para (1), if some deficiencies still persist in documentation, Addl. Director, CGHS shall send a letter to the beneficiary by speed-post clearly indicating the requisite documents within Five working days of receipt of claim papers at the office of Addl. Director, CGHS. The beneficiary shall also be informed by telephone / e-mail to submit the same to the Office of Additional Director, CGHS.

3. As per the existing guidelines, the medical claims of beneficiaries aged 80 years and above shall be processed on priority out of turn.

CMOs i/c or a person nominated by CMO i/c may be given training at the office of Addl. Director regarding verification of documentation before accepting the same at the CGHS Wellness Centre.

(Dr.Atul Prakash)  
Director CGHS

**Central Government Holidays in NOVEMBER 2019**

1. Mllad-Un-Nabi/Id-E-Milad  
Birthday of Prophet Mohammad 10th November, Sunday
2. Guru Nanak's Birthday 12th November, Tuesday

## **Digital Life Certificate Camps**

Karnataka P&T Pensioners Association, in association with the Coffee Board Pensioners Association, is organising camps to assist pensioners /family pensioners of Central government / Statutory & Autonomous bodies of Central government in submission of Digital Life Certificate by making use of the devise supplied by the Department of Pension and Pensioners' Welfare , New Delhi.

Pensioners who are desirous of availing the facility in the camps may please register their names by sending messages (WhatsApp or SMS) to the volunteers Sri Suryprakash on mobile phone No.9448375138 or Sri Gopal on phone No.8197918085

Volunteers would visit the residences of only those pensioners who are infirm and are unable to move out of their residences to assist them in getting the Digital Life Certificate (DLC )from the comforts of their home.

Details of (1) Aadhaar Card (2) Pension Payment Order (PPO) and (3) The Bank account number to which the pension is credited and mobile phone are essential for registration with Jevan Pramaan Portal for getting Digital Life Certificate.

### **DETAILS OF PROPOSED DLC CAMPS**

#### **At MYSURU ON 7.11.2019 AT 10.30 A.M.**

Venue: Nele Housing Nirmana Sahakara Sangha, No. 200, EWS, KHB 1st Stage, Kuvempunagar. MYSORE. Phone No. 0821 2460744

#### **IN BENGALURU**

- 1) 6-11-2019- 10.30.a.m. to 2.000 p.m. : Rama Mandira, Coffee Board Layout, Hebbal Kempapura, Bangalore 560024
- 2) 10-11-2019-10.30.a.m. to 2.000 p.m. :Coffee Board Auction Hall, Dr Ambedkar Veedhi, Bengaluru 560001
- 3) 11-11-2019- 10.30.a.m. to 2.000 p.m. AG's Office Layout, New BEL Road, Bangalore- AB Vajapayee Park opposite ISRO office

### **Our Readers Write**

I am happy to write to our readers and all CGHS beneficiaries of Bengaluru WCs, to inform and request them to utilise "Ayush System of treatments" at CGHS WC10, CV Raman Nagar, DRDO 1st Stage, Bengaluru-560 093 which was inaugurated on 19.09.2019

The extended units of Ayush are functioning as under:-

- 1) Homeopathy : all Tuesdays,
- 2) Unani : On all Wednesdays
- 3) Ayurvedic : On all Thursdays and all Saturdays.

Regular BMTc bus services are available between C V Ramannagar and K R Market, Majestic & Shivajinagar. BMTc bus routes are as below:

Route No. 314 - From Shivajinagar, 314 C- From KR Market & 314 E- From Majestic.

Beneficiaries travelling in Buses to alight at :- "DRDO 1st Stage- CGHS bus Stop"

**All are requested to utilise the Ayush treatments at CGHS WC10.**

**A.Poobalan, LM 1550, CGHS Advisory Committee Member, WC10.**

**CGHS**

CGHS Directorate vide its letter NO/Z-1505/78/2019/DIR/CGHS dated 9-10-2019 has called for suggestions from CGHS Beneficiaries and other Stake Holders on revamping of CGHS.

**KP&TPA requests its members to send their suggestions, if any, to the association before 15-11-2019 to facilitate submission of consolidated suggestions to CGHS by the Association.**

CGHS Directorate letter dated 9-10-2019 is reproduced below

**Attention CGHS Beneficiaries / Other Stake Holders  
Revamping of Central Government Health Scheme**

With reference to the above subject the undersigned is directed to state that Central Government Health Scheme(CGHS) provides comprehensive health facilities primarily to Central Govt. employees and pensioners and their dependent family members. Government is committed to provide quality health care facilities through CGHS. With a view to further improve the services and make CGHS more beneficiary friendly, suggestions are invited from CGHS beneficiaries and other stake holders in this regard with reference to

revamping CGHS including availing the services at CGHS empanelled hospitals and diagnostic centres. Kindly submit your comments by e-mail or by letters indicating the issue involved and your suggestions by 30.11.2019.

The suggestions may be sent by e-mail to r.attri54@nic.in or by post to Shri Rajeev Attri, Under Secretary, EHS Section, Ministry of Health & Family Welfare, Room 514-B, A-wing Nirman Bhawan, New Delhi-110011.

Rajeev Attri, Under Secretary to the Govt. of India

**Karnataka Chief Ministers Distress Relief Fund (CMDRF)**

KP&TPA intends to send its contribution to the Chief Ministers Distress Relief Fund. Members of the association, who wish to donate, may please consider routing their donation through the association to facilitate remittance of a substantial amount. Amount may be remitted by crossed cheque payable to "Karnataka P&T Pensioners' Association". Cheques may please be sent to K.R.Anantha Ramu, 1158,7th Main, 7th Block, HMT Layout, Vidyanarayapura, Bangalore-560097 Mob: 9448477129.

Donations received in October 2019

SI. No.	Membership No. LM/ALM	Name	Amount	Receipt No.
1	4	B.Sadashiva Rao	5000	4272
2	3	M.Ramaiah	5010	4277
3	1084	B.N.Nagaraju	5000	4284
4	2495	M.Muniyappa	3000	4295
5	976	P.N.Damodaran Nair	1000	4300
6	2704	K.G.Krishna Murthy	500	

**PENSIONERS' CHAMPION**

5

**OCTOBER 2019**

**DR  
Order**

*Gol, Ministry of Personnel, Public Grievances & Pensions, Department of Pension & Pensioners' Welfare O.M No. 42/04/2019-P&PW(D) Dated the 21<sup>st</sup> October, 2019*

**Grant of Dearness Relief to Central Government pensioners/  
family pensioners - Revised rate effective from 01.07.2019**

The undersigned is directed to refer to this Department's OM No. 42/04/2019-P&PW(D) dated 06.03.2019 on the subject mentioned above and to state that the President is pleased to decide that the Dearness Relief admissible to Central Government pensioners/family pensioners shall be enhanced from the existing rate of 12% to 17% w.e.f 01.07.2019.

2. These rates of DR will be applicable to (i) Civilian Central Government Pensioners/Family Pensioners including Central Govt. absorbee pensioners in PSU/ Autonomous Bodies in respect of whom orders have been issued vide this Department's OM No. 4/34/2002-P&PW(D) Vol.11 dated 23.06.2017 for restoration of full pension after expiry of commutation period of 15 years (ii) The Armed Forces Pensioners, Civilian Pensioners paid out of the Defence Service Estimates, (iii) All India Service Pensioners (iv) Railway Pensioners/family pensioners (v) Pensioners who are in receipt of provisional pension (vi) The Burma Civilian pensioners/family pensioners and pensioners/families of displaced Government Pensioners from Burma/ Pakistan, in respect of whom orders have been issued vide this Department's OM No. 23/3/2008-P&PW(B) dated 11.09.2017.

3. The payment of Dearness Relief involving a fraction of a rupee shall be rounded off to the next higher rupee.

4. Other provisions governing grant of DR in respect of employed family pensioners and re-employed Central Government Pensioners will be regulated in accordance with the provisions contained in this Department's OM No. 45/73/97-P&PW (G) dated 2.7.1999 as amended vide this Department's OM No. F.No. 38/88/2008-P&PW(G) dated 9<sup>th</sup> July, 2009. The provisions relating to regulation of DR where

a pensioner is in receipt of more than one pension will remain unchanged.

5. In the case of retired Judges of the Supreme Court and High Courts, necessary orders will be issued by the Department of Justice separately

6. It will be the responsibility of the pension disbursing authorities, including the nationalized banks, etc. to calculate the quantum of DR payable in each individual case.

7. The offices of Accountant General and authorised Pension Disbursing Banks are requested to arrange payment of relief to pensioners etc. on the basis of these instructions without waiting for any further instructions from the Comptroller and Auditor General of India and the Reserve Bank of India in view of letter No. 528-TA, ii/34-80-II dated 23/04/1981 of the Comptroller and Auditor General of India addressed to all Accountant Generals and Reserve Bank of India Circular No. GANB No. 2958/GA-64 (ii) (CGL)/81 dated the 21st May, 1981 addressed to State Bank of India and its subsidiaries and all Nationalised Banks.

8. In their application to the pensioners/family pensioners belonging to Indian Audit and Accounts Department, these orders issue after consultation with the C&AG.

9. This issues in accordance with Ministry of Finance, Department of Expenditure's OM No. 1/3/2019-E.II(B) dated 14th October, 2019.

(Charanjit Taneja)

Under Secretary to the Government of India

## List of Private Hospitals empanelled under CGHS, Bengaluru

SI No.	Name of the Hospital	Address, Tel. No, Unique Mail ID	Name of Nodal Officer with Contact No.
<b>Eye Hospitals</b>			
23	Abhishek Nethradhama	#HIG 2024, 3rd cross, 'B' sector, opposite to National Public School, ICICI Bank road, Near SBI, Yelahanka New town, Bengaluru-560064. Ph: 080-40933219	M.G. Keerthi 9442919609 mgkeerthi25@gmail.com Sri Kantha B C 9901509085 srikanthbcnayak@gmail.com
24	Bangalore Nethralaya	#946, 21st Main, Near BDA Complex, Banashankari, 2nd Stage, Bangalore-560070. Ph no. 080-65375566	G Krishna Prasad 9632662012 bangalorenethralaya@gmail.com Smitha G 9483831370 bangalorenethralaya@gmail.com
25	Bangalore West Lions Super Speciality Eye Hospital	No 5 Lions Eye Hospital road (Off J.C. Road) Bangalore 560002 Ph no 080-22121255 <b>Lionseye.cgsh@gmail.com</b>	Sikander Khan - 9740129213 feedback@bwlionseyehospital.org Pushpalatha -9902014464 counselling@bwlionseyehospital.org
26	Devi Super Speciality Eye Hospital Pvt Ltd	#434,18th Main,80 Feet Road, 6th Block, Koramangala Banagalore-560095, 080-25535514 <b>devieyecgsh@gmail.com</b>	Bharathi G Mohan – 9880570094 Tulasi – 7259175326 tulasirao-1983@gmail.com
27	Dr Agarwals Eye Hospital Bannerghatta Road	No 10 N S Palya Kaveriappa Industrial Area, Bannerghatta Road Bangalore- 560076, Ph no. 080-26784012 <b>cgshbangalore@dragarwal.com</b>	Dheeraj E T - 7338811880 dheeraj.e@dragarwal.com Sethuramasamy – 7829703550 sethu.ramasamy@dragarwal.com
28	Dr. Agarwal's Eye Hospital Yelankha	No. 2557 HIG, 16th B Cross Road, 3rd Stage, Yelahanka New Town, Bangalore - 560 064. Ph no 08028461225 <b>cgshsmou@dragarwal.com</b>	Dheeraj E T - 7338811880 dheeraj.e@dragarwal.com Prashanth - 8884477917 prashanth.s@dragarwal.com
29	Karthik Netralaya Institute of Ophthalmology Pvt Ltd	89, 6th Cross, Ashok Nagar, BSK 1st Stage, Bangalore - 560 050, Karnataka. Ph: 2667 4399 <b>cgsh.karthiknetralaya@gmail.com</b>	Deepa.M.S. - 9886789799- info@karthiknetralaya.com Nagalakshmi G.-9886789799 info@karthiknetralaya.com
30	Narayana Netralaya-1	121/C, Chord Road, Rajajinagar, 1st R Block, Bangalore-010 Ph No.080-6612 1428 <b>cgsh.nn1@narayananeethralaya.com</b>	Ms. Uma Tel no. 080 66121368 Mob - 7022354515 uma@narayananeethralaya.com Mr.Ranganath G.R Tel no. 080 66121342 Mob - 9740810912 ranganath@narayananeethralaya.com

## Eye Hospitals

31	Narayana Netralaya-2	# 258/A, Bommasandra, Narayana Health City, Bangalore - 560 099. Ph No. 080 -6666 0707 <b>cghs.nn2@narayananeethralaya.com</b>	Shahnaz - 9880965390 - corporatenn2@narayananeethralaya.com Narendra . P - 9900093498 – narendra_maj@narayananeethralaya.com
32	Narayana Netralaya-3	No.37, Castle Street, Opp. Sacred Heart Church, Ashok Nagar, Bangalore - 560 025. Ph No. 080 -6697 4033, 080- 6697 4013 <b>cghs.nn3@narayananeethralaya.com</b>	Erannaiah 9740710268 - erannaiah@narayananeethralaya.com Praveen I.M. – 9980980093 praveen.im@narayananeethralaya.com
33	Nethradhama Super speciality Eye Hospital, Indiranagar	# 29, 80ft Road, HAL 3rd stage, Indiranagar, Bangalore-560075. Ph no.080- 43332555, <b>nhplindrcghs@nethradhama.org</b>	Dr. Harsha - 8197351609 nhplindr@nethradhama.org Vadiraj.H.S - 9449003770, pr@nethredhama.org
34	Nethradhama Super speciality Eye Hospital Rajajinagar	# 30,19th Main Road, Near Navarang Circle, Rajajinagar, Bangalore -560010 Ph 080-43334111, 99728 53918 <b>nhplrjncghs@ nethradhama.org</b>	Vadiraj.H.S - 9449003770, pr@nethredhama.org Dr.Jayalakshmi - 90350017777 - nhplrjn@nethradhama.org
35	Nethradhama Super speciality Eye Hospital –	No.256/14, Kanakapura main road, Jayanagar 7th block Bangalore 560082, Ph 080-26088000 <b>nhpljayanagarcghs@nethradhama.org</b>	Vadiraj.H.S - 9449003770, pr@nethredhama.org Sahana - 9845594735 - corporates@nethredhama.org
36	Netra Enterprise Prabha Eye Clinic	#504, 40th Cross, 8th Block Jayanagar, Bangalore - 560070 Ph no: 080 – 22444131 <b>cghspec@ prabhaeyeclinic.com</b>	G Varun Kumar - 8105616002 - insurance@ prabhaeyeclinic.com Parvathi - 9742987322 - insurance@prabhaeyeclinic.com
37	Padmabhushana Dr M C Modi Eye Hospital Dr.M.C.Modi Road,	Mahalakshmpuram, Bangalore 560086 Ph.080-23492233 <b>modihospitalcghs123@gmail.com</b>	Dr. Sowmyalatha. M - 9449799316, modihospitaltpa@gmail.com Muniraju.P - 8951282895, mcmodihospital@gmail.com
38	Retina Institute of Karnataka	#122, 5th Main Road, Chamarajpet, Bengaluru-560018. Ph no. 080-22410106 <b>retinacghs@gmail.com</b>	Krupa Puttaraj - 9886744861, rik.krupa@gmail.com Ranjitha Kumari - 9742443422, loyalranjitha07@gmail.com
39	Samprathi Eye Hospital & Squint Centre	#111/3, Raiway Parallel Raod, Kumara Park West, Bengaluru560020 Ph no. 080-23367544 <b>cghssamprathi@gmail.com -</b>	Mahadevaiah - 9686848478 hmahadev1984@gmail.com Venkatachalam V 8970935713kumar9380@yahoo.co.in



40	Shekar Eye Hospital	# 33 100 feet Ring Road, JP Nagar 3rd phase, Bangalore – 560078. Tel:- 080 26593210 <b>seh.cghs@gmail.com</b>	Shobha - 9148147175 counselling@shekareyehospital.com Nirnjan Rao Bhonsle- 9148147182 tpa@shekareyehospital.com
41	Sunayana Eye Hospital	#1156, 26th Main, 4th 'T' Block, Jayanagar, Bangalore-560041. Ph No. 080-22442356 <b>sunayanacghs@gmail.com</b>	Dr. K Sujatha Murthy - 9945279775 - drksm67@gmail.com Srividya B.R - 9880700265 - srividyaashyamsundar@gmail.com
42	The Eye Foundation	#79/5, Outer Ring Road,(Diagnolly Opp. To Bellandur Central Mall), Bellandur, Bangalore - 560103. Ph: 08049422000. <b>cghs@theeyefoundation.com</b>	Manjunath - 8618842990 manjunath.6000@gmail.com Mary Sheela - 9972033005 sheela.im@gmail.com
43	Vittala International Institute of Ophthalmology	#1, 2nd Crs, 2nd Mn, 7th Block, Hosakerehalli, Banashankari 3rd Stage, Bangalore 560 085. Ph: 080-26722214/ 08026722214 <b>cghs@viiio.org</b>	Nataraja B G - 9449348275 bng@viiio.org Suma Manjunath - 8971478466 suma@viiio.org
44	Narayana Nethralaya – 4 Hulimavu	No. 63, Next to Royal, MeenakshiMall, Bannerghatta Road, Hulimavu, Bengaluru – 560076 <b>cghs.nn4@narayananethralaya.com</b>	Pavithra Sunderrajan, 9036825288, pavithrasunderrajan@narayananethralaya.com Akash, 9972100655, nn4corporate@narayananethralaya.com

### Diagnostic Laboratories

45	Chanre Diagnostic Laboratory	# 121 /1, 3rd main between 10th & 11th Cross, Margosa Road, Malleswaram, Bangalore – 560003 Ph no. 080-40810611 <b>cghschanre@gmail.com</b>	Sridhar. K.S - 9686197151, sridhar@chanrediagnostic.com Ganesh.S - 9880055499, ganesh@chanrediagnostic.com
46	RV Metropolis and Diagnostic and Health Care Centre Pvt Ltd	# 7&21, 10th Cross, Yellappa Garden Malleswaram, Bangalore-560003, Ph no.080-33993939 <b>cghs.rv@ metropolisindia.com</b>	Aswathanarayana Rao G.S - 9945041392 - aswath.rv@metropolisindia.com, Pavan Reddy - 9945617230 admin.rv@metropolisindia
47	Elbit Medical Diagnostic Limited	1&1/2. Queens Road, Bangalore -560001. Ph no 080-40570000 cghsinfo@elbit.in	Padmini.S.Ergal 8105262000 corp_blr@elbitdiagnostics.com Sunitha J-8861461831 corp_blr@elbitdiagnostics.com
48	Anand Diagnostic Laboratory	No. 54, Bowring Hospital Road Shivajinagar, Bengaluru-560001 Ph: 080-25318550	Chandranatha B - 8277891222 chandra_kb@anandlab.com Dakshayani.S - 7625076828 dakshayani_s@anandlab.com

### Dental Clinics

49	Smiles Dental Care	# 74/2, ABOVE Nagendra Medicals, Nagavarpalya Main Road, C.V.Raman Nagar, Bangalore 560093 Ph No 080-64557113 <b>smilesdentalcarecghs@gmail.com</b>	Prasad V.K. - 9035350000 - get2prasadsmilesdental@gmail.com Dr. Anjali Nair - 9241177880 - dr.anjalinair@yahoo.co.in  Mrs. Mary - 9845507207
50	Dental Health Clinic	150, 5th Cross, Koramangala, 5th Block, Next to Juice Junction, Bengaluru560095 Ph no. 080-65658727 <b>drprasad.cghs@gmail.com</b>	dr_prasad_jili@yahoo.co.in Mrs. Hema Prasad - 7892567141 hema.prasad121@gmail.com  Dr. Sunny Soni, 9742663730,
51	Aesthetic Dental Clinic	#54/3-2, Veeranapalya Outer RingRoad, A.C Post, Bengaluru – 560045 <b>aestheticdentalcghs@gmail.com</b>	sunnysoni1988@gmail.com Dr. Pratima Krishnamurthy, 6360242465, pratima2708@gmail.com

### Ayurvedic Hospitals

52	AyurVAID Hospital (A division of Kerala First Health services Pvt. LTD)	# 230 Amar Jyothi layout, Off Intermediate Ring Road, Domlur Extension, Bangalore -560071.	Manjunath R 9980164160 manjunath_r@ayurved.com Dr.Azhar 7022011301 Azhar_shajahan@ayurved.com
53	AyurVAID Hospital	1B, 3rd Main, Hoysala Nagar, Ramamurthy Nagar Extn. Bangalore-560016 Ph No. 080 64531111	Manjunath R 9980164160 manjunath_r@ayurved.com Nilima Mahato 8123070750 Nilima.mohato@ayurved.com

**Note: List of General Hospitals published in September Issue.**

**CGHS**

*Govt, Ministry of Health & Family Welfare, Department of Health & Family Welfare  
O.M No. S.11011/29/2019-EHS Dated: the 13th September, 2019*

### Emergency treatment in CGHS empanelled Hospitals.

The extant instructions under CGHS provide that under emergency conditions, a CGHS beneficiary can get admission in any CGHS empanelled Hospital without any prior permission. It has, however, been brought to the notice that the Hospitals deny admission or insist on referral memo from CGHS Wellness Centre even in emergency conditions.

2. In accordance with the Memorandum of Agreement between the CGHS empanelled Hospital and the Government of India, refusal to provide treatment to bonafide CGHS beneficiaries in emergency cases and other eligible categories of beneficiaries on credit basis, without valid ground, would attract disqualification for continuation of empanelment.

3. It is, therefore, reiterated that in emergency the empanelled hospitals will not refuse admission or demand an advance payment from the CGHS beneficiary or his family member and will provide credit facilities to the patient.

(Rajeev Attri)  
Under Secretary to the Govt. of India

**PENSIONERS' CHAMPION**

10

**OCTOBER 2019**

## Donation for the Building Fund

The Executive Committee, KP&TPA, conveys its gratitude to all the Donors Consolidated list of Donors, who have donated Rs.10,000/-and above is furnished below. They are requested to verify the spelling of their name and the amount donated and intimate corrections, if any, before 30-11-2019. The names of the Donors with the amount donated will be exhibited on boards to be displayed in Pensioners Bhavan-new building. Members, who have donated less than Rs.10,000, may please consider raising their contribution to Rs.10,000 so that their names may also be exhibited in the Boards

Name Sri/Smt.	Membership No.	Amount Rs.	Name Sri/Smt.	Membership No.	Amount Rs.
S.M.Vittal Rao	48	140316	K.S.Ramanathan	1805	35000
N.Ramaiah	1174	130000	T.Chandrasekharan	603	33333
M.Ramaiah	3	111111	H.V.Ramanatha	1083	33333
G.A.Brahmadeva	1753	102500	Malathi.R.Pai	2716	30303
B.Sadashiva Rao	4	100000	D.K.Puranik	859	30001
Nagarathnamma	1384	100000	S.Jayaram	986	30000
M.N.Shankar	1781	100000	M.T.Rangarajan	1974	30000
V.Gopal	2157	85000	P.Raghavendra Nayak	2160	30000
M.Muniyappa	2495	77777	K.Seshadri	2301	30000
A.G.Doraiswamy	32	75100	K.Bharathi(FP)	1345	30000
R.Krishnan	502	75000	A.Sadananda	762	27000
B.L.Channappa	838	66159	H.S.Manjunatha	1015	26950
Range Gowda	2289	55555	V.Ravinder	2648	26000
H.V.Ramanatha	1083	55555	B.R.Shankar Rao	2379	25600
K.R.Anantha Ramu	2062	55000	T.S.Rajashekaraiah	1381	25555
Prabhakara ARS	2599	52322	V.M.Muninaja Reddy	294	25222
U.Manohar Shenoy	1278	51000	M.S.Krishna Murthy	135	25111
M.M.Hanji	1286	50001	Chandrashekhar Karanth	1076	25111
N.Bhaskaran	35	50000	B.R.Rao	305	25100
S.K.Subramanian	87	50000	Dr.K.B.H.Nayar	1243	25001
M.N.Gopinath	1085	50000	K.G.Bhuvanendra	1561	25001
K.B.Krishna Rao	1131	50000	M.N.Gowda	2109	25001
B.R.Baliga	1166	50000	M.S.Narayana Moorthy	7	25000
B.S.Ramachandra	2143	50000	B.N.Krishna Murthy	18	25000
H.R.Suryanarayana Rao	527	40200	S.Balasundara Raman	81	25000
B.Basavaiah	928	40200	D.S.Gangadhara Rao	523	25000
R.C.Hanumantha Rao	696	40100	K.V.Bhima Rao	616	25000
A.K.Raghothamachar	384	36000	R.K.T.Shastry	918	25000
Attavar Yoganand	644	35100	A.Kanagamany	920	25000

Name Sri/Smt.	Membership No.	Amount Rs.	Name Sri/Smt.	Membership No.	Amount Rs.
L.R.Hegde	971	25000	Y.Jagannath	1884	15000
Vompolu Sambashiva Rao	1034	25000	G.H.Gururaja	2329	15000
J.S.Iyer	1143	25000	H.S.Srimathi	2357	15000
K.Girija	1327	25000	Central Govt.Telecom & Informtn Tech Employees'		15000
R.Nagaraju	1575	25000	Housing Co-op Society		
S.Subramani	1657	25000	M.B.Narasimhan	842	14001
D.Ajitha Simha	1702	25000	K.L.Shivaram	1038	14000
K.S.Krishna Murthy	1815	25000	V.A.Sarojini & V.Shankar	1065	13333
S.G.Vittal	1849	25000	A.Mahabaleshwar Karanth	349	13000
N.Satyanarayana	2130	25000	P.Narayanan Kutty	125	12345
Sunanda.N.Pai	2293	25000	H.Dasaratha Rao	2362	12101
K.Sanjeevappa	2319	25000	Veerabhadraiah	571	12000
B.C.Ravi	2493	25000	K.T.Chikkaswamy	791	12000
Jalaja Keshava Devadiga	2595	25000	Y.Subramanyam	1365	12000
V.Radhanath	S-252	25000	M.T.Basappa	1846	12000
K.Malathi Krishna Rao	Well wisher	25000	R.D.Desai	2266	12000
N.M.Ananth	Well wisher	25000	V.Murugan	1970	11211
S.Nagendra	Well wisher	25000	D.Venkatesalu	2137	11116
K.S.Balakrishnan	Well wisher	25000	G.M.Mahabal Shetti	843	11111
Nagesh Ramaiah	Well wisher	25050	V.B.Ravindranathan	1232	11101
Karnataka Telecom Department Employees Co-operative Society Ltd		25000	N.M.Janamatti	543	11001
P.Lakshminarayana Gupta	1367	20100	V.Muthukumar	1274	11000
M.S.Venkataramaiah	442	20001	V.Chandrappa	1994	11000
T.Suryanarayanan	954	20000	S.C.Bhavi	2201	11000
V.S.Bhandari	1227	20000	A.Poobalan	1550	10153
R.Venkataramana	1838	20000	N.Venkat Rao	1529	10116
H.A.Bharathi	1981	20000	C.Ramakrishna Reddy	1683	10116
B.A.Shetty	1621	15701	Somashekharaiiah	2284	10111
G.Shanmugha Vadivelu	599	15100	N.T.Basavaraju	460	10101
Jayashankara Rao	1271	15100	K.Nathaganapathi	Well wisher	10100
S.D.Shahane	654	15000	Dr.lokesh	Well wisher	10100
T.R.Narayana	1070	15000	G.Devaraj	505	10010
R.S.Ananthaswamy Rao	1201	15000	V.Devaki	2693	10010
M.N.Rajeev	1555	15000	Rajamma Munimadaiah.H.K.	844	10008
M.Vasudeva Rao	1568	15000	B.Bhimappa Mali	2399	10008
G.V.Bhat	1583	15000	Abdul Gaffoor	2446	10005
P.Subbaramaiah	1860	15000	N.G.Joshi	2113	10002
			V.Prahlada Rao	46	10001

<b>Name Sri/Smt.</b>	<b>Membership No.</b>	<b>Amount Rs.</b>	<b>Name Sri/Smt.</b>	<b>Membership No.</b>	<b>Amount Rs.</b>
R.Satvaji Rao	86	10001	G.Babu	1156	10000
R.Soundararajan	710	10001	G.V.Advani	1225	10000
T.S.Vasudevan	1170	10001	N.G.Govinda Rao	1246	10000
Madhavi	1252	10001	A.S.Fazlur Rehman	1260	10000
Surendra Murthy	1734	10001	G.V.Lakshminarayana	1320	10000
K.Sethumadhavam	1735	10001	Nagamani.S.Rao	1339	10000
M.K.Appayya	2394	10001	Syed Abdul Zahir	1390	10000
V.Srinivasan	2418	10001	B.Mohan	1426	10000
K.Arumugham	1	10000	C.L.Lingaiah	1428	10000
S.Krishnan	24	10000	B.Rajasekhar	1434	10000
G.R.Henry	27	10000	B.Venugopala Shetty	1444	10000
K.G.Rau	49	10000	N.M.Hegde	1447	10000
N.Lakshmanaprasad/ H.Rukmini	89	10000	G.L.Ramachandra	1523	10000
T.G.Kuppuswamy	177	10000	K.Gopalakrishnan	1572	10000
S.Achyutha Rao	232	10000	P.Chandrasekaraiah	1623	10000
A.O.Srinivasaiah	313	10000	V.Gopal	1644	10000
G.S.Gundu Rao	526	10000	J.Ganesan	1704	10000
Bandigaiah	541	10000	Y.Sitaram	1705	10000
N.Varadarajan	562	10000	B.Lakshmana	1723	10000
Suguna Sampath	608	10000	V.M.Shetty	1729	10000
K.R.Seshadri Iyengar	615	10000	M.P.Rajan	1747	10000
P.N.Sreenivasa Rao	650	10000	R.Sakthidharan	1945	10000
B.K.Gundu Rao	687	10000	N.K.Kannan	1957	10000
Chandra seshachalam	694	10000	M.C.Kalkura	1964	10000
M.T.Aley(Mrs.G.T.Joseph)	767	10000	Vasantha Leela	1980	10000
D.Sekharan	785	10000	N.Veerabhadrachari	2005	10000
K.V.Sathyanarayana	848	10000	E.Venugopal	2012	10000
K.Venkatarama Raju	889	10000	H.S.Narasimhan	2064	10000
K.N.Ramaprasad	911	10000	A.Malathi Rao	2106	10000
K.Vijayasekharan	938	10000	Subhadra.J.Shenvi	2131	10000
M.Dhanapal	979	10000	H.K.Nagaraja	2270	10000
T.N.Jagadeeshan	980	10000	Yalakki Gowda	2358	10000
V.R.Janarthanam	985	10000	N.R.Anantha	2397	10000
N.L.Krishna	988	10000	Ananda Rao Batni	2408	10000
C.Srinivasa Murthy	1079	10000	N.Balasubramanian	2415	10000
S.K.Prahlada Rao	1082	10000	K.Jayaram	2463	10000
D.Rama Murthy	1133	10000	T.K.Gundu Rao	2475	10000
K.B.Kulgod	1147	10000	T.G.Chandrashekara	2511	10000
			P.V.Bhat	2512	10000

Name Sri/Smt.	Membership No.	Amount Rs.	Name Sri/Smt.	Membership No.	Amount Rs.
S.N.Hiremani	2515	10000	In memory of		10000
M.Chikkamuniyappa	2520	10000	Smt.Savithri &		
B.S.Latha Bai	2524	10000	Sri.Srinivsan		
R.Krishna Moorthy	2526	10000	(In laws of		
B.Ramachabdraiah	2593	10000	A G Doraiswamy)		10000
J.N.Lakshminarayana Sharma	2600	10000	In memory of		
K.Shanmugavelu	2601	10000	Sri.A.G.Ramalingam		
K.Govardhana Rao	2621	10000	(Brother of		
A.Ananda	2635	10000	A G Doraiswamy)		10000
H.V.Dasan	S-51	10000	Central Govt.		
S.N.Janakiraman	S-56	10000	Pensioners Assn.,		
A.Balasubramanian	S-301	10000	Mysuru		
Dr.Sathyanarayana Rao	Well wisher	10000	Coffee Board		10000
Radhakrishna Hegde	Well wisher	10000	Pensioners' Assn.		
K.Madhosh	Well wisher	10000	Karnataka		10000
Vishwanath Rao	Well wisher	10000	IA & AD Pen.Assn		
Udupi Dt.Pensioners Association		10000	AIPRPA, Ongole		10000
In memory of Smt.Rukmini & Sri.A.L.Govindaraj (Parents of A G Doraiswamy)		10000	All India Pensioners' Assn, Ananthapur		10000
			RMS Employees' Co-op Society		10000
			Sahakaranagara Credit Co-Op Society Ltd		10000

**Subscription received for Pensioners' Champion in SEPTEMBER-OCTOBER 2019**

Rs.150/- Smt./Sri	Rs.150/- Smt./Sri	Rs.150/- Smt./Sri	Rs.450/- Smt./Sri
375 M.N.Shenvi	1389 A.Narsimha Aithal	2446 Abdul Gaffoor	1078 N.Rajendran
442 M.S.Venkataramaiah	1533 V.Shivasubramanyam	2512 P.V.Bhat	2436 R.S.Manuel
674 V.B.Deshapande	1540 G.L.Chandrashekar Rao	S-257 M.I.Madki	<b>Rs.600/- Smt./Sri</b>
802 Ethiraj J	1758 K.Selvaraj	<b>Rs.200/- Smt./Sri</b>	88 M.S.Thirumalachar
1178 K.N.Tiwari	2275 N.Subramanian	S-140 R.K.Shankar	158 G.V.Sundararam
1247 M.S.Seshadri	2173 S.G.Beedimani	<b>Rs.300/- Smt./Sri</b>	976 P.N.Damodaran Nair
1282 S.Sivasankaran	2370 K.M.Joshi	21 K.P.Rangan	2892 B.S.Jamuna

ALL INDIA CONSUMER PRICE INDEX					
Month	CPI Base 2001=100	12 Months' Total	Monthly Ave.	% increase over 261.42	% increase over 115.76
				7th CPC	6th CPC
July 18	301	3462	288.5	10.35	149.22
Dec 18	301	3538	294.83	12.78	154.69
Aug 19	320	3710	309.17	18.26	167.07

BSNL IDA
From 1-10-2019 : 152.00% (5.3% increase over July 2019 rate of 146.7%)
7 <sup>th</sup> CPC: DA/DR w.e.f. July 2019: 17% (5% increase over Jan-2019 rate of 12%) (DR Order Page 6)

**BSNL IDA**  
**1.10.2019**

*Gol, Ministry of Heavy Industries & Public Enterprises, Department of Public Enterprises OM No. W-02/0002/2014-DPE (WC)-GL-XXI /19 dated 7<sup>th</sup> October, 2019*

**Board level and below Board level posts including non-unionised supervisors in Central Public Sector Enterprises (CPSEs)- Revision of scales of pay w.e.f. 01.01.2007 - Payment of IDA at revised rates.**

In modification of this Department's OM of even No. dated 04-07-2019, the rate of DA payable to the executives and non-unionised supervisors of CPSEs (2007 pay revision) is as follows

- a) Date from Which payable: 01.10.2019  
b) Average AICPI (2001=100) for the quarter June, 2019 – Aug, 2019  
June, 2019 = 316  
July, 2019 = 319  
Aug, 2019 = 320 Average of the quarter = 318.33  
c) Link Point: 126.33 (as on 01.01.2007)  
d) Increase over link point: 192 (318.33 minus 126.33)  
e) DA Rate w.e.f. 01.10.2019: 152 % [(192/126.33) x 100]

2. The above rate of DA i.e. 152 % would be applicable in the case of IDA employees who have been allowed revised pay scales (2007) as per DPE O.Ms. Dated 26.11.2008, 09.02.2009 & 02.04.2009.

3. All administrative Ministries/ Departments of the Government at India are requested to bring the fore goings to the notice of the CPSEs under their administrative control for necessary action at their end.

A K Khurana, Director

**Donation for the Building Fund - 38th List**

Sl No.	Name Sri/Smt.	Membership No.	Amount Rs.	Receipt No.	Progressive Total of donation
1345	B.Sadashiva Rao	4	25000	4272	100000
1346	R.Krishnan	502	20000	4303	75000
1347	M.Muniyappa	2495	7276	4292	77777
1348	R.S.Ananthaswamy Rao	1201	5000	4293	15000
1349	K.Usha	2890	5000	4282	
1350	Belakwadi, Nanjangud	Amount transferred by NEFT	5000	4301	Donor requested to furnish Name and Membership number
1351	B.S.Sethuram	1288	2000	4285	
1352	K.Selvaraj	1758	2000	4291	5000

### We Welcome the Following Newly Enrolled Members

Name (Smt./Sri)	Designation & Office in which last worked	Type & No.	Mobile
1 G.Narayana Swamy	Assistant Postmaster, Koppa Head Post Office	LM 2887	9731869431
2 H.R.Range Gowda	Head Mail Man, Bangalore City RMS, Bangalore	LM 2888	8197303761
3 G.Arivazhagan	MTS, Head Record Office, BG City RMS, Bangalore	LM 2889	8762419690
4 K.Usha	BCR Postal Assistant, Coimbatore Head Post Office	LM 2890	9632254520
5 N.Padma	Postal Assistant, R.T.Nagar Head Post Office, Bangalore	LM 2891	9731937389
6 B.S.Jamuna	Sorting Postwoman, Sadashivanagar PO, Bangalore	LM 2892	9480257938
7 R. G. Byateppanavar	Sr.Superintendent of POs, Gulbarga Division	LM 2893	8310885459
8 Nagaraju	Sorting Postman, Srirampuram PO, Bangalore	LM 2894	9482214249
9 T.K.Anantharam	Assistant Engineer, R/R MBS, Bangalore	ALM 2895	9886239743
10 Munavar Pasha	Chief Mail Agent, HSG II, BG City RMS, Bangalore	LM 2896	9880856941
11 K.V.Keshava Murthy	Sorting Assistant MACP III, BG City RMS, Bangalore	LM 2897	9972192002
12 B.R.Neelakantiah(Dixith)	Assistant Postmaster, Kolar Head Post Office	LM 2898	9964128159
13 N.K.Raghavendra Rao	Postal Assistant, Basaveshwaranagar PO, Bangalore	LM 2899	9880441239

LM: Life Member

ALM: Associate Life Member

### APPEAL FOR DONATIONS FOR THE BUILDING

We appeal to our Members who **have not yet paid** their contribution to the building fund to consider remitting their donation to facilitate provision of a lift to the new building. 38th list of donations is published in this issue.

Donation to be remitted by **crossed cheque** payable to "**Karnataka P&T Pensioners' Association**". Cheques may please be sent to: K.R.Anantha Ramu, No 1158, 7th Main, 7th Block, HMT Layout, Vidyananyapura, Bangalore-560097. (Mob: 9448477129)

#### Regd. Journal

If undelivered, please return to:  
**Karnataka Posts and Telecommunications  
Pensioners' Association (R)**  
165, 4th Main, 3rd Block, 3rd Stage,  
Basaveshwaranagar, Bengaluru-560 079.

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